# **Behavioral Health Webinar for Facility Providers**

2020

Provider Relations Department provider.relations@bcbsla.com



Blue Cross and Blue Shield of Louisiana is an independent licensee of the Blue Cross and Blue Shield Association and incorporated as Louisiana Health Service & Indemnity Company.

Blue Cross and Blue Shield of Louisiana HMO offers Blue Advantage (HMO). Blue Cross and Blue Shield of Louisiana, incorporated as Louisiana Health Service & Indemnity Co., offers Blue Advantage (PPO). Both are independent licensees of the Blue Cross and Blue Shield Association.

Blue Advantage from Blue Cross and Blue Shield of Louisiana HMO is an HMO plan with a Medicare contract. Blue Advantage from Blue Cross and Blue Shield of Louisiana is a PPO plan with a Medicare contract. Enrollment in either Blue Advantage plan depends on contract renewal.

New Directions is an independent company serving as the behavioral health manager for Blue Cross and Blue Shield of Louisiana, including HMO Louisiana, Inc.

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### **Presented by**



## **Marie Davis**

Provider Relations BCBSLA





### **New Directions Team**

Michelle Sims, LPC, LMFT Clinical Network Manager **Debbie Crabtree** Provider Relations Coordinator

### **Our Mission**

To improve the health and lives of Louisianians

### **Our Core Values**

- Health
- Affordability
- Experience

- Sustainability
- Foundations

### **Our Vision**

To serve Louisianians as the statewide leader in offering access to affordable healthcare by improving quality, value and customer experience

# Agenda

- Provider Credentialing & Data Management
- Our Networks
- Telehealth
- iLinkBlue Enhancements
- Billing & Claims
- Our Secure Online Services
- New Directions

### **Provider Relations Team**



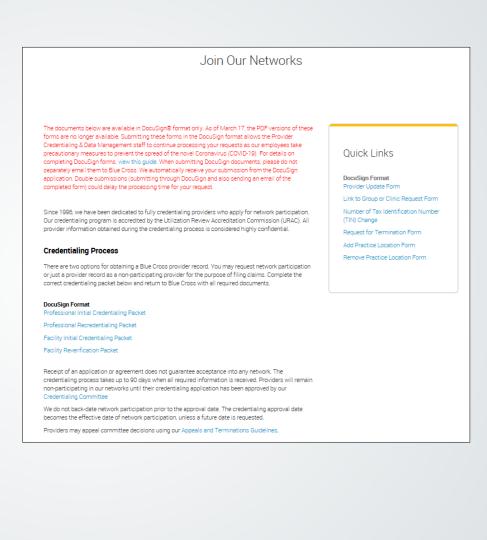
#### Your Provider Relations Team at Blue Cross and Blue Shield of Louisiana

**Left to right**: Marie Davis, Melonie Martin, Anna Granen, Patricia O'Gwynn, Jami Zachary, Mary Guy, Kelly Smith, Lisa Roth

Provider Credentialing & Data Management

### Join Our Networks Webpage

- Credentialing and Recredentialing Packets (including a checklist of all required documents)
- Quick Links to provider update forms
- Credentialing Criteria



www.BCBSLA.com/providers > Provider Networks > Join Our Networks

### Required Credentialing Applications for Facility Providers

Providers starting the credentialing process should use our **Health Delivery Organization Information Form** 

# 🕅 L	ouis	and	a i					Info	orma	tion Form
FIRST PRACTICE	LOCATION									
Name of Facility										
Physical Address										
City					Stat	e		ZIP Code		
Parish/County				Physical Address Email						
Main Phone Number Appointment Phone Number			Fax Number Tax Identificat			fication	Number			
Facility Contact					NP	Number				
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Accessible by public transportation:		Bus Yes	No No	Courie Ve	r Sen Is	No	Other			
Offers services for the disabled:	Text Teleph		American Sig		age	Mental/Ph	ysical Impain No	ment Servio	es C	Other
Does the office mee	t the Americ	an With Di	sabilities Acce	ssibility (	(ADA)	Requirement	nts?			
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30056677 R03/18			lue Shield of Lou							1 of

This application is part of the **Facility (initial)** credentialing packet

Current network providers seeking recredentialing should use our **Health Delivery Organization Reverification Form** 

FIRST PRACTI	CE LOCATION								
Name of Facility									
Physical Address									
City					State		ZIP Code		
Parish/County				Physical Address Email					
Main Phone Number Appointment Phone Number			Fax Number Tax Ident			ification I	Number		
Facility Contact					NPI Number				
	Mon.	Tues.	w	led.	Thurs.	Fri.	s	at.	Sun.
Office Hours			_	·					
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City					State		ZIP Code		
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City					State		ZIP Code		
Medical Records	Ernail	Phone Number	r		Fax Number		Medical R	Records C	iontact Person
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Patient Ages: Ple									
0 to 6	7 to 11	12 to 1	8 C	] 19 to (	65 Over	65	All Ages		

This application is part of the **Facility (reverification)** packet

Find our credentialing links at www.BCBSLA.com/providers >Provider Networks >Join Our Networks

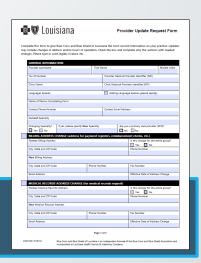
# **Required Credentialing Forms for Facilities**

Effective June 2020, we moved our provider recredentialing process to an entirely digital format, with forms available through DocuSign<sup>®</sup>. Providers will receive their recredential notice through an email, which contains a link to DocuSign versions of our recredentialing forms

The **HDO Information Form** may also require an HDO attachment as indicated by facility type:

- HDO Attachment A: Ambulance Company
- HDO Attachment B: DME Supplier or Pharmacy
- HDO Attachment C: Hospital, Ambulatory Surgical Center or Free-standing Skilled Nursing Facilities
- HDO Attachment D: Urgent Care Clinic/Walk-In Clinic
- HDO Attachment E: Diagnostic Radiology (Free-standing)
- HDO Attachment F: Retail Health Clinics
- HDO Attachment G: Laboratory
- HDO Attachment H: Outpatient Cath Lab

To update the email address on file for your facility use our Provider Update Request Form. This form can be found online at <u>www.BCBSLA.com/providers</u> >Resources >Forms.



## Easily complete packets & forms with DocuSign®

The following applications and forms have been enhanced with DocuSign® capabilities:

#### **Credentialing packets**

- Professional (initial)
- Professional (recredentialing)
- Facility (initial)
- Facility (reverification)



#### **Provider Forms**

- Provider Update Request Form
- Link to Group or Clinic Request Form
- Notice of Tax Identification Number (TIN) Change Form
- Request for Termination Form
- Add Practice Location Form
- Remove Practice Location Form
- iLinkBlue Application Packet
- EFT Termination or Change Form

After submitting your documents through DocuSign, please do not send via email

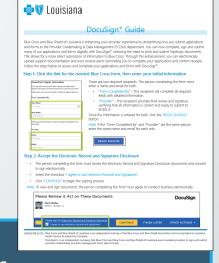
### **Digitally Submitting Applications & Forms to Blue Cross with DocuSign®**

Blue Cross is excited to announce that we are enhancing your provider experience by streamlining how you can submit applications and forms to the Provider Credentialing & Data Management (PCDM) Department. You can now complete, sign and submit many of our applications and forms digitally with **DocuSign**.

This enhancement will help streamline your submissions by reducing the need to print and submit hardcopy documents, allowing for a more direct submission of information to Blue Cross. Through this enhancement, you will be able to electronically upload support documentation and even receive alerts reminding you to complete your application and confirm receipt.

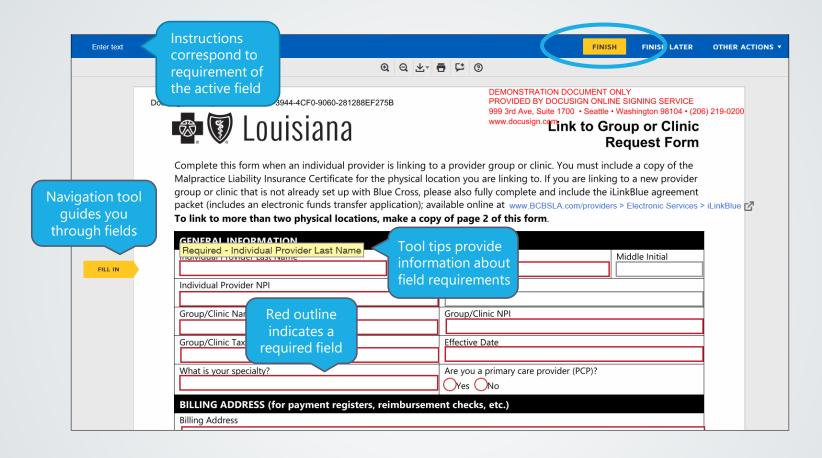
#### What is DocuSign?

An innovator in e-signature technology, that helps organizations connect and automate how various documents are prepared, signed and managed



To help with this transition, we created a DocuSign guide that is available online at www.BCBSLA.com/providers >Join Our Networks

### **Easily complete forms with DocuSign®**



Find our *DocuSign*<sup>®</sup> *Guide* at **www.BCBSLA.com/providers** > Provider Networks > Join Our Networks

### **How to Update Your Information**

It is important that we always have your most current information in our files. Our Provider Data team manages demographic changes to your provider record.

Below are the **required** forms for making the indicated changes to your record:

	Blue Cross and Blue Shi dress and/or hours of op						
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GENERAL INFORMA	TION						
Provider Last Name		FistN	atte			Middle Initia	
Tax ID Number			Description ht	al and the	and the later of the 1970		
			Provider National Provider Identifier (NPI)				
Cinic Name			Clinic National Provider Identifier (NPI)				
Language: Spoken			Adding Language Spoken (please specify)				
Name of Person Completing Form			_				
Contact Phone Number			Contact En	aitAddre	55		
Current Specialty							
1.1							
Changing Specialty?	If yes, please specify Nev	v Speciality			a primary care provider	PCP/P	
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					Yes No		
City, State and ZIP Cod					Phone Number		
New Silling Address							
City, State and ZIP Code		Phone Num	ber .		Fax Number		
Email Address					Effective Date of Addre	tt Change	
	ADDRESS CHANGE (1	r medical r	words rece	and i	1		
MEDICAL RECORDS					is this change for the er	tire group?	
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Former Medical Record					Phone Number		
Former Medical Record	•						
Former Medical Record	Mddmss	Phone Num	ber		Fax Number		
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Former Medical Record City, State and ZIP Cod New Medical Records (	Mddmss	Phone Num	ber		Fas Number Effective Date of Addre	ss Change	

Use our **Provider Update Request Form** if you have an address, phone, fax, email address or hours of operation change

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alpractice Liability Insurance Certifica							
roup or clinic that is not already set u acket lincludes an electronic funds tra							
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Individual Drovidar NDI	+	L.	inguages Spoken		-		
			a double shown				
Group/Clinic Name		6	Group/Cloic NR				
Group/Clinic Tax ID Number		0	Nective Date				
What is your specialty?			Are you a primary care provider (PCPs)				
			Yes No				
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Silling Address							
City, State and ZIP Code		Phone	Number	Fax N	unber		
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City, State and ZIP Code		Phone	Number	Fax N	unber		
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Use our Link to Group or Clinic Request Form when a credentialed provider is linking to a provider group or clinic

💩 🕼 Louisi	ana	NO	tice of Tax Identification Number (TIN) Change
orm be completed in its entirety	. You must include require n. Once all necessary docu	d supporting documentation has been submit	ield of Louisiana requires that this on as outlined in the 'Required tted, our Network Development
GENERAL INFORMATION			
Are you an individual changing y	our Tax ID?	Tes	D No
Former Provider Name		Former TIN	Former NPI
New Provider Name		New TIN	New NPI
Are you an <u>entity</u> changing your	Tax ID?	□ Yet	□ No
Former Entity Name		Former TIN	Former NPI
New Entity Name		NewTN	New NPI
Effective Date of Change	Do you want to p networks under t	aticipate in your existing te new TIN, if applicable?	Yes No
What is your speciality?		Are you a primary care p	
BILLING ADDRESS (for payer			
Billing Address			
Billing Address City, State and ZIP Code	P	tone Number	Fax Number
	Ρ	none Number	Fax Number
City, State and 20P Code			Fax Number
City, State and 20P Code			Fax Number
City, State and ZIP Code Email Address MIEDIKAL RECORDS ADDRES	S (for medical records re		Fax Number
City, State and ZIP Code Email Address MEDICAL RECORDS ADDRES Medical Records Address City, State and ZIP Code	S (for medical records re	quest)	
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Use our Notice of Tax Identification Number (TIN) Change form to report a change in your TAX ID number

Submit these forms online at **www.BCBSLA.com/providers** >Resources >Forms

### **Our Networks**

### **Our Provider Networks**



We have a Provider Tidbit to help identify a member's applicable network when looking at the ID card. The Identification Card Guide is available online at www.BCBSLA.com/providers, then click on "Resources." Provider Tidbits can also be accessed through iLinkBlue under the "Resources" menu option.

#### Preferred Care PPO and HMO Louisiana,

**Inc.** networks are available statewide to members

#### 💩 🗑 Louisiana provider**TIDBIT**



#### dentification Card Guide

(ID) cards are useful tools for mer

#### Preferred Care PPO







### **Our Provider Networks**

#### **BLUE CONNECT**



#### **New Orleans area**

Jefferson, Orleans, Plaquemines, St. Bernard, St. Charles, St. John the Baptist and St. Tammany parishes

#### Lafayette area

Acadia, Evangeline, Iberia, Lafayette, St. Landry, St. Martin, St. Mary and Vermilion parishes

#### **Baton Rouge area**

Ascension, East Baton Rouge, Livingston and West Baton Rouge parishes

#### Shreveport area

Bossier and Caddo parishes



#### **COMMUNITY BLUE**

#### **Baton Rouge area**

Ascension, East Baton Rouge, Livingston and West Baton Rouge parishes

### **Our Provider Networks**



#### **SIGNATURE BLUE**

#### New Orleans area

Jefferson and Orleans parishes

#### **PRECISION BLUE**

#### **Baton Rouge area**

Ascension, East Baton Rouge, Livingston, Pointe Coupee and West Baton Rouge parishes



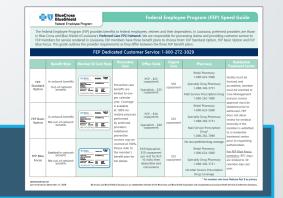
### **Federal Employee Program**

The Federal Employee Program (FEP) provides benefits to federal employees, retirees and their dependents. FEP members may have one of three benefit plans: Standard Option, Basic Option or FEP Blue Focus (limited plan).









