# **Sleep Management Program Webinar**

For the listening benefit of webinar attendees, we have muted all lines and will be starting our presentation shortly.

- This helps prevent background noise (e.g., unmuted phones or phones put on hold) during the webinar.
- This also means we are unable to hear you during the webinar.
- Please submit your questions directly through the webinar platform only.

#### How to submit questions:

- Open the Q&A feature at the bottom of your screen, type your question related to today's training webinar and hit "enter."
- Once your question is answered, it will appear in the "Answered" tab.
- All questions will be answered by the end of the webinar.



# Sleep Management Program



December 2023

Blue Cross and Blue Shield of Louisiana is an independent licensee of the Blue Cross Blue Shield Association.

Carelon Medical Benefits Management (Carelon) is an independent company that serves as an authorization manager for Blue Cross and Blue Shield of Louisiana and HMO Louisiana, Inc.

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### Welcome!

Today's presentation will give an overview of the Sleep Management Program.

Topics will include:

- ✓ Included Services
- ✓ Services Requiring a Prior Authorization
- ✓ Key Dates for Requesting Prior Authorizations
- ✓ Accessing iLinkBlue
- ✓ Member Identification
- ✓ Carelon MBM (Medical Benefits Management) Provider Portal Demonstration



### **Sleep Management Program**





**Effective January 1, 2024**, Carelon will manage sleep reviews for Blue Cross and Blue Shield of Louisiana membership. Our objective today is to help you understand the review process and program overview.

We are committed to a comprehensive solution for sleep disorder management designed to:

- Improve the clinical appropriateness of sleep therapy testing and services.
- Help members find the highest value place of service for testing.
- Monitor and manage patient compliance of sleep therapy.

### **Services Included in the Sleep Management Program Beginning Dates of Service January 1, 2024**

### **Sleep Therapy Testing and Treatment Services Include:**

#### **Sleep Apnea Diagnostics and Titration**

- Home sleep test (HST)
- Polysomnograms (PSG)
- Multiple sleep latency testing (MSLT)
- Maintenance of wakefulness testing (MWT)
- Positive airway pressure titration studies

#### **Sleep Apnea Treatment**

- Automatic positive airway pressure (APAP) therapy
- Continuous positive airway pressure (CPAP) therapy
- Bilevel/Variable positive airway pressure (BPAP) therapy
- Oral appliance therapy
- Hypoglossal nerve stimulation therapy
- All supplies related to these devices

Services performed in conjunction with emergency room services, inpatient hospitalization or urgent-care facilities are excluded. Both ordering physicians (those referring the member for sleep testing) and servicing providers (those free-standing or hospital labs that perform sleep testing) may submit requests.

### **Setting Requiring Prior Authorization**





#### **Included setting:**

Outpatient services (e.g., office, home, outpatient hospital, freestanding sleep facility)



#### **Excluded setting:**

- Hospital inpatient
- Studies performed as part of ER/observation visit
- Urgent care facility

### **Key Dates for Requesting Prior Authorizations**





Please always verify that a prior authorization has been obtained before scheduling or performing sleep management services.

### **Accessing iLinkBlue**

Blue Cross requires that provider organizations have at least one administrative representative to manage our secure online services.



Administrative representative duties include:

- Identify users at your organization who will need access to our secure online services.
- Assign individual user access to the appropriate applications.
- Manage users and terminate user access when it is no longer needed.

Detailed instructions and the Administrative Representative Registration Packet can be found on our Provider Page at **www.bcbsla.com/providers** > Electronic Services > Admin Reps.

### **Need to Access iLinkBlue?**

If your organization has an administrative representative:

- Reach out to your organization's administrative representative to request access.
- The administrative representative will use the Delegated Access application in iLinkBlue to set up your appropriate level of security access.
- Deeper level access to secure authorization applications.

If your organization **does not** have an administrative representative:

- Self designate at least one administrative representative at your organization.
- Complete the Administrative Representative Registration Packet. It is available online at www.bcbsla.com/providers > Electronic Services > Admin Reps.
- Contact our Provider Identity Management (PIM) Team at **PIMteam@bcbsla.com** or 1-800-716-2299, option 5 with questions.