New FEP Speed Guide available! Visit www.BCBSLA.com/providers > Resources > Speed Guides

### **Our Blue Advantage Networks**

# **Louisiana** Blue Advantage (HMO) | Blue Advantage (PPO)



**Blue Advantage (HMO)** and **Blue Advantage (PPO)** networks are available statewide to Medicare eligible members

### Healthy Blue Dual Advantage (HMO D-SNP) Network

Healthy Blue Dual Advantage (HMO D-SNP) is our Medicare/Medicaid Dual Advantage special needs product currently available to Medicare/Medicaideligible members

#### HEALTHY BLUE DUAL ADVANTAGE (HMO D-SNP)

#### **New Orleans area**

Jefferson, Lafourche, Orleans, St. Bernard, St. Charles, St. Helena, St. John the Baptist, St. Tammany, Terrebonne and Washington parishes

#### Lafayette area

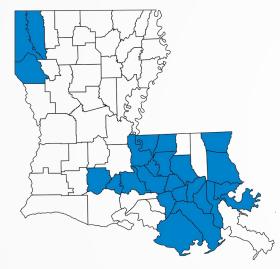
Acadia, Lafayette, St. Martin and St. Mary parishes

#### **Baton Rouge area**

Ascension, Assumption, East Baton Rouge, East Feliciana, Iberville, Pointe Coupee, Livingston, St. James, West Baton Rouge and West Feliciana parishes

#### **Shreveport** area

Bossier, Caddo and De Soto parishes





### **BlueCard® Program**

- BlueCard<sup>®</sup> is a national program that enables members of any Blue Cross Blue Shield (BCBS) Plan to obtain healthcare services while traveling or living in another BCBS Plan service area
- The main identifiers for BlueCard members are the prefix and the "suitcase" logo on the member ID card. The suitcase logo provides the following information about the member:



The PPOB suitcase indicates the member has access to the exchange PPO network, referred to as BlueCard PPO basic



The PPO suitcase indicates the member is enrolled in a Blue Plan's PPO or EPO product



The empty suitcase indicates the member is enrolled in a Blue Plan's traditional, HMO, POS or limited benefits product

### **National Alliance**

(South Carolina Partnership)

- National Alliance groups are administered through BCBSLA's partnership agreement with Blue Cross and Blue Shield of South Carolina (BCBSSC)
- BCBSLA taglines are present on the member ID cards; however, customer service, provider service and precertification are handled by BCBSSC
- Claims are processed through the BlueCard program

BlueCross® BlueShield®	MyHealthToolkitLA.com
Members: Call Customer Service for claims filing information.	Customer Service: 877-705-5427 PPO Network Provider Information: 800-810-2583
Providers: File claims with the local BlueCross and/or	Provider Service: 800-868-2510
BlueShield Plan where member received services.	Precertification: 888-376-6544
When Medicare is primary, file Medicare claims directly with Medicare. Preauthorization required for	Mental Health and Substance Abuse Precertification: 800-868-1032
all hospital inpatient admissions. MRI/MRA/PET/CT	Express Scripts*: 877-262-3293
will require authorization to ensure benefit payment. Report emergency admissions within 24 hours.	*Contracts separately with group.
Blue Cross and Blue Shield of Louisiana provides administrative services only and does not assume any financial risk for claims.	Blue Cross and Blue Shield of Louisiana is an independent licensee of the Blue Cross and Blue Shield Association and incorporated as Louisiana Health Service & Indemnity Company.
NUV	Pharmacy benefits administrator: Contracts separately with group.

	BlueCross® Blue	-smenu~	
SUBSCRIBER'S FI	RST NAME AST NAME		
Member ID XXX1234567890			
	380		
PLAN CODE			
RxBIN	003858		
RxBIN RxGRP	KESA		
RxBIN			

This list of prefixes is available on iLinkBlue (www.BCBSLA.com/ilinkblue) under the "Resources" section

### **Fully Insured vs. Self-insured**

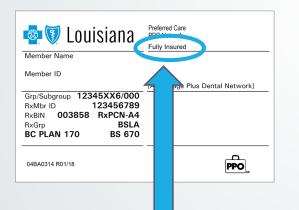
#### **Member ID Card Differences**



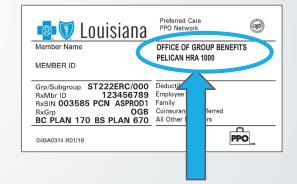
Group and individual policies issued by Blue Cross/HMOLA and claims are funded by Blue Cross/HMOLA



Group policies issued by Blue Cross/HMOLA but claims payments are funded by the employer group, not Blue Cross/HMOLA



#### "Fully Insured" notation



• "Fully Insured" NOT noted

Self-funded group name listed

The benefit, limitation, exclusion and authorization **requirements often vary for selffunded groups**. Please always verify the member's eligibility, benefits and limitations prior to providing services. To do this, use iLinkBlue (www.BCBSLA.com/ilinkblue).



### **Telehealth**

### **IOP & PHP Telehealth**

Providers should adhere to the following guidelines for delivering intensive outpatient program (IOP) services via telehealth

- The following criteria apply for IOP services:
  - Provider must operate within the scope of its license to deliver IOP services through telehealth encounters
  - Provider must accept Blue Cross' allowable charges
  - The telehealth visit must be fully documented in the patient's medical record
  - Services must be provided using a non-public-facing platform for telehealth services that is either HIPAA-compliant or approved by the Health and Human Services Office of Civil Rights



### **IOP & PHP Telehealth**

- Billing guidelines for telehealth IOP services:
  - Blue Cross will allow reimbursement for up to three hours per day; three days per week; for a maximum of nine hours per week
  - Providers filing outpatient hospital claims for IOP telehealth services should bill with the appropriate CPT<sup>®</sup>/HCPCS code, along with Modifier GT or 95. IOP providers must continue to follow the IOP guidelines outlined in Section 5.6 Behavioral Health of the *Member Provider Policy* & Procedure Manual, available on iLinkBlue (www.BCBSLA.com/ilinkblue) under the Resources section
- PHP Services
  - Blue Cross will not reimburse partial hospitalization program (PHP) telehealth encounters (revenue codes 0912 and 0913) due to the complexity of services. PHP services are typically six hours in length and must essentially be the same nature and intensity (including medical and nursing) as would be provided in a hospital, except that the patient is in the program less than 24 hours per day

### **iLinkBlue Enhancements**

### **Digital ID Cards in iLinkBlue**

Digital ID cards are downloadable PDFs that can be accessed through iLinkBlue (**www.BCBSLA.com/ilinkblue**) under the "Coverage Information" menu option, then click "ID Card"

💩 🕅 Louisiana	Provider       Tax ID       NP1       Submit	Logged in as Billy Gomila S Location	ilink <mark>Blue</mark>
A Coverage → Claims → Payr	nents - Authorizations - Quality & Treatn	nent - Resources -	
SosLA Memoria	BlueCard - Out of Area Members		
Coverage Information	Submit Eligibility Request (270)		
	View Eligibility Response (271)		
is located under the Claims menu.	DE 17 PUE US COURS ALE VAIIU IUI LIR UALE UI SELVICE, TIIIS LUUI	equite autoria	
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	Group/Non-Group Name Grou Group LOUISIANA HOSPITAL 12A2 Oroup Policy OUISIANA HOSPITAL 12A2 Coverage Category Coverage Type	p Number Group OED Minor Dep. Age M 34ERC - 01/01/2017 25 Effective From Effective Tr 01/01/2020 —	
	Group/Non-Group Name Grou Group Policy LOUISIANA HOSPITAL 1294 Group Policy Coverage Type Coverage Category Coverage Type Medical Subscriber and Dependents	up Number Group OED Minor Dep. Age M 34ERC - 01/01/2017 25 Effective From Effective Tr 01/01/2020 —	
	Group/Non-Group Name Grou Group Policy LOUISANA HOSPITAL 1294 Group Policy Coverage Type Medical Subscriber and Dependents First Last	up Number Group OED Minor Dep. Age M 34ERC - 01/01/2017 25 Effective From Effective Tr 01/01/2020 —	subscriber Female Married
	Group/Non-Group Name Group Group Policy LOUISANA HOGPITAL 12A1 Group Policy Coverage Type Coverage Category Coverage Type Medical Subscriber and Dependents First Last Jane Doc Address 123 AVENUE ST COVINGTON, LA 79433	ap Number Group OED Minor Dep. Age M 34CRC - 01/01/2017 25 Effective From Effective T 01/01/2020 - C C Sex Marital Statu Date of Birth	subscriber Female Married

### **Members Can Access Their Digital ID Cards**

Our members may also access their cards through their smartphone, via the Blue Cross mobile app or through our online member portal:

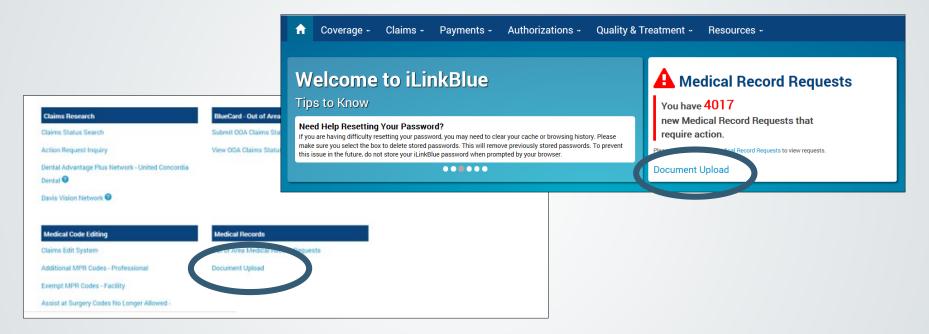
- To access through the Blue Cross mobile app, log on and choose the "My ID Card" option on the front page and use the dropdown menu to choose from the ID cards available
- To access through the Blue Cross member portal, log into the online member account at www.BCBSLA.com. There, click on "My ID Card" and use the dropdown menu to choose from ID cards available. These cards can be downloaded as PDFs and saved.

000111222 // Blue Saver	
JON DOE // 01/01/1980	
🔹 🗑 HMO Louisiana	Community Blue
Member Name JON DOE Member ID XUP000111222	MEDICAL BENEFITS
Grp/Subgroup         AA000ABC/1234           RxMbr ID         000111222           RxBIN         001122 ABCDEFGHI1           RxGrp         ABC	Doductble \$120 PhysicianiOffice Co-Pay \$2 Specialty Co-Pay \$5
BC PLAN 000 BS PLAN 000	<u> </u>
🖷 🗑 HMO Louisiana	www.bcbsla.com/ogb Customer Service 800-392-40 Find a Provider 800-810-25 Authorizations 800-523-64
Hospitals and Physicians: File claims with your local Blue Cross and/or Blue Shield Plan. Authorization required on some services. File Medicare primary claims with Medicare. Blue Cross and Blue Shield of Louisiana	Member Rx Questions* 800-910-18 Pharmacy Help Desk* 800-768-29 MHSA Authorizations 800-991-56 MHSA Customer Service 'Contracts Directly with Group HMO Louisiana, Inc. P.O. Box \$9024
provides administrative services only and does not assume any financial risk for claims.	Baton Rouge, LA 70898-9024 A subsidiary of the Blue Cross and Blue Shield of Louisiana and an independent licensee of the Bl Cross and Blue Shield Association. Printed: 122/72019
Medimpact	Pharmacy Benefits Administrator

### **Document Upload Feature**

We now offer a feature that allows providers to upload documents that would normally be faxed, emailed or mailed to select departments

The new feature is quick, secure and available at any time through the iLinkBlue provider portal

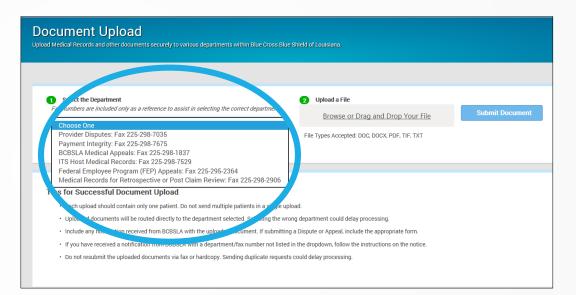


The Document Upload feature can be accessed on iLinkBlue (<u>www.BCBSLA.com/ilinkblue</u>) from the Medical Records Requests alert on the homepage or under Claims >Medical Records >Document Upload

### **Document Upload Feature**

Select the department from the drop-down list you wish to send your document. The fax numbers are included only as a reference to assist in selecting the correct department.

- Provider Disputes
- Payment Integrity
- BCBSLA Medical Appeals
- ITS Host Medical Records
- Federal Employee Program (FEP) Appeals
- Medical Records for Retrospective
   or Post Claim Review



### **Document Upload Feature FAQs**

#### What should be included in the uploaded document?

Include any notification, letter or form that is required with the request along with the medical records or other documentation requested. If submitting a Dispute or Appeal, include the appropriate form.

#### What file types are allowed in the upload process?

DOC, DOCX, PDF, TIF, TXT

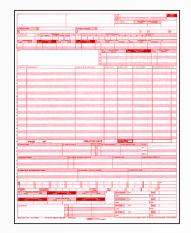
#### Do I need to send a fax or hard copy request in addition to upload?

No. Sending the uploaded document thru fax, email or hardcopy mail **in addition** to uploading, will result in duplicate requests being received at Blue Cross. This will delay the processing of the request.