### **Accessing iLinkBlue**



#### Logging in for the first time:

- Password must be reset.
- Click on the "Forgot/Reset Password" button.
- Follow the prompts, enter your username and click the "Request Password" button.
- The system will send you an email to reset your password. Click on the link in the email. Follow the prompts.

### **How to Request Prior Authorization from Carelon**



Beginning **December 18, 2023**, providers may submit requests for dates of services on or after January 1, 2024, for review or verify order numbers using one of the following methods:

#### **Carelon MBM Provider Portal**

- Use iLinkBlue (www.bcbsla.com/ilinkblue) to access the Carelon MBM Provider Portal.
- Choose the "Authorizations" iLinkBlue menu option, then click on "Carelon Authorizations" application.
- The portal is available 24 hours a day, 7 days a week.
- If you do not have access to this application, please consult with your organization's administrative representative.

### **Carelon Contact Center**

- Dedicated toll-free number: 1-866-455-8416
- Contact center hours: Monday-Friday 8a.m.- 5p.m. CT
- Voicemail messages received after business hours will be responded to the next business day.

\*Carelon call center is closed on the following holidays: Thanksgiving Day, the day after Thanksgiving, Christmas Day, New Year's Day, Memorial Day, Independence Day and Labor Day.

### **Member Identification**



#### **Included lines of business:**

#### \*Fully-Insured members

(Fully-insured members can be identified by the words "Fully Insured" on the top right corner of Blue Cross and Blue Shield of Louisiana member ID cards.)

#### **Small Business Funded (SBF) members**

(SBF members have "SBF" in the group number in the Group/Subgroup section of their ID card)

#### **Excluded lines of business:**

- Self-Funded groups
- Medicare Advantage
- Office of Group Benefits (OGB)
- Federal Employee Program (FEP)

Member Name BLUE SUBSCRIBER Member ID XUP000000000		Crp/Subaroup:	AAA00000/PPO
		RxMbr ID:	20000000
		RxBIN:	000000 PCN-A
		RxGrp:	BSL
MEDICAL	DEDUCTIBLE Individual	OUT OF POCKET Individual	
In Network	\$5500	\$5500	
Out of Network	\$5500	\$5500	

#### Information validated during intake

#### **Member information**

- Member demographics and plan membership number
- Member health plan coverage
- Member participation in the Carelon program

Note: missing members can be manually added via Carelon contact center.

\*BLUE Value and BLUE Select member plans are not included as they do not have sleep study benefits. The provider will be directed to iLinkBlue to verify member benefits.

# **B** Carelon

## Carelon Medical Benefits Management

Note: Carelon maintains the confidentiality of all protected health information. All data displayed is fictional and any resemblance to real persons is purely coincidental.

### **Features of the Carelon Sleep Management Program**

#### **Appropriate Testing Site**

Directs patients to appropriate testing level or site.

### Monitor and Manage Patient Treatment Compliance



### **Treatment Options**

Sleep study results are submitted to Carelon to confirm clinical appropriateness of treatment.

IS TREATMENT NECESSARY?

IF YES

#### IS APAP APPROPRIATE?

- Ordering provider will review test results to determine treatment eligibility.
  - Carelon clinical guidelines will confirm treatment and leverage information from pre-exam questions in member file.
- Test results must be submitted to Carelon.
- Treatment, if necessary, will be authorized for 90 days.

- If treatment is appropriate, Carelon recommends APAP when appropriate and supported by Carelon guidelines.
- APAP (when appropriate) eliminates the need for a titration study.
- There are certain scenarios where APAP is not appropriate due to patient comorbidities.

### **Treatment Compliance Concerns**

#### Compliance concerns



**Over 50%** of patients stop using PAP treatments within the first year.



Poor compliance exposes patients to health risk that contribute to **higher cost of care** from chronic conditions.

### **Increasing Treatment Plan Compliance Leads to Better Outcomes**

#### Compliance monitoring





Smart track modems and wireless compliance monitoring systems track PAP usage.