# **Billing & Claims**

### **Filing Claims Hardcopy**

If it is necessary to file a hardcopy claim, we only accept original claim forms



#### UB-04

- We no longer accept faxed claims
- We only accept **RED** original claim forms

#### For Blue Cross, HMO Louisiana, Blue Connect, Community Blue, Precision Blue, Signature Blue, OGB and BlueCard Claims:

Mail hardcopy claims to:

BCBSLA P.O. Box 98029 Baton Rouge, LA 70898

#### **For FEP Claims:**

BCBSLA P.O. Box 98028 Baton Rouge, LA 70898

#### For Blue Advantage Claims:

Blue Cross and Blue Shield of Louisiana/HMO Louisiana, Inc. P.O. Box 7003 Troy, MI 48007

#### The fastest method of claim submission and payment is electronic submission

### **Residential Treatment Billing**

Services provided by behavioral health facilities—including residential treatment, chemical dependency, intensive outpatient and partial hospitalization services—are paid on a per diem basis. The per diem payment will include all professional and facility services provided to the member when they are enrolled in an outpatient program for the entire duration.

#### Type of RTC Billing Guideline

Residential	Providers are to bill for detoxification services under the Chemical Dependency
Treatment for	Unit (CDU) taxonomy code and with the 1002 revenue code. Residential
Chemical	treatment provided after the detoxification services may bill under the Residential
Dependency	Treatment Center (RTC) taxonomy code and the 1001 revenue code.
Residential Treatment for Behavioral Health	All residential treatment must receive prior authorization to provide these services. Providers are to bill these services under their RTC taxonomy code and with the 1001 revenue code.

### **Taxonomy Codes**

If you file multiple specialties under your NPI number, it is very important to also include the appropriate taxonomy code that clearly identifies the specialty

You must file the code for the services on the authorization from New Directions

**Example:** A provider who has two specialties with same TAX ID and NPI (e.g., LPC and speech therapist) must use a taxonomy code on **all** claims to identify the specialty Failure to use a specific taxonomy code will cause payment to be directed to the wrong sub-unit, be paid incorrectly and/or may cause the claims to reject on the Not Accepted Report

# **Timely Filing**

- Blue Cross, HMO Louisiana, Blue Connect, Community Blue, Precision Blue & Signature Blue:
- Claims must be filed within 15 months (or length of time stated in the member's contract) of date of service

#### • FEP:

 Claims must be filed by December 31 of the year after the year service was rendered

#### Blue Advantage:

- Providers have 12 months from the date of service to file an initial claim
- Providers have 12 months from the date the claim was processed (remit date) to resubmit or correct the claim

• **OGB**:

- Claim must be filed within 12 months of the date of service
- Claims reviews including refunds and recoupments must be requested within 18 months of the receipt date of the original claim

### • Self-funded & BlueCard:

 Timely filing standards may vary. Always verify the member's benefits, including timely filing standards, through iLinkBlue

The member and Blue Cross are held harmless when claims are denied or received after the timely filing deadline

### **Resolving Claims Issues**

#### Have an issue with a claim? We are here to help!

Depending on the type of claim issue, there are multiple ways to submit claims reviews that we will outline in this section:

- Action Requests (AR)
- Claims Disputes
- Medical Appeals (for members)
- Administrative Appeals & Grievances (for members)

Submitting an Action Request is a great option for getting a quick and accurate resolution for your claims issues and:

- Reduce the time it takes for providers to receive a response from Blue Cross
- Allow providers to see responses directly from the adjustments team after review
- Allow providers to submit additional questions once they have reviewed the AR response

# **Submitting Action Requests**

Action Requests allow you to electronically communicate with Blue Cross when you have questions or concerns about a claim

#### **Common reasons to submit an Action Request**

- Code editing inquiries
- Claim status (detailed denials
- Claim denied for coordination of benefits
- Claim denied as duplicate
- Claim denied for no authorization (but there is a matching authorization on file)
- Information needed from member (coordination of benefits, subrogation)
- Questioning non-covered charges
- No record of membership (effective and term date)
- Medical records receipt
- Recoupment request
- Status of an appeal
- Status of a grievance



NOTE: Action Requests do not allow you to submit documentation regarding your claims review

# **Submitting Action Requests**

		Filter:			Claim Number	1224507000 1
					Claim Number	12345678900-1
Copay 💵	Coinsurance 🖬	Total Paid 💵	Ineligible/ Rejected Amount	Action Request	iLinkBlue Number NPI	12345 123456789
\$0.00	\$0.00	\$0.00	\$1.00	AR		123430703
\$0.00	\$0.00	\$101.00	\$59.00	AR	Action Request	

Submit an Action Request through iLinkBlue (www.BCBSLA.com/ilinkblue)

- On each claim, providers have the option to submit an Action Request review for correct processing
- Click the AR button from the Claims Results screen or the Action Request button from the Claim Details screen to open a form that prepopulates with information on the specific claim
- Please include your contact information
- NOTE: Only complete one AR per claim; not one AR per line item of the claim

As an alternative to filing an Action Request, you may also contact the **Customer Care Center at 1-800-922-8866** 

### **Submitting Action Requests**

		Filter:				10045670000 1
					Claim Number	12345678900-1
Copay 📘	Coinsurance 🛯	Total Paid 💵	Ineligible/ Rejected Amount	Action Request	iLinkBlue Number	12345 123456789
\$0.00	\$0.00	\$0.00	\$1.00	AR	NPI	125450789
\$0.00	\$0.00	\$101.00	\$59.00	AR	Action Request	

If you have followed the steps outlined here and still do not have a resolution, you may contact Provider Relations for assistance at

Email an overview of the issue along with two action request dates OR two customer service reference numbers if one of the following applies:

- You have made at least two attempts to have your claims reprocessed (via an action request or by calling the Customer Care Center) and have allowed 10-15 business days after second request, or
- It is a system issue affecting multiple claims

Request a review for correct processing

- Be specific and detailed
- Allow 10-15 business days for first request
- Check iLinkBlue for a claims resolution
- Submit a second action request ٠ for a review
- Allow 10-15 business days for • second request

### **Electronic Corrected Claims**

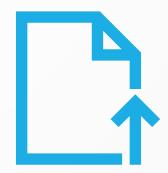
Please follow the steps below to ensure your claims will not deny as duplicates or process incorrectly. You can ensure the accurate electronic (837I or 837P) submission by following the instructions below:

#### Adjustment Claim

- Enter the frequency code "7" in Loop 2300 Segment CLM05-03
- Enter the 10-digit claim number of the original claim (assigned on the processed claim) in Loop 2300 in a REF segment and use F8 as the qualifier
- Note: The adjusted claim should include all charges (not just the difference between the original claim and the adjustment)

#### Void the Claim

- Use frequency code "8" in Loop 2300 Segment CLM05-03
- Use the 10-digit claim number of the original claim (assigned on the processed claim) in Loop 2300 in a REF segment and use F8 as the qualifier



### **Part 2 Regulations**

- Providers and facilities are responsible for making sure they are in compliance with 42 Code of Federal Regulations (CFR) part 2 regulations regarding the Confidentiality of Substance Use Disorder Patient Records
- Abiding by the part 2 regulations includes the responsibility of obtaining appropriate consent from patients prior to submitting substance use disorder claims or providing substance use disorder information to Blue Cross. Blue Cross requires that patient consent obtained by the provider include consent to disclose information to Blue Cross for claims payment purposes, treatment, and for health care operations activities, as provided for in 42 U.S.C. § 290dd-2, and as permitted by the HIPAA regulations. 42 CFR part 2, section 2.31(a) (1-9) stipulates the content that must be included in a patient consent form. By disclosing substance use disorder information to Blue Cross, the provider affirms that patient consent has been obtained and is maintained by the provider in accordance with Part 2 regulations. In addition, the provider is responsible for the maintenance of patient consent records.
- Providers should consult legal counsel if they have any questions as to whether or not 42 CFR part 2 regulations are applicable

# Our Secure Online Services

## **iLinkBlue**

- iLinkBlue offers user-friendly navigation to allow easy access to many secure online tools:
  - Coverage & Eligibility
  - Benefits
  - Coordination of Benefits (COB)
  - Claims Status (BCBSLA, FEP and Out-of-Area)
  - Medical Code Editing
  - Allowables Search
  - Authorizations
  - Medical Policy
  - 1500 Claims Entry
- UB-04 Claims Entry is no longer available
- For iLinkBlue training and education, contact provider.relations@bcbsla.com

### We have an *iLinkBlue User Guide* available online at **www.BCBSLA.com/providers** > Resources, then click on "Manuals"

#### www.BCBSLA.com/ilinkblue



0	Select Search Criteria	2	Enter Contract or Social Security Number	
	BCBSLA	[	Enter BCBSLA contract number	Search

Use the "Coverage" menu option to research Blue Cross and Federal Employee Program (FEP) member eligibility, copays, deductibles, coinsurance and detailed contract information

2.

BCBSLA	← Enter BCBSLA	Contract number		Search		
	Number XUA				ACTIVE COVERAGE	Ē
	Group Name TEST GROUP	Group Number 123456789- 0000	Group OED 02/01/2000	Minor Dep. Age Max 26		
Coverage Category	Coverage Type	Effect	ive From	Effective To		
🚹 Medical	Family	01/01	/2018			
John Doe Address	Subscribe	r		Sex Marriage Status Date of Birth	Male Married 11/30/1900	
loverage	Effective Date	Cancel Date	Origin	al Effective Date	Coverage Views	
🔒 Medical	01/01/2018		02/01	/2000	Summary Benefits	View COB
Jane Doe	Spouse			Sex Date of Birth	Female 11/30/1900	
Coverage	Effective Date	Cancel Date	Origin	al Effective Date	Coverage Views	
Medical	01/01/2018		02/01,	/2000	Summary Benefits	View COB
Hide Terminated	Dependents					
Jimmy Do	oe Child			Sex Date of Birth	Male 01/01/1930	
Coverage	Effective Date	Cancel Date	Origin	al Effective Date	Coverage Views	
Medical	02/01/2009	05/31/2009	02/01			

3

#### Medical Benefits Summary

XUA123456789
01/01/2018
John Doe
John Doe
11/30/1900
Self
Male
HMOLA POS

		EPO Copays	QBPC Copays
Office Visit	\$30.00	<u></u>	\$15.00
Office Visit Specialist	\$45.00	1000	
Outpatient Surgical	\$500.00	C	
Emergency Room	\$100.00	5 <u></u> 81	<u></u>
Inpatient Hospital (In-network)	\$500.00	( <del></del> ))	
Inpatient Hospital Maximum	\$1,500.00		<u></u>
Inpatient Hospital (Out-of-network)	2000	1772	
Outpatient XRay & Lab	( <del></del> )		
Outpatient Physical Therapy	\$30.00	, <u></u> 7	<u> </u>
Outpatient Speech Therapy	\$30.00	. <del></del>	
Cardiac Rehab	\$30.00		
Vision Services	\$30.00		
Outpatient Professional	( <del></del> )	1	

#### Accumulations

	Par Amounts	Non-Par Amounts	EPO Amounts
Deductible Amount	\$0.00	\$1,750.00	1
Deductible Remaining	\$0.00	\$1,750.00	
Out-of-Pocket Amount	\$3,000.00	\$6,000.00	
Out-of-Pocket Remaining	\$3,000.00	\$6,000.00	

#### Coinsurance ()

	BCBSLA Coverage	Member Responsibility
Par Percentage	90%	10%
Non-Par Percentage	2 70%	30%
EPO Percentage	777	1277-1
QBPC Percentage		

#### **Tiered Benefits for Select Networks**

ACTIVE COVER/ Medical Effective Date autocriber Name tember Name tember Date of Birth lelation to Subsoriber		Comm	unity Blue	, Precision B	r a member with Flue or <b>Signature</b> , options in iLinkl	Blue be	
ex Iontract Type Note: If you are contra Louisiana or HMO LA r 2 for this product and allowed amount.	Accumulations	Tier 1 COMMUNITY BLUE Network	Tier 2 Out of Network	Tier 3 Out of Network	Coinsurance @	BSLA Coverage	Member Responsibility
Under this contract, ce Louisiana, Inc. would r because they do not h COMMUNITY BLUE Pri	Individual		Preferred 😧	Non-Preferred 😧	BLUE Network 😧 Tier 2 Out of Network	60%	40%
Preferred Providers. Fo SLUE Non-Par Facilitie	Deductible Amount	\$1,000.00	\$5,000.00	\$5,000.00	Preferred 😧		
	Deductible Remaining Out-of-Pocket Amount	\$1,000.00	\$5,000.00 \$14,700.00	\$5,000.00 \$14,700.00	Tier 3 Out of Network Non-Preferred 😯	60%	40%
	Out-of-Pooket Remaining	\$5,783.00	\$14,700.00	\$14,700.00	EPO Percentage QBPC Percentage		
	Family Deductible Amount						
	Deductible Remaining Out-of-Pooket Amount						
	Out-of-Pooket Remaining						

Tiered benefits do not display for members with Preferred Care PPO or HMO benefits

#### **Tiered Benefits for Select Networks**

Tier 1 In-Network Preferred

#### Applies to providers participating in the member's select network

#### **Example Scenario**:

- A Community Blue member sees a Community Blue provider
- The member copay and accumulators identified under Tier 1 should be applied
- Provider may not bill the member for any amount over the allowed amount

#### Tier 2 Out-of-Network Preferred

Applies to providers participating in-network with Blue Cross but NOT in the member's specific network

#### **Example Scenario**:

- A Community Blue member sees a Preferred Care PPO provider
- The member copay and accumulators identified under Tier 2 should be applied
- Provider may not bill the member for any amount over the allowed amount

#### Tier 3 Out-of-Network Non-Preferred

Applies to providers who do not participate in any Blue Cross network

#### **Example Scenario**:

- A Community Blue member sees a nonparticipating provider
- The member copay and accumulators identified under Tier 3 should be applied
- Provider can bill the member for all amounts over the allowed amount

## iLinkBlue – Mental Health Benefits Language

When viewing the benefits Summary that is available from the Coverage Information screen, not all details are shown. You must click the "Benefits" button, then expand the "mental health" category (or categories) to ensure you are viewing all of the member's benefits.

Coverage Information Use the Coverage information serven to search for member status, deductable covery, consumers and detailed contract benefits.	2. + LIMITATIONS
Select Search Criteria     Enter Contract or Social Security Number	+ MATERNITY
Scarch     Scarch	
О нер	
O Social Security Number	+ MENTAL AND NERVOUS DISORDER
	IVE COVERAGE
	MENTAL/NERV DUS INPATIENT CARE - FACILITY MAX
Group/Non- Group Name Group Number Group OED Minor Dep. Age Max Group ROBERT RESOURCES LLC 76367FF1 - 02/01/2000 26 Group Policy 0000	
Coverage Category Coverage Type Effective From Effective To	
Medical Subscriber and Spouse 06/01/2019	+ NETWORK PRO IDER
First Last Marc Robert II Subscrib	OFFICE VISIT - FRIMARY
Address 305 CUDDIHY DR Sex Mai	
METARRE LA 70005 Marital Status Mar Primary Care Physician Edward D. Frohlich Date of Birth 11/	
	ge Views Coordination of Benefits
Medical 06/01/2019 02/01/2000 Su	ary Benefits NO COB Verified @
Γ	
	<ul> <li>MENTAL AND NERVOUS DISORDER</li> </ul>
	MENTAL HEALTH BENEFITS
	* All Providers - Inpatient Treatment - C oinsurance - 80/20% after Deductible
	* All Providers - Inpatient Treatment
	- C oinsurance - 80/20% after Deductible 🛛 🗖 🗖 🖉 🖉 🖉 🗖 🗖
	- Copayments - \$0
	- oopayments - şo

### iLinkBlue – Claims Research

<b>f</b>	Covera <u>c</u> a	Claims -	Fayments -	Authorizations -	Quality & Treatment	Resources	
	ms Stati your search for clair		one of the tabs below.				
	id/Rejected F		n Number 2 Narrow 9 BCBSLA	Your Search		3 Date of Service optional From	
			O BlueCard	I-Out of Area		To 01/19/2018	

- Use the "Claims" menu option to research paid, rejected and pended claims
- You can research BCBSLA, FEP and Out-of-area claims submitted to Blue Cross for processing

# iLinkBlue – Payment Registers

- Use the "Payments" menu option to find your Blue Cross payment registers
- Payment registers are released weekly on Mondays
- Notifications for the current week will automatically appear on the screen
- You have access to a maximum of two years of payment registers in iLinkBlue (www.BCBSLA.com/ilinkblue)
- If you have access to multiple NPIs, you will see payment registers for each

Select a p	rovider 🗸 Select a	line of business - 04/02/2018	Scareh
earch results fo			
	s may take several minutes to generate a PDF du	ie to the size of the register.	
NPI	1234567890	Line of Business	View Reports
		Blue Cross Louisiana	Payment Register
		Blue Cross Louisiena	Payment Register
		Blue Cross Louisiana	Payment Register
		Federal Employees Program (FEP)	Payment Register
		Fodoral Employees Program (FEP)	Payment Register
		TIMO Louisiana	Payment Register
		HMO Louisiane	Payment Register
		OGB HMO Magnolia Local Plus	Payment Register
		OGB HMO Magnolia Local Plus	Payment Register
		OGB Magnolia Local	Payment Register
		OGB Pe ican HHA 1000	Payment Register
		OGB PPO Magnolia Open Accesa	Payment Register
		OGB PPO Magnolia Open Access	Payment Register
		OGB PPO Magnolia Open Access	Payment Register
NPI	2234567890	Line of Business	View Reports
			Payment Register
		Federal Employees Program (FEP)	Payment Register
		HM0 Louisiana	Payment Register



# NEW DIRECTIONS®

### TOGETHER IS THE WAY FORWARD

### WHO IS NEW DIRECTIONS?

Blue Cross has partnered with New Directions for their expertise in the provision of behavioral health services

- Manages authorizations for members, performs all utilization and case management activities, as well as ABA case management
- Engages with our providers to improve quality outcomes
- Team of mental health professionals is available 24/7 to assist in obtaining the appropriate level of care for your patients

### **NEW DIRECTIONS AT A GLANCE**





with Blue Cross and Blue Shield health plans

**2,500+** EAP clients





**738,000** FEP members

### **ACCREDITATION STATUS**



### **COLLABORATION IS KEY**

The member's **mental** health, **physical** health and satisfaction is the goal.

# We obtain this through:

### RESOURCES

to meet member's needs

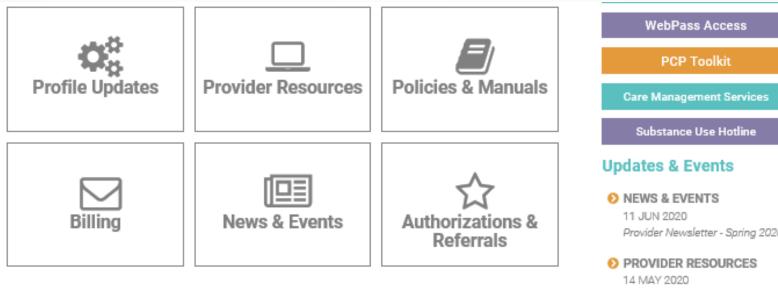
### **COLLABORATION**

with the member, their family, behavioral health and substance use providers, PCP providers and community resources

### **SUPPORT**

for the member, significant others, providers and community

# **HELPING YOU HELP OTHERS**



### Improving healthcare, together.

By collaborating with providers like you, we improve access to guality behavioral healthcare and encourage whole-person health for our members. Your partnership helps us create powerful care solutions, and our network team is always ready to join forces on new, innovative approaches to care.

With decades of experience in the field and an unwavering commitment to partnership, we can create positive change in the lives of those we serve, together.

# Provider Newsletter - Spring 2020 Provider Resources AUTHS & REFERRALS 16 APR 2020 Authorizations & Referrals NEWS & EVENTS

18 MAR 2020 Provider Newsletter - Winter 2020

NEWS & EVENTS 4 DEC 2019 Provider Newsletter - Fall 2019

### www.ndbh.com/Providers/BCBSLA

### NEW DIRECTIONS UTILIZATION MANAGEMENT (UM) TEAM

- UM are clinically licensed staff members
- New Directions Medical Necessity Criteria is the basis for all utilization decisions (found on website)
  - Medicare Advantage is based on Medicare MNC first
  - In denial situations, a board-certified psychiatrist will make the final decision
- New Directions looks at the least restrictive levels of care for each member's treatment focusing on appropriate utilization of BH services to ensure quality and member safety

### WHERE TO FIND MNC

#### www.ndbh.com

Blu	Blue Cross and Blue Shield of Louisiana			
	🛱 Profile Updates	Provider Resources	Policies & Manuals	
Y	Billing	E News & Events	Auths & Refer	rals

### **Policies & Manuals**

All New Directions policies are available for reference and download.

#### GENERAL

2020 Medical Necessity Criteria Provider and Facility Manual

#### AUTISM

2020 Medical Policy for ABA for the treatment of ASD 2020 FEP Medical Policy for ABA for the treatment of ASD

#### **MEMBER APPEAL PROCESS**

Appeals Procedures

#### rTMS

Repetitive Transcranial Magnetic Stimulation (rTMS) Blue Cross and Blue Shield of Louisiana Medical Policy

Want to join our network? Apply Here
WebPass Access
PCP Toolkit
Care Management Services
Substance Use Hotline

#### **Updates & Events**

NEWS & EVENTS 11 JUN 2020 Provider Newsletter - Spring 2020

- PROVIDER RESOURCES 14 MAY 2020 Provider Resources
- AUTHS & REFERRALS 16 APR 2020 Authorizations & Referrals

NEWS & EVENTS 18 MAR 2020 Provider Newsletter - Winter 2020

NEWS & EVENTS 4 DEC 2019 Provider Newsletter - Fall 2019

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If you are searching for information on a specific level of care, simply click on the title in the document and go directly to that section.

### **USING THE MEDICAL NECESSARY CRITERIA**

The Criteria for each level of care are divided into three primary sections:

1. *Intensity of Services* means the intensity of services being provided, as well as services that may potentially be needed to provide an appropriate full spectrum of medical treatment, and the qualifications and licensure of the treating provider(s) or facility

2. *Admission Criteria* means the symptoms, behaviors or functional impairments exhibited by the member for the initial service request

3. *Continued Stay Criteria* means the symptoms, behaviors or functional impairments exhibited by the member for concurrent service requests

### **MEDICAL NECESSARY CRITERIA**

An internal New Directions committee of behavioral health practitioners and psychiatrists developed the **Medical Necessity Criteria (MNC)** 

Reviewed annually by:

- A panel of external, practicing behavioral health clinicians and psychiatrists
- Quality Management Committee
- Chief Clinical Officer
- Chief Medical Officer

### **UTILIZATION MANAGEMENT SPECIFICS**

#### Fax # requirement

Include a fax number for UR department/treating practitioner when submitting requests for authorization. This allows New Directions to provide timely communication of adverse determinations for requests considered urgent.

#### Urgent care coverage review schedule

New Directions completes continued stay and step-down reviews for urgent care on the last covered day

Submit continued stay and step-down reviews for Inpatient and Residential on the last authorized day.

#### **Diagnosis**

Provide the most accurate diagnosis and update with each update as reflected in the medical record

#### **Progress**

Provide CIWA scores, vitals and labs, as indicated. Include the most recent results & scores

#### **Medications**

Medications must be updated in each submission

#### **Overdose on Prescribed Medications**

Inpatient facilities are required to notify prescribing providers when a patient has attempted to overdose on their prescribed medications. New Directions tracks this info for HEDIS.

### **UTILIZATION MANAGEMENT SPECIFICS**

#### **Depression Screening**

- It is expected that a depression screening will be conducted for substance use admissions
- This is a yes/no question on Webpass
- A substance use screening does NOT have to be a formalized tool like the BDI or PHQ-9. It can simply be a licensed clinician or MD assessing their patient for depression via their clinical interview or history and physical.
- New Directions tracks this info for HEDIS

#### MAT

- When MAT is clinically indicated for someone in substance use treatment, it is imperative that the facility discuss the options and benefits to the patient
- If MAT is not going to be prescribed, it needs to be documented why
- If MAT is prescribed, please provide which MAT the patient is taking
- Also ensure the patient will be able to continue this treatment once discharged. Which prescriber will they see to continue it? Is it covered under their insurance?

### **UTILIZATION MANAGEMENT SPECIFICS**

#### **Timely submissions**

For members in Inpatient and Residential, please submit continued stay and step-down review requests prior to 12:30 p.m. EST. Again, reviews should be submitted on the last covered day. Doing so enables New Directions to provide a timely and complete medical necessity determination, allowing for peer reviews if needed.

#### **Continued stay requests**

Updated clinical information is required to reflect member's most current status and progress on measurable goals, as listed on the member's individualized treatment plan

#### **Discharge plan**

Please ensure that a discharge plan is populated on the initial request and updated with each submission of the individualized plan, including specific providers and appointments

#### **Forms**

Please submit all needed forms, including releases of information, member consent for referral to Behavioral Health Homes (BHH) and consent for referral to other providers to coordinate care

### **EARLY OR PRE-NOTIFICATION REQUIREMENTS**

- Early Notification of admissions is **ESSENTIAL** to determination of authorization requests and to ensure the most appropriate and effective care for members
  - For OGB and HMO members, notification is required within 48 hours for inpatient care only
- Prior authorization is **REQUIRED** for:
  - OGB and HMO: prior authorization is required for RTC, PHP and IOP
  - FEP: prior authorization is required for RTC. Members must also be enrolled in CM before authorizations can be issued. PHP and IOP do NOT require authorization.

### **DETAILS, DETAILS AND MORE DETAILS...**

- Provide as many specifics about the member as possible.
  - ex: SI plan, means, intent, access, etc.
- Provide as many specifics about the member's substance use as possible.
  - o ex: drug, use, frequency, last use, duration
- Individualized treatment plan and interventions.
  - ex: provide safe environment v/s: practice journaling and thought blocking coping skills for cutting
  - ex: provide relapse prevention, coping skills and sober supports v/s: Identify one sober support also in construction to be sponsor
- What is working? Give details on how interventions are going.
  - ex: member was able to tell mom about recent rape

### **DETAILS, DETAILS AND MORE DETAILS...**

### • If it's not working, what can you change?

- ex: member struggling to complete step because of mother's recent death; will change to writing letter to father
- If in readmission, what will be different this time?
  - ex: member didn't attend therapy as no transportation- what resources are there
- What needs does the member still have?
  - ex: stable housing, employment, DBT therapy/groups, trauma therapy, etc.
- Symptoms should match the CIWA
  - ex: CIWA 4 but the member is having nausea, vomiting etc.; give interventions for nausea such as Zofran; give details such as last episode of vomiting.
- If it's not working, what can you change?
  - ex: member struggling to complete step because of mother's recent death; will change to writing letter to father
- If in readmission, what will be different this time?
  - ex: member didn't attend therapy as no transportation- what resources are there
- What needs does the member still have?
  - ex: stable housing, employment, DBT therapy/groups, trauma therapy, etc.
- Symptoms should match the CIWA
  - ex: CIWA 4 but the member is having nausea, vomiting etc.; give interventions for nausea such as Zofran; give details such as last episode of vomiting

### **DETAILS CONTINUED...**

#### Medical issues addressed

• ex: members have history of seizures but not prescribed anti-seizure medications; why not?

#### • If switching tapers, please indicate why

- ex: switch from Valium to Klonopin taper after several days, why?
- Update with new information at every review
- Complete details re: if MAT was offered and if it was accepted or not and what was done
- Details of family therapy at every review or weekly. If it's not happening, why not?

# **MEDICAL NECESSITY APPEALS**

## **First-level appeals**

Send directly to New Directions: New Directions Behavioral Health ATTN: Appeals Coordinator P.O. Box 6729 Leawood, KS 66206 Fax: 1-816-237-2382

### **Decision to Overturn Denial**

Letter is sent to member and provider letting them know denial was overturned and processing instructions are communicated to Blue Cross to pay claim

### **Decision to Uphold Denial**

Letter is sent to member and provider directing them on how and where to file a second-level appeal request

# **MEDICAL NECESSITY APPEALS**

## **Second-level appeals**

Are handled one of two ways:

- 1. By Blue Cross
- 2. By the member's group
  - applies for some self-funded groups

Upon receipt of the second-level appeal, Blue Cross or the member's group will have an Independent Review Organization (IRO) review the case (this is a specialty-matched review)

If the IRO upholds the denial, a letter is sent to provider and member and appeals are exhausted

If the IRO overturns the denial, claims are paid

# DISCHARGE PLANNING AND SCHEDULING SEVEN-DAY APPOINTMENTS

## **Scheduling**

New Directions realizes that scheduling member appointments within seven days can be difficult for discharge planners who have many patients to serve for various insurance companies.