Providers must enter tracking data to prove patient compliance prior to the authorization of treatment continuation of supplies. If a patient is compliant with treatment, supplies will automatically be authorized by Carelon.



### We Leverage Technology to Access Member Compliance Data



### **Sleep PAP Review Process – Rent-to-own (RTO)**

Three order paths in Carelon process triggered by user selection of request and dates:

- 1. Initial request with no prior treatment If approved, order request includes three months of equipment and supplies.
- 2. Ongoing treatment (one or more previous authorizations by Carelon or other UM) within the rent-to-own "RTO" period of 10 months If approved, order request incudes three months of equipment and supplies.
- 3. Ongoing treatment (one or more previous authorizations by Carelon or other UM) past the rent to own period of 10 months If approved, order request includes supplies <u>only</u>.

Carelon process for ongoing treatment uses questions to determine path and extract:





\*Home sleep testing providers, facility-based sleep testing providers and DME providers are allowed to initiate orders on behalf of the ordering physician.

### **Clinical Review Workflow**



### **Post-claim Clinical Appropriateness (PCCA)**

Provider submits a claim to the health plan. Health plan is unable to locate matching order/ preauthorization record.



Health plan denies the claim and sends a letter to the provider notifying them to enter an order on Carelon MBM Provider Portal. Carelon will review the order request within 730 calendar days of treatment start date and make a final determination as to medical necessity.

### **How Long is a Preauthorization Valid?**

### Order numbers are valid for 90 or 365 calendar days.

The timeframe is dependent on the sleep study, titration study or equipment supplies selected within the case.

#### Valid Timeframe Example:

- Sleep study test is valid for 90 days.
- Authorization for treatment and supplies are valid for 90-days each for the first year and then 365 days starting in the second year.

#### **Rent-to-own Period:**

• Commercial rent-to-own period is 10 months.

### **Carelon closes most cases within 24 hours**



**Reconsiderations** – Carelon will accept additional clinical information not previously submitted for a denied case for a period of up to 10 days.

### **Member Information**

1. If a member cannot be found in the Carelon system, please call the member's customer service number to verify preauthorization requirements. 2. If it is confirmed that the member is in the Carelon Sleep Program, you will be directed as to how to complete your request.

### **Sleep Provider Microsite**

#### **Providers can visit the microsite for:**

- Clinical guidelines
- Worksheets
- Frequent Asked Questions
- Connect directly to Carelon MBM Provider
   Portal

\$3 carelon.		
Status: Updated Effective Date: 02/11/2023	3	
Doc ID: SDM01-0223.1 Last Review Date: 01/24/2	00	<ul> <li>Resources News blog</li> </ul>
Approval and implementation dates for specific health plans may vary. Please consult the applicable health plan for more details	SS COREION. Welcome How to participate - Getting the answers you need	<ul> <li>Resources News blog</li> </ul>
	Welcome	
Clinical Appropriateness Guidelines		
Sleep Disorder Management	Carelon Medical Benefits Management recognizes the key role that you and other providers play in the delivery of care for patients needing sleep testing and therapy services.	/ebinar
	Developed in collaboration with your patients' health plans, our Sleep Program supports providers in helping ensure patients receive sleep management services that are appropriate, safe, and affordable. The program leverages	elon provider portal experience
Appropriate Use Criteria:	clinical appropriateness review (prior authorization) for certain sleep management services to promote a high standard of care through the consistent use of evidence-based criteria.	your sleep services order request
Diagnostic and Treatment	Our process webwarte	UNING CALENDAR
Management	Carelon is here to assist in your efforts to deliver the best quality and affordable care for your patients. The clinical	
Management	information you submit is reviewed against Carelon clinical guidelines and health plan specific guidelines to ensure alignment with current best practices. Therapy providers and physicians benefit by having a central location to obtain a structurations and inclusion to an another location to the structure of th	ortal
	obtain authorizations required by your patients' health plans. This decision can be made immediately if all relevant clinical information is provided.	
Provider portal	Carelon and to: Diagnostic Sleep Study Worksheet: Adult Initial testing)	Arrante Arrante Arrante Arrante
Pro:	2 Help 2 Mon	is your access point for quests online.
	Patient NameDOBAge	uests online.
	Contact Car performed i Health PlanMember Number	
Section         Participan         Reserves           Image: Section and Section an	Requesting PhysicianSleep Study Provider	
Anticipation and Anticipation and Anticipation	Directions:	
	Collect patient information from the requesting physician. Submit online ( <u>www.ProviderPortal.com</u> ) for an instant response Diagnostic Sieep Study Type (check one): Home Sleep Study In-Lab Sleep Study (PSG)	
	Has this patient previously has a full night PSG or HST? Yes _X No	
	Primary Suspected Diagnosis	_
The provider portal is your ac	CESS pc Apneo Events The patient has observed apnea during sleep _ Yes _No _Unknown	
submitting order requests onl	ine. Clinical History	
3	(please check all that apply) Excessive daytime sleepiness (ESS) evidenced by	
LEARN MORE	Expworth Steepiness Scale (ESS)>10. or Inappropriate daytime napping (during convession, driving or eating), or Steepiness that interferes with daily advites Habulail snoring, or gasoing/bofking episodes associated with awakenings Treatment resistant hypertension Steepiness in the conversion of the cranicidacial area or upper airway	
	Obesity BMI*> 30: Calculated BMI:Patient Weight Patient HeightPatient Weight _ Neck circumfrence >17" for mailes and > 16" for females	