If your facility would like New Directions to schedule seven-day appointments for inpatient BCBSLA Members, please call **877-300-5909** or send an email to **Louisiana\_CM@ndbh.com**. Include facility name, contact name of the facility staff member, and phone number.

So we may protect member PHI, please do **not** include patient information in emails. A New Directions employee will return your call or email promptly.

Need help with your discharge planning? We can assist you, please call 877-300-5909.

# WHY USE QUALITY DISCHARGES

**Improves documentation** 

Improves clinical outcomes

**Meets safety standards** 

**Patient centeredness** 

Hospital's community image

# **KEY STEPS FOR PROVIDERS**

- 1. Ascertain the need for and obtain language assistance The initial review form asks about barriers (language preference, etc.)
- Arrange follow-up care (with providers, for tests)
   Addresses MAT, aftercare appointments, seven-day appointment and medical conditions
- 3. Plan for follow-up of any test/lab results pending at discharge
- 4. Organize outpatient services and medical equipment needs CM in community, additional referrals or resources
- 5. Provide a correct medication list, including a plan to access them Discharge medication list, name and phone number of pharmacy, educate about meds and possible side effects
- 6. Reconcile the discharge plans with associated Clinical Practice Guidelines if applicable

# **KEY STEPS CONTINUED**

- Teach a written plan the member can easily understand Aftercare goals reviewed, educate what symptoms to watch for and who to call if any noticed
- Educate member on diagnosis and medications
   Educate on how to keep health problems from getting worse
- 9. Provide and review details of what to do if a problem arises Crisis/safety plan, number to call for problems after discharge
- 10. Assess the degree of the member's understanding of the discharge plan Questions were addressed, verbalized a clear understanding of discharge plans
- 11. Expedite transmission of discharge summary to clinicians and New Directions
- 12. Provide follow-up discharge call within three days to reinforce the discharge plan

# **FOLLOW-UP AFTER HOSPITALIZATION**

**HEDIS**<sup>®</sup> (Healthcare Effectiveness Data and Information Set) is an annual performance measurement created by the NCQA (National Committee for Quality Assurance) to help improve quality of healthcare and establish accountability

One measure is ensuring that patients who have had inpatient treatment for mental illness have a **follow-up visit with a behavioral health professional within seven calendar days of discharge.** We track appointments made within seven days, but also want patients to attend those appointments.

Information for the discharge appointment should include:

- Name of individual provider
- Credentials
- Appointment date and time
- Contact information for this provider

# FOCUSED CARE MANAGEMENT PROGRAMS

	Care Solutions	Member Care Link					
	Complex Care Management (CM) NCQA/ URAC accredited	Non-Complex Care Management (CM)					
	<ul> <li>Opt-in services with high intensity CM outreach</li> <li>Comprehensive CM assessment</li> <li>Member centric CM goals, CM survey</li> <li>Coordination of care with health care providers</li> </ul>	<ul> <li>Condition specific and service related programs</li> <li>Coordination of care</li> <li>Healthcare gaps</li> <li>Members who have not opted in for Care Solutions</li> </ul>					
	<b>Referral Source:</b> CM Daily Census Report (predictive modeling)	<b>Referral Sources:</b> Condition & LOC specific programs, GAP closure, and members who opt out or do not engage in Care Solutions					
<b>Care Transitions Activities</b> CM services designed to help members transition from higher levels of care to the community with the community tenure							
)	Integrated Co-Care Management Activities						

Distinctions

**Both Programs** 

Collaboration and coordination of CM services between medical and behavior health care managers with the goal to provide comprehensive medical/ behavioral care management expertise

**Field Based Care Management Activities** 

Any CM activity under Care Solutions or Member Care Link that is face to face with members with the goal to increase engagement and support for members with health care needs

# FOCUSED CARE MANAGEMENT PROGRAM GOALS

- Improve population management
  - Percent of priority members targeted
- Improve member experience and quality of care
  - 90-day pre/post symptom/functional improvement
  - Professional and community services referred & utilized
  - Gaps closed (seven-day after d/c follow-up appt, MAT education and follow-up, substance use and depression screening follow-up, blood glucose screening, OUD screenings, treatment adherence)
- Decrease ER/inpatient utilization by priority members

## Health Resources

The New Directions Resource Center has key information that can be of great use when you need help.

Sometimes, people aren't sure if they should be seeking treatment or not. Our resource center provides reliable information on a variety of mental and behavioral health topics. We will guide you to the right resources no matter where you are in your health journey.

## We're here for you around the clock:



m Ready to Visit a Provider		0
<ul> <li>Prepare for a visit</li> <li>Important Forms</li> <li>What type of program do I need?</li> </ul>	<ul> <li>What kind of provider do I need?</li> <li>Search for a provider</li> </ul>	
Need Health Resources		0
<ul> <li>Self-help tools</li> <li>Screening tools</li> <li>Mental Health Month toolkit</li> <li>Community Resources</li> <li>Crisis Information</li> </ul>	<ul> <li>Member education</li> <li>Apps</li> <li>Suicide Awareness</li> <li>Wellness Plan</li> <li>Holiday Toolkit</li> </ul>	
Need Help with My Diagnosis		0
<ul> <li>Autism Resource Center</li> <li>Substance Use Disorders Center</li> <li>Guideline for Depression</li> </ul>	<ul> <li>Oase Management</li> <li>Guideline for ADHD</li> </ul>	

## www.ndbh.com/Resources/

# **RELEASE OF INFORMATION (ROI)**

To have direct communication with family members and support systems, our NDBH clinicians will be requesting your assistance to obtain releases of Information allowing NDBH to discuss members care with their families/supports and provide whatever assistance we can to the families

We believe this communication is vital to support members with their treatment both in the hospital and when they return home. We appreciate your cooperation and support.

# **FACILITY MEETINGS**

Educate Facilities about HEDIS Quality Measures: **Seven Day Scheduled**, **Seven Day Kept**, and **30-Day Recidivism** 

Present quality measures to facilities

Provide tools to achieve HEDIS and FUH7 goals such as: Rainmaker List, underlying data, sharing best practices and scheduling line

Facilitate collaboration between ND team, Blue Cross, and facilities to address concerns or issues that arise

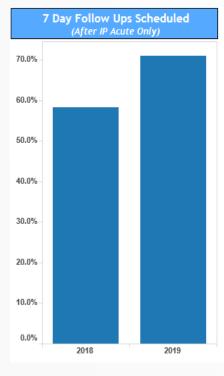


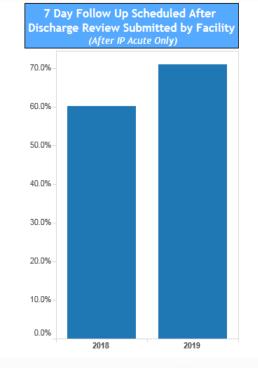
# **SCORECARD**

## UM - Facility Authorizations for LA; Inpatient Services

Data Source = Authorizations/Optamum; "Approved" Authorizations only

			Admits		% of Total Admits		Days/Units		ALOT		30 Day Readmit %		7 Day FU Sched		Dsch Review %	
Provider Tax ID	Provider Name	Prov	2018	2019	2018	2019	2018	2019	2018	2019	2018	2019	2018	2019	2018	2019
Grand Total			93.0	31.0	100.0%	100.0%	737.0	228.0	7.9	7.4	9.7%	9.7%	58.2%	71.0%	94.6%	100.0%
			93.0	31.0	100.0%	100.0%	737.0	228.0	7.9	7.4	9.7%	9.7%	58.2%	71.0%	94.6%	100.0%





### Diagnosis Related Group Summary

	Admits		ALOT		30 Day Readmit %		
	2018	2019	2018	2019	2018	2019	
Grand Total	93.00	31.00	7.9	7.4	9.7%	9.7%	
Major Depression	62.00	16.00	7.3	7.4	4.8%	12.5%	
Bipola <del>r</del>	15.00	8.00	10.0	7.9	13.3%	12.5%	
NOS-Depressive	5.00	3.00	6.8	6.0	20.0%	0.0%	
Schizophrenia & Psycho	4.00	3.00	9.3	7.3	25.0%	0.0%	
SUD	3.00	1.00	7.7	7.0	33.3%	0.0%	
Medical/Behavioral	4.00		10.3		25.0%		

# WHAT PROVIDERS AND MEMBERS ARE SAYING

## Facility Feedback Longleaf Hospital

"Michelle Sims has made a tremendous difference giving us data quarterly and as needed for BCBS of LA. We've identified areas of improvement corrected them thanks to her research and communication. We've also identified better ways to get patients to comply with aftercare. She's an asset to your organization. We are thankful for you and her partnership to take care of our patients."

-"Claire Hicks, MHA Chief Executive Officer"

## Feedback from Members on the Clinical Staff:

"Melissa was fantastic. We have had a lot of case managers and therapists. She listened (sometimes for a long time), she offered help, she offered services, she got him the help he needed. Now he is in a new school and doing great and that has a lot to do with Melissa. She is almost like a member of the family we haven't met."

"I would love to have my care manager help me in the future if needed, she seem to call just when I needed. She called me every couple of weeks and that made me feel so good! She went above and beyond!"

# REMINDERS

## Contact LouisianaPR@ndbh.com if you are:

- Submitting your updated Clinical Profile form
- Interested in being a Rainmaker
- Currently or plan on providing MAT

# Resources

# SEPTEMBER IS SUICIDE AWARENESS MONTH

New Directions Behavioral Health has recently added an online **toolkit** to promote suicide prevention and awareness. The toolkit includes posters, articles and other sharable materials that you can promote during September, and all year round.

This toolkit is available to members and providers. Please share this information and join us in our efforts to **#StopSuicide** and save lives.

# **Suicide Facts**

Nearly **45,000 Americans** die by suicide every year

Suicide is the 4th leading cause of death for people 18-65

For every death by suicide, there are over 22 suicide attempts

Suicide can be prevented.

It's up to everyone to learn the warning signs and reach out and help those with suicidal thoughts and feelings.

National Suicide Prevention Lifeline 800-273-8255



# **CRISIS RESOURCES**

Important resources when dealing with a crisis.

For those affected by recent traumatic events New Directions is offering emotional support.

### **Emotional Helpline**

Anyone can call our emotional support number 833-848-1764, a free and confidential 24/7 mental health helpline staffed by trained and caring professionals ready to guide you to the care you need. We'll keep this number open as long as necessary to support individuals and communities affected by disasters.

### Together is the Way Forward



(If you are experiencing an emergency, call 911)

### Resources

Tips for coping with the Coronavirus outbreak

- Dealing with Coronavirus anxiety
- 📀 Guidance for Leadership
- Opping with Crisis in the Media
- Correction His tol Health tips
- Online Resources & Support During COVID-19
- Substance Disorder
  Treatment During COVID-19
   Returning to Work After a
  Pandemic

- 📀 Xenophobia
- Home Preparation
- Positive Self-Talk
- How to talk to your kids
- 📀 Working from Home

 COVID-19 mental wellness tools from partner myStrength
 Healthcare Providers: Coping with Stress During COVID-19

## www.ndbh.com/CrisisResources

# Suicide Toolkit

New Directions can help you when you or one of your staff identifies that a patient exhibits warning signs for suicide. The tools below can help you develop and implement a suicide prevention strategy for your organization and support the patient in accessing needed interventions.

## Screening Tools

Ask Suicide-Screening Questions (ASQ) Toolkit Columbia-Suicide Severity Rating Scale (C-SSRS) Additional screening tools >

### **Provider Resources**

SAMHSA - Suicide Prevention in Primary Care Suicide Prevention Toolkit for Primary Care Practices Zero Suicide New Directions Depression Toolkit Additional educational articles >

## Patient Resources

Health Resource Library

You can help members access the resources they need by calling our Care Management Services or instructing them to call the number on the back of their insurance card.

# **BEHAVIORAL HEALTH RAINMAKERS**

- New Directions actively seeks outpatient behavioral health professionals who can schedule appointments for patients being discharged from an inpatient setting, within seven days
- The Rainmaker list is used as a "**first call**" list for discharge planners at the facilities and the New Directions care managers and care transitions staff
- We are always seeking to add providers to our Rainmaker list. Currently, we are trying to increase participation by prescribing providers. If interested in becoming Rainmaker, please email LouisianaPR@ndbh.com.

# **RESOURCES**

## **RAP (Resource Access Portal)**

Assists New Directions with locating resources to meet the identified needs discussed with the member. For example:

- Financial
- Food Resources
- Transportation Resources
- Vocational Resources
- Educational Services

Provides an increased level of understanding of the member's environment and potential needs related to social determinants of health that should be explored with the member

# RESOURCES

## Transportation pilot

 Providing transportation for members residing in the Greater Baton Rouge to aftercare appointments and CVS or Walgreens pharmacies (possibly other areas where Lyft or Uber is available)

## Baton Rouge Clinic

 Partner with BCBSLA, Baton Rouge Clinic (PCP), Capital Area Mental Health, and New Directions to ensure members admitted who are associated with BRC are directed back to BRC to see the social worker who is embedded in the BRC clinic from the Capital Area team

# **PCP COLLABORATION**

## Primary Care Provider Toolkit

## **Connecting your patients** to behavioral health care

As a primary care provider, you are likely helping your patients improve their mental health. Addressing mental health concerns and proper management of co-occurring medical treatment is important to the overall well-being of your patients. To help you facilitate seamless coordination of care, we've created a PCP toolkit for behavioral health.

### Helping you help others

Use this toolkit to help your patients address mental health and substance use issues with:

- Screening tools to determine patient treatment and referral needs
- · MD Consultation line for psychiatry (medication) consults
- Resources for patient referrals and augmented treatment options, such as behavioral health care management services

### **Condition-specific toolkits**

Identify and appropriately treat patients exhibiting signs of:

Suicidal Thoughts | Depression | Anxiety PTSD | Substance Use | Chronic Pain

## Visit ndbh.com/PCP to access these resources and more.

### 1 in 5

primary care visits address mental health concerns

### 10-20%

of the general population will consult a primary care clinician for a mental health problem in the course of a year

### 10-40%

of primary care patients have a diagnosable mental disorder

### 40-50%

of primary care patients, who are high utilizers, exhibit significant psychological distress

### Connect with us today to learn more.

ndbh.com/PCP 877-206-4865

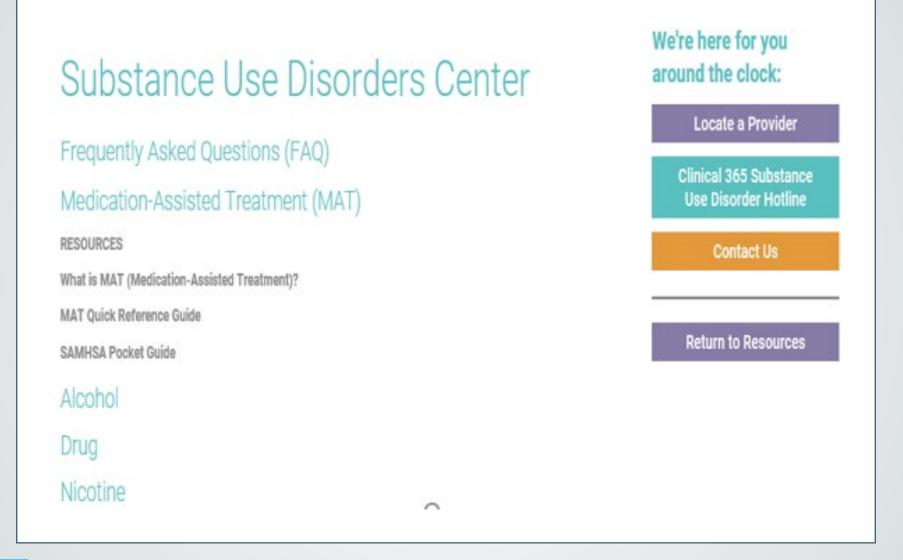
# RESOURCES

## **Best Practices**

Practices known to result in successful outcomes for members:

- Effective internal processes that ensure members have an appointment within seven days of discharge
- Raising awareness of how to find and utilize resources in the community

# **Substance Use**



www.ndbh.com/Resources/SubstanceUseCenter

# Quick Reference Guide

# Medication-Assisted Treatment (MAT) Medications and Pharmacy Benefit Coverage

Medications are available to help people stop using opiates or alcohol. The medications may reduce cravings and withdrawal symptoms. When combined with counseling, medications can increase the chance of successful treatment. Refer to the list below to learn which medications are approved by the FDA to help relieve problems with opiates or alcohol.

### Opioid use problems can be helped with the following medications:

### BUPRENORPHINE/NALOXONE

Generic Suboxone\* Zubsolv\* Suboxone\* Bunavail\*

### BUPRENORPHINE

Subutex\* Butrans\* Sublocade\*

METHADONE Methadone\*

NALTREXONE

Vivitrol

# We're here for you around the clock:



# Substance Use Disorder Toolkit

## www.ndbh.com/PCP/SUDToolkit

- Screening tools
- Provider resources
- Member resources

### **Provider Resources**

Alcohol

Alcohol Screening and Brief Intervention for Youth: Practitioner Guide Preventing Older Adult Alcohol and Psychoactive Medication Misuse/Abuse Screening and Brief Interventions Implementing Care for Alcohol and Other Drug Use in Medical Settings, An Extension of SBIRT SBIRT Training Presentation

#### Other Drugs

Screening for Drug Use in General Medical Settings National Institute on Drug Abuse: Medical & Health Professionals General Guidelines for Substance Use Screening and Early Intervention in Medical Practice

#### Additional educational articles >

#### Patient Resources Health Resource Library

You can help members access the resources they need by calling our Care Management Services or instructing them to call the number on the back of their insurance card. **Screening Tools** 

#### Alcohol

Youth Alcohol Screening and Brief Intervention Practitioner's Guide CRAFFT Screening Tool for Adolescent Substance Abuse Short Michigan Alcoholism Test Geriatric Version (SMAST-G) Alcohol Use Disorders Identification Test (AUDIT-C) The Cage and Cage-Aid Questionnaires

#### Other Drugs

Screening for Drug Use in General Medical Settings Tobacco, Alcohol, Prescription Medication, and Other Substance Use Tool (TAPS) Opioid Risk Tool (ORT) Drug Abuse Screening Test (DAST) NIDA Quick Screen

Additional screening tools >

# **THE OPIOID EPIDEMIC BY THE NUMBERS**



130+ People died every day from opioid-related drug overdoses<sup>3</sup> (estimated)



47,600 People died from overdosing on opioids2



81,000 People used heroin for the first time<sup>1</sup>



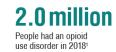




Deaths attributed to overdosing on synthetic opioids other than methadone (in 12-month period ending February 2019)2



10.3 m People misused prescription opioids in 20181



808,000 People used heroin in 20181

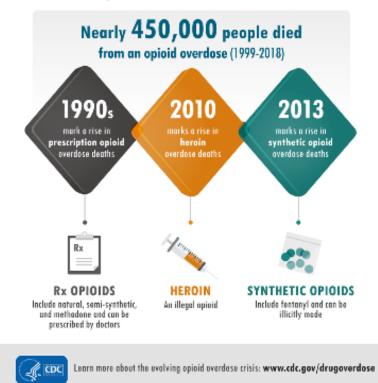


SOURCES

- 1. 2019 National Survey on Drug Use and Health. Mortality in the United States, 2018
- 2. NCHS Data Brief No. 329, November 2018
- 3 NCHS National Vital Statistics System Estimates for 2018 and 2019 are based on provis

## RISE IN OPIOID OVERDOSE DEATHS IN AMERICA

A Multi-Layered Problem in Three Distinct Waves



# **MAT OVERVIEW**

**Medication-assisted treatment** (MAT) is an effective intervention to treat opioid and alcohol use disorders

MAT is the use of medication to assist with management of cravings and relapse prevention

Optimal outcomes rely on a combination of medication, counseling, group and behavioral therapies, along with peer support

Medications improve patient adherence to treatment and reduce criminal activity and injection use; there is also a decrease in transmission of HIV and Hepatitis C

# **MAT OVERVIEW**

## Alcohol

- Disulfiram, Acamprosate, Naltrexone
- Opioid
  - Methadone, Buprenorphine, Naltrexone
    - Per federal regulations Methadone must be administered in a licensed opioid treatment program (OTP)
    - Buprenorphine may only be prescribed by providers who have obtained a DEA waiver

# **VALUE OF MAT**

MAT is the *most effective* tool for OUD – is considered the gold standard for treatment

- Increases treatment retention
- **Decreases** illicit opiate use
- **Increases** ability to gain and maintain employment
- **75% reduced** mortality versus patients with only psychosocial interventions

Detoxification without MAT, to address cravings/relapse, increase the risk of overdose due to lowered tolerance

SAMSHA (2018). Medication Assisted Treatment. Retrieved from <u>www.samhsa.gov/medication-assisted-treatment</u> Clark, R. E., Samnaliev, M., Baxter, J. D., & Leung, G. Y. (2011). The evidence doesn't justify steps by state Medicaid programs to restrict opioid addiction treatment with buprenorphine. Health Affairs 30(8), p. 1425-33.

# **MAT: A CHRONIC CONDITION APPROACH**

## Success rates increase with MAT - 60% opioid free on MAT (1)

## Only 7% were successful without MAT (2)

- "Using medications for opioid withdrawal management is recommended over abrupt cessation of opioids." (ASAM)
- Detoxification without MAT increases the risk of overdose (due to loss of tolerance)

Successful recovery requires individualized, coordinated network of community-based system of care (ROSC), including Recovery Support Services (RSS)

SAMSHA (2018). Medication Assisted Treatment. Retrieved from <u>www.samhsa.gov/medication-assisted-treatment</u> Clark, R. E., Samnaliev, M., Baxter, J. D., & Leung, G. Y. (2011). The evidence doesn't justify steps by state Medicaid programs to restrict opioid addiction treatment with buprenorphine. Health Affairs 30(8), p. 1425-33.

# **CHALLENGES IN MAT UTILIZATION**

## **Slow adoption**

- As of 2016, only 16% of psychiatrists and 3% of primary care physicians were buprenorphine waivered
- 27% of facilities offered MAT

## Stigma

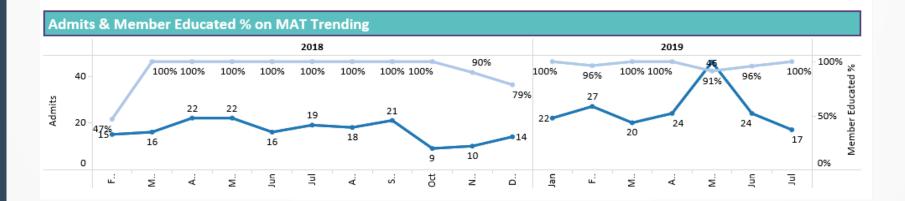
- Belief MAT is trading one drug for another
- The person is not actually sober

# **MAT ADOPTION DATA**

Summary of	MAT WebPass Survey Result	s		
		Admits	% Goal	% Actual
	Admits	362	100%	100%
	Member Educated on MAT	344	100%	95%
	Agreed to MAT	273	35%	75%
	Agreed to MAT (AUD)	162	35%	59%
	Agreed to MAT (OUD)	111	35%	41%
Agreed to MAT?	Ŧ	Admits	7 Day FU Schd %	30 Day Readmit %
Yes		273		
No		89		

### MAT Agent Initiated for Members Agreeing to MAT

		Agreed to MAT =	Agreed to MAT (AUD)	Agreed to MAT (OUD)
	Naltrexone oral (Revia, Vivitrol, Embeda)	184	118	66
	Naltrexone ER (injectable)	79	38	41
	Other	9	5	4
	Acamprosate (Campral)	1	1	0
Grand Total		273	162	111



### **TIPS FOR DISCUSSING MAT WITH PATIENTS**

#### Discuss why they made the decision to stop using opioid

- How did opioids get in the way of their goals?
- What are their recovery goals?
- Would MAT allow them to reach their goals?
- Would work, school or home life improve?
- MAT is not a crutch
  - Chronic condition comparison (i.e., is insulin considered a crutch for someone with diabetes)
- Feeling controlled by medication
  - Importance of matching the medication to the individual's goals and values
  - Opioids have been interfering with their life; MAT can assist with living life more aligned with their goals/values
- Be prepared to discuss food/medication interactions and side effects
- Be prepared to discuss positive outcomes with medication adherence



Myths of MAT

Common questions/concerns about MAT

PCSS – Medications: isn't just replacing one drug for another?

FAQs: Provision of methadone and buprenorphine for the treatment of Opioid Use Disorder in the COVID-19 emergency

### **ALTERNATIVE RESOURCES**

SAMHSA provides a treatment locator for prescribers of buprenorphine

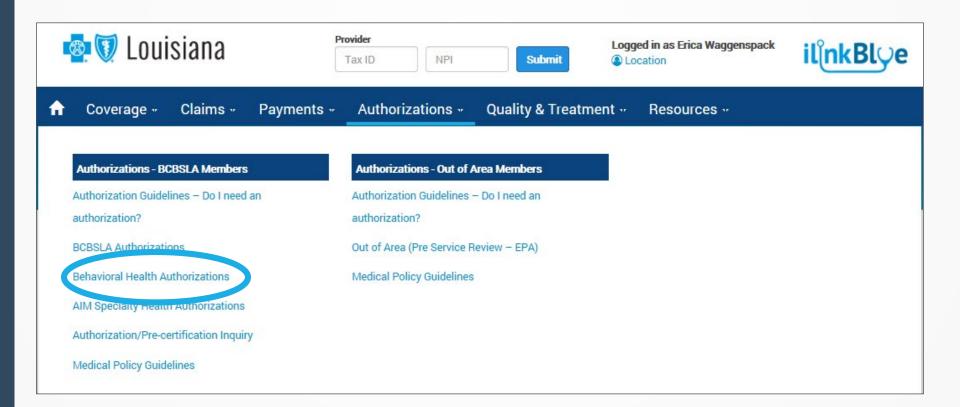
www.samhsa.gov/medication-assisted-treatment/physician-programdata/treatment-physician-locator

Providers from this list can be cross-referenced using <u>BCBSLA.com</u> to verify the network status of the prescriber



### **WEBPASS PORTAL**

- Allows for all levels of review to be submitted electronically
  - Initial, Concurrent and Discharge
- After submission of initial request historical information is pulled forward and only requires updating changes and progress
- Log into **iLinkBlue** and select the **BCBSLA Authorizations link**:



### **WEBPASS ENHANCEMENTS**

Retrospective Request Form



Appeals Request Form



Ability to attach documents to Webpass

# Behavioral Health New Process Webpass Retro Review & Appeal Submissions

#### **Requesting retro reviews and appeals has become much easier!**

Requests are completed via the *Webpass* system; already in use for initial and concurrent reviews

• The medical record can easily be attached via the *Webpass* instead of using faxes or mail

#### To submit a request

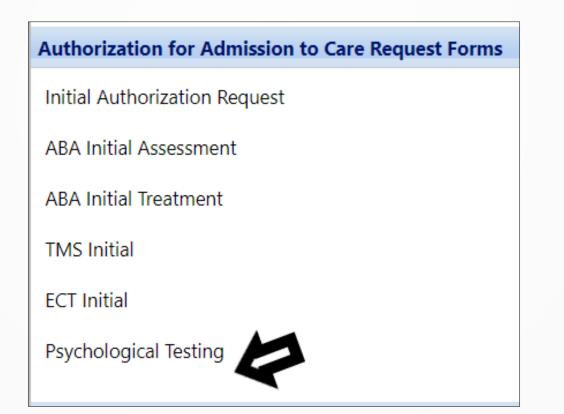
- Accessible via the clinical forms section
- Loads directly into the members record, resulting in timely processing

#### Tips

- When requesting a retro or an appeal be sure to have the original authorization number handy!
- Retro requests: It may or may not have a previous authorization number. If so, tie it to the current authorization as you would for a concurrent review.
- Appeals: Make sure and tie it to the current authorization as you would for a concurrent review

### ENHANCEMENT: RETROSPECTIVE REQUEST FORM

- The form is visible in the Clinical Forms Page
  - The Retro form will be located at the bottom of the section "Authorization for Admission to Care Request Forms"



### **ENHANCEMENT: APPEALS REQUEST FORM**

Purpose: Allow providers to complete and submit a survey via WebPass. The survey will allow a file to be uploaded.