Look for these items at https://providers.carelonmedicalbenefitsmanagement.com/sleep/.

### **Order Request Checklist**



# All order requests will require:

- Member's first and last name and date of birth
- Ordering provider's first and last name
- Servicing provider name
- Member's history and physical notes



- Signs and symptoms
- Sleep study history
- Member's comorbid conditions
- Follow-up diagnostic study information



Carelon Sleep Solution order request worksheets are available for download at **https://providers.carelonmedicalbenefitsmanagement.com/sleep/**.



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Login to iLinkBlue (**www.bcsbla.com/ilinkblue**), under the Authorizations menu, choose "Carelon Authorizations."



# Once the portal is accessed, the login page will be displayed.

- If new user, click "Register."
- If you have previously registered for the Carelon MBM Provider Portal, future use of the application through iLinkBlue will not require a separate login process.

Lie en Lie eine	
User Login	
USERNAME	
Username	
PASSWORD	_
Password	
C Remember Me	Don't have an account?
Login	Register
Can't access your account?	
ersion 23.06.17.15	System Requirements
The Provider Portal application will be unavailab for regularly scheduled maintenance.	le Sundays between 12:30 PM CST - 6:00 PM CST
	dicare Appropriate Use Criteria Clinical Decision ks below. DO NOT call the health plans.

#### **Section 1: User details**

- Enter user details including selecting user role.
- Enter a valid email address required to complete the registration.

	Reprovider Portal.			
Regi	ster			
Contact W	eb Customer Service	1. User Details		
(800) 252-	2021	FIRST NAME	LAST NAME	USER ROLE 🚺
				Select 💌
		ORGANIZATION NAME		Select
				Ordering Provider Servicing Provider
		ADDRESS 1		Health Plan Representative
				Genetic Counselor
		ADDRESS 2 (optional)		

#### **Section 2: Login information**

- Create username
- Create password
- Answer security questions

USERNAME	
ABC12345	Username is available
PASSWORD	
•	🔀 Between 8 and 15 characters long
	At least one uppercase letter
CONFIRM PASSWORD	🔀 At least one lowercase letter
	🗙 At least one number (0-9)
	Cannot contain spaces, single quotes, or double quotes
	🕝 Cannot be the same as Username
SECURITY QUESTION	
Select	▼
ANSWER	

#### **Section 3: Application Selection**

- Enter your practice's Group identifier (e.g., TIN)
- Select the type of provider identifier you will be using to register
- Then type in the number in the following field





# Provider Portal Order Request Demonstration

Note: Carelon maintains the confidentiality of all protected health information. All data displayed is fictional and any resemblance to real persons is purely coincidental.