Authorization number for the admission being appealed auto-populates from the associated authorization number if an authorization has been selected

File attachment type is a required field

The Appeals form will be located between the "Authorization for Ongoing Care Request and Care Coordination and the Case Management Forms"

Authorization for Ongoing Care Request and Care Coord	lination		
Discharge Clinical Review	New		
Bridge Clinic Access Transition	New		
Continued Stay Authorization Request	New		
ABA Continuation of Care	New		
ABA Initial Treatment Resubmission	New		
TMS Concurrent	New		
ECT Concurrent	New	Appeals Forms	
		Appeal Request	New
Case Management Forms			
Personal Transition Services Assessment	New		
PTS Refusal	New		
Depression Non-Clinical Referral (50)	New		
In-home Therapy Clinical Review (69)	New		
Integrated Care Management Referral	New		

# **Behavioral Health Appeals**

**Standard Appeal:** A verbal or written request to contest an adverse benefit determination that is not an expedited appeal

**Expedited Appeal:** A written or verbal request by an ordering provider or member to contest an adverse benefit determination, when the member is currently in care; the provider is able to document the member will be in imminent danger or significantly adversely impacted if an urgent decision is not rendered

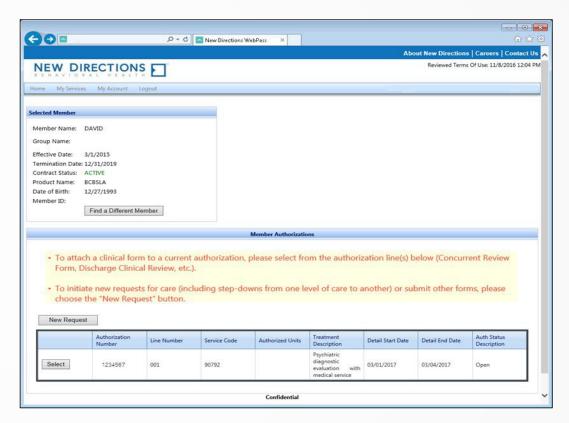
#### Information on how to request an appeal can be found in many locations:

- The initial denial letter after the statement "What can you do if you disagree with our decision?"
- New Directions Louisiana utilization management team members
- New Directions appeals department
- New Directions website
- Blue Cross and Blue Shield of Louisiana (number located on the member's insurance card)

All Louisiana standard and expedited appeals are considered member appeals, regardless who makes the request on behalf of the member in treatment.

# LINKING FORMS

- After an Authorization has been created, users can link additional forms to that Authorization
- By linking forms to an existing Authorization, certain information will be automatically carried over to prepopulate the new forms (when the same question appears on both forms)
- To link a form, click Select next to the authorization number
- To start an Initial Review or to submit a form that does not need to be linked, clicking on New Request



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Home My Service	es My Account L	Logout						
Selected Member								
Member Name:	DAVID							
Group Name: Effective Date: Termination Date:	3/1/2015							
Contract Status: Product Name:	ACTIVE BCBSLA							
Date of Birth: Member ID:	12/27/1993 Find a Different M	ombor						
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	Authorization Number	Line Number	Service Code	Authorized Units	Treatment Description	Detail Start Date	Detail End Date	Auth Status Description
Select	1234567	001	90792		Psychiatric diagnostic evaluation with medical service	03/01/2017	03/04/2017	Open
				Confidential				

# Support & Resources

**Provider Relations** 

#### **Provider Education & Outreach**

Kim Gassie director

Jami Zachary manager

Anna Granen

Jefferson, Orleans, Plaquemines, St. Bernard

#### **Kelly Smith**

Acadia, Ascension, Calcasieu, Cameron, Iberville, Jefferson Davis, Livingston, Pointe Coupee, St. Landry, St. Martin, Vermilion, West Baton Rouge

#### Lisa Roth

Bienville, Bossier, Caddo, Claiborne, Desoto, Grant, Jackson, Lincoln, Natchitoches, Red River, Sabine, Union, Webster, Winn

#### **Marie Davis**

Assumption, Iberia, Lafayette, Lafourche, St. Charles, St. James, St. John the Baptist, St. Mary, Terrebonne

#### **Mary Guy**

East Feliciana, St. Helena, St. Tammany, Tangipahoa, Washington, West Feliciana

#### **Melonie Martin**

East Baton Rouge

#### Patricia O'Gwynn

Allen, Avoyelles, Beauregard, Caldwell, Catahoula, Concordia, East Carroll, Evangeline, Franklin, LaSalle, Madison, Morehouse, Ouachita, Rapides, Richland, Tensas, Vernon, West Carroll

provider.relations@bcbsla.com | 1-800-716-2299, option 4 Angela Jackson Jennifer Aucoin Paden Mouton

### **Network Development**

**Provider Contracting** 

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Danielle Jackson – manager danielle.Jackson@bcbsla.com

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#### Cora LeBlanc – cora.leblanc@bcbsla.com

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#### Jason Heck – jason.heck@bcbsla.com

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Jefferson, Orleans, Plaquemines, St. Bernard

#### Mica Toups – mica.toups@bcbsla.com

Acadia, Evangeline, Iberia, Lafayette, St. Landry, St. Martin, Vermilion

#### Sue Condon – sue.condon@bcbsla.com

Ascension, East Baton Rouge, East Feliciana, Iberville, Livingston, Pointe Coupee, St. Helena, West Baton Rouge, West Feliciana

#### Shannon Taylor – shannon.taylor@bcbsla.com

Special Network Development Projects

network.development@bcbsla.com | 1-800-716-2299, option 1 Doreen Prejean Karen Armstrong Mary Landry

### **Provider Credentialing & Data Management**

**Provider Network Setup, Credentialing & Demographic Changes** 

Justin Bright director

Mary Reising manager – mary.reising@bcbsla.com Anne Monroe provider Information Supervisor - anne.monroe@bcbsla.com Rhonda Dyer provider Information Supervisor - rhonda.dyer@bcbsla.com

If you would like to check the status on your Credentialing Application or Provider Data change or update, please contact the Provider Credentialing & Data Management Department by emailing **PCDMstatus@bcbsla.com** or by calling 1-800-716-2299

1-800-716-2299 | option 2 – credentialing | option 3 – provider data management Fax: 225-297-2750 • **network.administration@bcbsla.com** 

### **Call Centers**

Customer Care	1-800-922-8866
FEP Dedicated Unit	1-800-272-3029
OGB Dedicated Unit	1-800-392-4089
Blue Advantage	1-877-250-9167

For information **NOT** available on iLinkBlue

#### **Other Provider Phone Lines**

BlueCard Eligibility Line<sup>®</sup> – 1-800-676-BLUE (1-800-676-2583) for out-of-state member eligibility and benefits information

#### Fraud & Abuse Hotline – 1-800-392-9249

Call 24/7 and you can remain anonymous as all reports are confidential

#### Network Administration – 1-800-716-2299

option 1 – for questions regarding provider contracts
 option 2 – for questions regarding credentialing/recredentialing
 option 3 – for questions regarding your provider data management
 option 4 – for questions regarding provider relations
 option 5 – for questions regarding administrative representative setup

### **New Directions Contact Information**

For assistance, please contact:

#### **Michelle Sims**

Clinical Network Manager Email: msims@ndbh.com

Phone: 1-816-416-7672

#### **Debbie Crabtree**

Provider Relations Coordinator Email: dcrabtree@nbdh.com Phone: 1-904-371-6942

### We are listening!

Our provider Engagement Survey is open, and we want to hear from you!



If you haven't received an email invitation, please contact **provider.communications@bcbsla.com** and include "Provider Engagement Survey" in the subject line

# Thank you!



If you have additional questions after this webinar, please email provider.relations@bcbsla.com



# **Credentialing Process**

- The credentialing process can take up to 90 days once Blue Cross receives all required information
- After 90 days you may inquire about your credentialing status by contacting our Provider Credentialing & Data Management Department at PCDMstatus@bcbsla.com or 1-800-716-2299, option 2
- Required credentialing application packets are available online at www.BCBSLA.com/providers >Provider Networks >Join Our Networks
- Blue Cross credentials professional, facility and ancillary providers
- To participate in our networks, providers must meet certain criteria as regulated by our accreditation body and the Blue Cross and Blue Shield Association
- Providers will remain non-participating in our networks until their application has been approved by the credentialing subcommittee. The credentialing subcommittee approves credentialing monthly.
- Network providers are recredentialed every three years from their last credentialing acceptance date



# **Provider Credentialing & Data Management Policy**

Below is Blue Cross' policy for credentialing and provider data management requests, which helps ensure requests are processed timely:

- Requests to join our networks or maintain network participation, including the credentialing and recredentialing processes, must be submitted on appropriate forms
- Requests for provider data management must be submitted on the appropriate Blue Cross form

Requests that are incomplete, missing information or submitted on the incorrect form will be returned. The processing time will start over once all required information is received.



All forms and credentialing packets are available online at **www.BCBSLA.com/providers** >Provider Networks >Join Our Networks

# **Incomplete Credentialing Applications**

Below are the most common reasons credentialing applications are returned:



- Professional provider did not submit the current version of the Louisiana
   Standardized Credentialing Application
- Facility did not submit the Health Delivery Organization Information Form
- Not submitting the proper attachments and/or forms
- An alternative application was submitted in place of the credentialing applications identified above (we do not accept a CAQH application)

The 90-day processing time begins when we receive all required information. The application processing time starts over once a completed application is returned to Blue Cross. Submitting a completed form is key to timely processing.

# **Reimbursement During Credentialing**

Louisiana has expanded their law allowing additional healthcare provider types to request that Blue Cross reimburse their claims as if they are a network provider during the credentialing process. Claims for network providers are paid directly to the provider.

The following criteria must be met:

- You must be applying for network participation to **join a provider group** that already has an executed group agreement on file with Blue Cross. This provision does not apply for solo practitioners.
- You **must have admitting privileges** to a network hospital. PCPs can have an arrangement with a hospitalist group to admit their patients.
- Your **initial credentialing application** for network participation must include a written letter of request asking Blue Cross to reimburse you at the group contract rate and an agreement to hold our members harmless for payments above the allowable amount

The Reimbursement During Credentialing Instruction Sheet is available online at www.BCBSLA.com/providers > Resources > Forms

# **Claims Disputes & Appeals**

Sometimes it may be necessary for a provider to dispute or appeal a claim

### CLAIMS DISPUTES

Involves a denial that affects the provider's reimbursement

MEDICAL APPEALS

Involves a denial or partial denial based on:

- Medical necessity, appropriateness, healthcare setting, level of care or effectiveness
- Determined to be experimental or investigational



- Claim issue due to the member's contract benefits, limitations, exclusions or cost share
- When there is a grievance

On the next slides, we will detail each of these claims inquiries

# **Claims Disputes**

- Reimbursement reviews:
  - Allowable disputes
  - Bundling issues
- Timely filing
- Authorization penalties
- Failed to obtain an authorization denials
- Refund disputes



Decisions upheld by the Claims Disputes Department are not billable to the member

# **Administrative Appeals & Grievances**

- Administrative appeals involve contractual issues and are typically submitted by the member or someone on behalf of the member (including providers), with the member's authorization
- A grievance is a written expression of dissatisfaction with BCBSLA or a provider's services. Typically, grievances do not involve denied claims.

#### The top reasons for administrative appeals are:

Out-of-Network (OON) providers

Contract limitations or exclusions

Claims processing (how cost sharing was applied)

– Deductible

3

- Coinsurance
- Copayment

# **Provider Dispute Form**

omplete this form to file a pro	ana	• This form must	he included wi		Provider Dispute Fo
the appropriate area of the o	ompany, the	us avoiding delays	in our review p	process. It is in	nportant to include the
roper information (based on y lease submit only one form pr		,	omit it to the a	ppropriate ma	iling address.
PROVIDER INFORMATION	er patient, pr	er dispore.			
TYPE OF PROVIDER: P	rofessional	Facility	Other:		
Provider Name					
National Provider Identifier (NPI)	)		Provider Tax ID	1	
Name of Person Completing For			Date Form Con	related	
Contact Email Address			Contact Phone	Number	
PATIENT INFORMATION					
Member ID			Policyholder N	ame	
Patient Name			Patient Date of Birth		
Claim Number		Date(s) of Service		Amoun	t Charged
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DISPUTE DETAILS To assist us in reviewing your dis		and the second	and autors due	- d d - March	I serve advector of a server state
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SURGERY, ASSISTANT SURGERY OR ANESTHESIA 1. Operative Report 2. Anesthesia Report 3. Pre-op History and Physical 4. Asts Surgeon Credential (f not M.D.) age 2 of this form contains th view your dispute, we must n	DOCTO 1. Disch 2. Hosp 3. Histo 4. Patho e list of reasures aceive the en	R'S HOSPITAL VISIT: arge Summary ital Progress Notes ry and Physical Note logy Report ons for your dispu- tire form.	S DO OFFICE/U 1. Office I Pertain Service 2. History Physica te. Please check	LUNIC VISITS Notes ing to Date of and i Notes k only one rea	PHYSICAL THERAPY 1. Physical Therapy Notes an Radiology/Lab Report

Form is available online at www.BCBSLA.com/providers >Resources >Forms

- Use the Provider Dispute Form to properly request a review of your claim
- Be sure to place the form on top of your claim when submitting for review to ensure it is routed to the appropriate area of the company
- Use the Provider Dispute Form when claim:
  - Rejected as duplicate
  - Denied for bundling
  - Denied for medical records
  - Denied as investigational or not medically necessary
  - Payment/denial affects the provider's reimbursement
  - Payment affects the member's cost share
  - Denied for a BlueCard member

Guide for Disputing	Claima		
	s quide when submitting claims information t	a sector it is sected to the second	mainte avec of the semicory. This should
ts the best way to respond (and no e a quick and efficient claims review	t respond) when providers submit claim infor	mation for review, and where to	send the information so the end result
	ur Corrected Claims Tidbit, available at www.E	CBSLA.com/providers >Resource	es >Tidbits.
Claims Issue	What to Submit	What NOT to Submit	Where to Send
Medical records requested or denials for insufficient medical information	<ul> <li>Supporting medical documentation &amp; copy of Blue Cross letter of request for medical records</li> </ul>	Appeals and Claims     Dispute Form     Claim Form	BCBSLA - Medical Records P.O. Box 98031 Baton Rouge, LA 70898-9031
Claim rejected as a duplicate	iLinkBlue Action Request     Supporting medical documentation	Appeals and Claims     Dispute Form     Letter of appeal or Appeal     Request Form	www.BCBSLA.com//linkblue.or BCBSLA P.O. Box 98029 Baton Rouge, LA 70898-9029
Authorization penalty when authorization was obtained	ILinkBlue Action Request     Call Customer Care Center	Written request	www.BCBSLA.com/linkblue or refer to the customer service number listed on the back of the member ID card
Claim denies for primary carrier's explanation of benefits (EOB)	Claim with EOB from primary carrier	Appeals and Claims Dispute Form     Letter of appeal or Appeal Request Form	www.BCBSLA.com//linkblue or BCBSLA P.O. Box 98029 Baton Rouge, LA 70898-9029
Claim denied for a BlueCard* member (issued though a Blue Plan other than Blue Cross and Blue Soled of Louisiana)	Appeals and Claims Dispute Form*     Formal letter of appeal including reason     Supporting medical documentation	Claim Form     Appeal Request Form	BCBSLA P.O. Box 98029 Baton Rouge, LA 70898-9029 or Fax to (225) 297-2727

For details on where to submit claims issues, refer to the "A Guide For Disputing Claims" tidbit www.BCBSLA.com/providers > Resources > Tidbits

### **Submitting Corrected Claims**



- Submitting corrected claims can be easy when the appropriate steps are followed
- Use the "Submitting Corrected Claims" tidbit as a guide to properly adjust or void a claim so it does not deny as duplicate or process incorrectly
- The tidbit outlines the steps for submitting a corrected claim by paper or electronically (via clearinghouse or iLinkBlue)

Available online at www.BCBSLA.com/providers > Resources

### **Workers' Compensation**

In most circumstances, services and treatment rendered as a result of any occupational or work-related disease or injury compensable under any federal or state workers' compensation law is a contract exclusion under the terms of a member contract and Blue Cross is not responsible for the claim

#### **Providers should:**

- Submit claims to Blue Cross
- Indicate if the services are the result of a work-related injury or illness

If it's determined the service is not covered by workers' compensation or the member's contract does not exclude these services and the claim is not filed to Blue Cross, the provider is at risk of future consideration by failing to meet administrative filing requirements outlined in the member's contract

# **Subrogation**

Subrogation is a contract provision that allows health insurers to recover all or a portion of claims payments if the member is entitled to recover such amounts from a third party. As a participating provider, you agree to submit claims for all covered services received by Blue members.

Providers should:

- Indicate if the services are related to an accident or a work-related injury or illness when submitting claim
- Not require the Blue member or the member's attorney to guarantee payment of the entire billed charge
- Not require the Blue member to pay the entire billed charge up front
- Not bill the Blue member for amounts above the reimbursement amount/allowable charge
- Charge the member no more than is ordinarily charged other patients for the same or similar service
- Bill the member only for any applicable cost share (deductible, coinsurance, copayment) and/or non-covered service

If amounts in excess of the reimbursement amount/allowable charge were collected, you should refund that amount to the member

# **Provider Self-service Initiative**

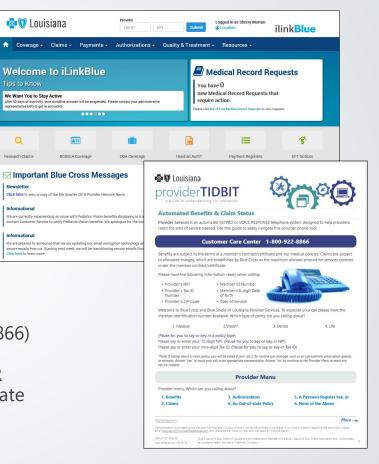
Providers are required to use our self-service tools for:

- member eligibility
- claim status inquiries
- professional allowable searches
- medical policy searches

These services are no longer handled directly by our Customer Care Center

#### Self-service tools available to providers:

- iLinkBlue (www.BCBSLA.com/ilinkblue)
- Interactive Voice Recognition (IVR) (1-800-922-8866)
  - The Automated Benefits & Claim Status (IVR Navigation Guide) Tidbit will help you navigate the IVR system and is available at www.BCBSLA.com/providers > Resources > Tidbits



• HIPAA 27x transactions

### **Benefits of Proper Documentation**







Allows identification of high-risk patients

Allows opportunities to engage patients in care management programs and care prevention initiatives Reduces the administrative burden of medical record requests and adjusting claims for both the provider and Blue Cross Reduces costs associated with submitting corrected claims

# **Provider's Role in Documenting**



- Each page of the patient's medical records should include the following:
  - Patient's name
  - Date of birth or other unique identifier
  - Date of service including the year
- Provider signature (must be legible and include credentials)
  - Example : John Doe, MD (acceptable)
  - Example: Dr. John Doe (not acceptable)
- Report ALL applicable diagnoses on claims and report at the highest level of specificity
- Include all related diagnoses, including chronic conditions you are treating the member for
- Medical records must support ALL diagnosis codes on claims

Accuracy and specificity in medical record documentation and coding is critical in creating a complete clinical profile of each individual patient

# **Coding to the Highest Level of Specificity**

- Code all conditions (acute/chronic) being treated to the highest level of specificity
  - Monitored, Evaluated, Assessed or Treated should be noted
- Avoid non-specific and broad statements such as bipolar disorder
- Use terms such as:
  - Type I or II
  - Current or in remission
  - Severity (mild, moderate, severe)
  - Presence of psychotic features



### **Medical Record Requests**

From time to time, you may receive a medical record request from us or one of our vendors to perform medical record chart audits on our behalf

- Per your Blue Cross network agreement, <u>providers are not to charge a fee</u> for providing medical records to Blue Cross or agencies acting on our behalf
- If you use a <u>copy center or a vendor</u> to provide us with requested medical records, providers are to ensure we receive those records <u>without a charge</u>
- You do not need to obtain a distinct and specific authorization from the member for these medical record releases or reviews
- The patient's Blue Cross subscriber contract allows for the release of the information to Blue Cross or its designee

## **Commercial Diagnostic Accuracy and Completion**

Commercial Diagnostic Accuracy and Completion (DAC) is a component of the Affordable Care Act (ACA)

- Encourages health plans to focus on quality improvements, efficiency and stabilization of premiums
- DAC uses diagnosis codes reported on claims to determine the disease state or illness burden (overall health) of a patient, allowing CMS to assign a risk score to each patient
- DAC medical record requests typically begin in January

Blue Cross is currently partnered with Inovalon to conduct out-of-state DAC medical record requests

### **Commercial Risk Score**

- Code all conditions (acute/chronic) being treated to the highest level of specificity
  - Monitored, Evaluated, Assessed or Treated should be noted
- Avoid non-specific and broad statements such as bipolar disorder
- Use terms such as:
  - Type I or II
  - Current or in remission
  - Severity (mild, moderate, severe)
  - Presence of psychotic features

NOTE: Improper documentation could result in audits and/or the request of medical records

## **Commercial Risk Scores**

- Blue Cross identifies those members with potential diagnostic gaps by review of claims data
- Diagnostic gaps are identified through:
  - History: prior year Dx
  - Pharmacy: prescribed medication
  - Diagnostic: lab or diagnostic test
  - Other: diagnosis with potential co-existing condition



#### What can providers do?

- 1. Close gaps in care
- 2. Ensure all documentation reflects what is being billed
- 3. Ensure chart reflects complete clinical profile for the patient

### **Risk Adjustment Data Validation Audits**

Required through the ACA, the framework for the risk adjustment data validation (RADV) audit process for the risk adjustment program was established

Components of the RADV Audits:

- Annual CMS mandate
- Required audit for every insurer who sells a policy on the ACA marketplace
  - Will be used to confirm risk reported
  - To confirm providers' medical records substantiate the reported data and accurately reflect the care rendered and billed
- The Accountable Care Law mandates medical records be provided
- RADV audit requests for medical records begin in June

### **Member Referrals**

#### Network providers should always refer members to contracted providers

- Referrals to non-network providers result in significantly higher cost shares to our members and it is a breach of your Blue Cross provider contract
- Providers who consistently refer to out-of-network providers will be audited and may be subject to a reduction in their network reimbursement
- The ordering/referring provider NPI is required on all laboratory claims. Place the NPI in the indicated blocks:
  - o CMS-1500: Block 17B
  - UB-04: Block 78
  - 837P: 2310A loop, using the NM1 segment and the qualifier of DN in the NM101 element
  - 837I: 2310D loop, segment NM1 with the qualifier of DN in the NM101 element

#### **Examples:**

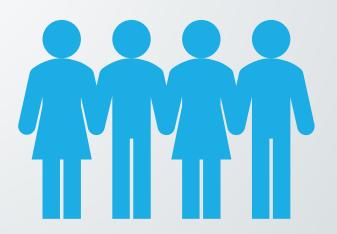
- Outpatient Facilities
  - LTAC, SNF, Behavioral Health, Home Health
- Therapists

- Hospitals
- DME
- Laboratories

### **Out of network referrals**

The impact on your patients when you refer Blue Cross members to out-ofnetwork providers:

- Out-of-network member benefits often include higher copayments, coinsurances and deductibles
- Some members may have no benefits for services provided by nonparticipating providers
- Non-participating providers can balance bill the member for all amounts not paid by Blue Cross



# **Finding Participating Providers**

You can find network providers to refer members to in our online provider directories at **www.BCBSLA.com** > Find a Doctor

💐 🗑 Louisiana	Shop 👻 Find a Doctor		s <b>▼</b> Learn <b>▼</b> M	ly Account 🗸		
		Find Doctor	s in Louisia	ina		
Sea	irch our directory of top	-rated primary care	doctors pediatric	ians, ENTs and other sp	ecialties.	
All Networks	✓ Search	for a doctor, hospital or	specialty.		Location '	۲ A
		Looking for a di	fferent provider?			
	×		69	×		
	Dental	Pharmacy	Vision	Out of Area		

# **Provider Identity Management Team**

# **Common issues the PIM Team is asked to help with:**

# How do I change my administrative representative phone number?

This can be done with a phone call to the PIM Team

# How do I change my administrative representative email address?

Because your email address is your username, you must submit a new Administrative Representative Registration Packet

# How do I terminate my administrative representative?

This requires a written notification be sent to the PIM Team

#### Need help?

Provider Identity Management (PIM) is a dedicated team to help you establish and manage system access to our secure electronic services

If you have questions regarding the administrative representative setup process, please contact our PIM Team

Email:	PIMTeam@bcbsla.com
Phone:	1-800-716-2299, option 5

#### What they will do for you:

- Set up administrative representatives
- Educate and assist administrative representatives
- Outreach to providers without administrative representatives to begin the setup process

# **Inactivity Policy**

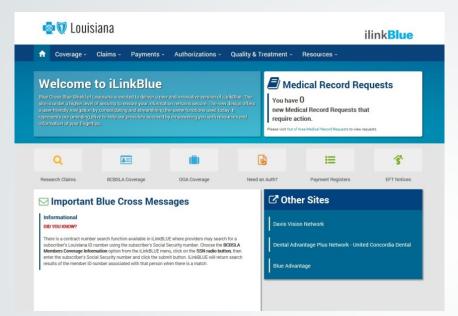
iLinkBlue and Sigma Security Setup Tool accounts that have not been accessed for a period of time will be suspended as follows:

- iLinkBlue user account suspends upon 90 days of inactivity
- iLinkBlue user account that remains inactive for 120 days will be terminated
- Sigma account suspends upon 90 days of inactivity
- Sigma account that remains inactive for one year will be terminated



- When an account has been inactive for 60 days, the user will receive an email alert of the inactivity
- Once suspended, to reactivate an account, iLinkBlue users must contact their administrative representative
- Administrative representatives with suspended accounts must contact our Provider Identity Management Team at PIMTeam@bcbsla.com

# **Accessing the Blue Advantage Provider Portal**



- The processes for Blue Advantage (HMO)/Blue Advantage (PPO) differ from our other provider network processes
- We have created a separate portal for these contracted providers to access those processes
- You must access the Blue Advantage Provider Portal through iLinkBlue (www.BCBSLA.com/ilinkblue)
- To gain security access to the Blue Advantage Provider Portal, users must first self-register within the portal; this will start the process of getting the user access to the feature

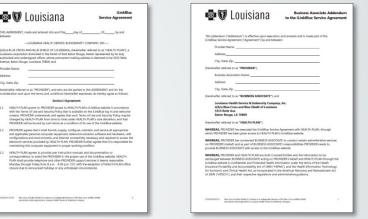
# **iLinkBlue Application Packet**

iLinkBlue is our secure online tool for professional and facility healthcare providers. It is designed to help you quickly complete important functions such as eligibility and coverage verification, claims filing and review, payment queries and transactions. The **iLinkBlue Application Packet** is available at **www.BCBSLA.com/providers** >Electronic Services then click on "iLinkBlue"

#### ALWAYS include NPI/TAX ID on:

- ✓ iLinkBlue Service Agreement
- Business Associate Addendum to the iLinkBlue Service Agreement
- Administrative Representative Registration Form
- Electronic Funds Transfer (EFT) Enrollment Form

These four documents are required to access iLinkBlue:



#### **iLinkBlue Service Agreement**

<image>

Electronic Funds Transfer Enrollment Form **Business Associate Addendum** 

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Administrative Representative Registration Form