### **iLinkBlue**

# Access to iLinkBlue is available directly at **www.bcbsla.com/ilinkblue**.



### **iLinkBlue**

Access the Carelon MBM Provider Portal by selecting "Carelon Authorizations" under the Authorization menu.


#### **Start your Order Request**

PMPHYS RAYA S Provid Manag	er rement I User Profile I Besk	
Start Your Order Request Here	Service Date * MM/DD/YYYY	Message Center
Check Order Status	Member Details:     First Name *	Secure Message (0) Notifications The Provider Portal application will be unavailable Sund between 12:30 PM CST - 6:00 PM CST for regularly sch
View Order History	Last Name * Member ID * Date of Birth * MM/DD/YYYY	maintenance. If you have any questions regarding the new Medicare Appropriate Use Criteria Clinical Decision Support Progr see the Provider Resource links below. DO NOT call the
Check Member's Eligibility	Hide Search Tips <ul> <li>For all Radiology requests use Date of Service. For Genetic Testing use the testing date. For all other requests, use Service Date.</li> </ul>	The Provider Portal application will be unavailable on Sa November 6th 12:00 PM CST - 12:00 AM CST for specia maintenance activities.
Access Your Optinet Registration	<ul> <li>Do not include suffix/dependent code. For Federal Employee (FEP) members, please include the leading "R" in the search. If the member is not found, remove the leading "R" and search again. If there is an asterisk as part of the Member ID, do not enter it before searching.</li> <li>Member not found? Try entering only the first 2 characters of the patient's first and last name.</li> </ul>	Provider Resources Radiology Tutorial Anthem Cancer Care Quality Program Genetic Testing Tutorial BCBS of IL, MT, NM, OK and TX Clinical Guidelines and C Codes

To start an order request, enter the "**Date of Service**" field on the Provider Portal homepage.

A member search is completed by providing the following:

- Member first name
- Member last name
- Member ID
- Member date of birth

#### Select "Find this member."

You may also:

- Check Order Status
- View Order History
- Check Member's Eligibility
- Provider Management
- Manage Your User Profile
- Reference Desk

#### **Order Type Selection**

Order Request			Logout
Back to Homepage			Print Preview
Member Details			
PO BOX 889 [NULL] SITKA, AK 99835-7445 Service Date: 225/2022	Date of Birth: 01/01/1959 Age: 63 Female	Member ID: 376699999	Edt Service Date
Eligibility Defails			P Edit Service Date
Effective: 05/06/2016-12/31/9999	Product Code: C001   Employer Group ID: 1000033	100	
The following solutions for the service date entered require a Pre-Au To initiate a request, please select the solution and then click the Start Order Request	thorization: to rart your request.		
View Code List Anglography, Bone Density CT, CTA, MRA, MRI, Nuclear Medicine, PET	Sleep Management Diagnostic Sleep Study (home/lab), Tilration Study, APAP/BPAP/CPAP, Cral Appliance, MSLT, MWT	Musculoskeletal Tew Code Lat Joint Surgery, Spine Surgery & Interventional Pain Management	View Code List 20/3D, Brachytherapy, IGRT, IMRT, IORT, Proton, Stereotactic (SRS/SBRT), SIRT
Genetic Testing Laboratory testing for the inheritance or management of genetic conditions			
Urgent requests are not expected given the scope of Carelon . If you have	any questions about a possible urgent request, please contact 866-666-0776.		Start Order Request

Only solutions that are currently managed by Carelon for the member will appear on the order type selection screen.

Select "Sleep Management" and then click "Start Order Request."

#### **Member Order Request History**

	190DOE, JANE 🖍 Edit					I	Hide Details	
		Member #: Date of Birth: Ordering Prov	376699999 1/1/1959 ider:	Date of Service: Health Plan:	2/22/2022			
Member History	Please verify t	the list of Order Requests I	below to ensure you are not ente	ering a duplicate request.				
Order ID	Order Status	Start Date 🔹 🕸	Order Type	Orderin	g Provider	Outcome	Reason	Summary
10212691	Authorized	2/25/2022	Home Sleep Test (HST) Type II	I HILLMA	N, LYNDA	Authorized	Criteria Met	View

The Member History screen will allow the user to view historical order requests for the given member.

#### **Ordering Provider Selection**

	Grder Req	uest							Logout	
									Step: 12345	
		<b>190DOE, JANE</b> < Edit Member #: Date of Birth: Ordering Provider:	376699999 1/1/1959	Date of Service: Health Plan:	2/25/2022	Hide Details Show Details				
		Respironics issued a volunt and initiate a claim if their u		ic brands of their CPAP/AF	PAP, BiPAP machines. Philips	has established a registration	process that all	ows Patients, Users, or (	Caregivers to look up their	
		mation and register your de ne Ordering Provider from th			hilips.com/healthcare/e/sleep. er Search.	communications/src-update				
Ordering Provider Search		Rece	nt	Favorites	Search Results	Expanded Search				View: Local 🗸
Search Type:		Orderin	g Providers							
Name		Favorite	Name		Address		City	Specialty	Health	Plan
O TIN or NPI		☆	<u>Doe, Ja</u>	ane	1234 S	outh Rd	City	Nurse		
<ul> <li>Address</li> </ul>		*	Doe, Jo	oseph	5555 N	1ain St	City	Nurse		
		165 65 🗎	55 FSI						D	SPLAYING 1-2 OF 2 RESULTS
First Name:		_								Delete this request
Last Name:										
Last Walle.										
State		_								
Alaska		~								
Search	Clear									

Select the ordering provider by clicking on the provider's name.

- Ordering providers that are associated with group identifier (e.g., TIN, NPI, etc.) in the user's registration will be available for selection.
- For practices with multiple providers, establishing "Favorites" will allow for increased intake efficiency.

## **Ordering Provider Fax Number**

order Rec	quest							Logout	
							Step: (1)(2)		
	100000 1000 1000				Show Dataila				
	190DOE, JANE ✓ Edit       Show Details         Member #:       376699999       Date of Service:       2/25/2022         Date of Birth:       1/1/1959       Health Plan:       2/25/2022         Ordering Provider:       2/25/2022       2/25/2022       2/25/2022         21, Philips Respironics issued a voluntary recall on specific brands of their CPAP/APAP, BiPAP machines. Philips has established a registration process that allows Patients, Users, or Caregivers recall information and register your device use the following link: <a href="https://www.usa.philips.com/healthcare/e/sleep/communications/src-update">https://www.usa.philips.com/healthcare/e/sleep/communications/src-update</a> se select the Ordering Provider from the list below or by using the Ordering Provider Search       Ordering Provider from the list below or by using the Ordering Provider Search         Please enter or confirm the physician's fax number       Please enter or confirm the physician's fax number         Please enter or confirm the physician's fax number       City       Specialty         Yordering Providers       FAX Number       Start Le       Family Practice         Yordering Provider       Number       Start Le       Family Practice								
			prands of their CPAP/APAP, BiP	AP machines. Philips has establis	hed a registration pro	cess that allo	ws Patients, Users, or Caregivers to lool	cup their	
					ions/src-update				
p 2: Please select t	he Ordering Provider from t	he list below or by using	Ordering Provider Search Ordering Provider Fax numb	er					
	Rec	ent	Please enter or confirm	n the physician's fax numbe	r below				View: Local 🗸
	Orderin	ng Providers	FAX Number						
	Favorite	Name	(206) 598-2813		c	City	Specialty	Health Plan	
	☆	<u>HILLMAN, L</u>	Why do you need this?		s	eattle	Family Practice		
	*	WYCKOFF,	Save   Fax Una	available	S	EATTLE	Nurse/ Nurse Practitioner		
	101 40.1	5> 501						DISPLA	YING 1-2 OF 2 RESULTS
									Delete this request
	~								
Clear									

Enter the fax number to be used when communicating with the ordering provider the outcome of an adverse determination (denial) case.

#### OR

If a fax number was previously entered for the provider, confirm the number is correct.

Press the "Save" button.

## **Clinical Service Selection**



O Enter HCPCS/CP	T Code
Sleep Order Type	Repeat Study
Diagnostic Sleep Study	Has this member previously had a full night PSG or HST?
Sleep Sub Order Type In-Lab (PSG) / Split Nigh	

Select the **Order** from the dropdown list below or enter the HCPCS/CPT<sup>®</sup> code.

You may be prompted with additional questions based on the Sleep Order Type and Sleep Sub Order Type selected.

Once selected, you will proceed to the next question.

#### **Clinical Diagnosis Selection**

	Step 3: Clinical Review - Please enter the Clinical Details.		
Patie	nt Primary Diagnosis		
			🕒 Printable Version
Pleas	e select the member's Primary Suspected Diagnosis	Clinical Information Order Type:	Diagnostic Sleep Study
0	Obstructive Sleep Apnea		
0	Central Sleep Apnea	Order Sub Type:	In-Lab (PSG) / Split Night 95810
0	Narcolepsy		
0	Periodic limb movement disorder		
0	Other (Enter ICD10 Code)		
Contin	Restart		Delete this request

Identify the patient's primary suspected diagnosis.

Select the "**Continue**" button in the lower left corner to proceed.

#### **Additional Clinical Detail Entry**

	Step 3: Clinical Review - Please enter the Clinical Details.							
Clinical Review Details: below. Please modify the	nformation that AIM has on file for this member is presented information to reflect the member's current clinical status.		🕒 Printable Version					
Please document the n	Please document the member's Apnea Events Clinical Information Order Type: Diagnostic Sleep Study							
The patient has observ	ed apnea during sleep	Orden Sub Turner						
۲	Yes	Order Sub Type:	In-Lab (PSG) / Split Night 95810					
0	No	Primary Diagnosis:	Obstructive Sleep Apnea					
0	Unknown							
Continue Restart			Delete this request					

Answer the question regarding the member's **condition/events**.

Select "**Continue**" to go on to the next question.

## **Additional Clinical Detail Entry**

	Step 3: Clinical Review - Please enter the Clinical Details.	
Clinical R below. Pl	eview Details: Information that AIM has on file for this member is presented ease modify the information to reflect the member's current clinical status.	區 Printable Version
Pleas	e document all known Comorbid Conditions	Clinical Information Order Type: Diagnostic Sleep Study
	Stroke (CVA) within the last 30 days	Order Sub Type: In-Lab (PSG) / Split Night 95810
	Transient Ischemic Attack (TIA)	Primary Diagnosis: Obstructive Sleep Apnea
		Clinical Details
	Coronary Artery Disease (CAD)	Apnea Events The patient has observed apnea during sleep
		Yes
	Sustained supraventricular tachycardic arrhythmias	Signs and Symptoms Excessive daytime sleepiness evidenced by:
	Sustained supraventricular bradycardic arrhythmias	Epworth Sleepiness Scale (ESS) > 10 or,
		Inappropriate daytime napping (during conversation, driving or
		eating) or,
		Sleepiness that interferes with daily activity
Continue	Restart	Delete this request

When the clinical information entered does not meet clinical guidelines for the exam requested, you will receive the **Feedback** screen.

#### **Additional Clinical Detail Entry**

	Step 3: Clinical Review - Please enter the Clinical Details.	
Clinical R	eview Details: Information that AIM has on file for this member is presented ase modify the information to reflect the member's current clinical status.	
Delow. The	ase mouny die information to reliect die member 3 current dimital status.	Department of the second secon
Pleas	e document all known Contraindications for Home Sleep Testing	Clinical Information Order Type: Diagnostic Sleep Study
	The patient is 18 years old or younger	Order Sub Type: In-Lab (PSG) / Split Night 95810
	Moderate or severe chronic obstructive pulmonary disease - Forced expiratory volume	Primary Diagnosis: Obstructive Sleep Apnea
	in 1 second/ Forced vital capacity (FEV1/FVC) less than or equal to 0.7 and FEV1 less than 80% of predicted	Clinical Details
	and ov /o of predicted	Apnea Events The patient has observed apnea during sleep
	Moderate or severe congestive heart failure - New York Heart Association (NYHA) class III or IV	Yes
		Signs and Symptoms Excessive daytime sleepiness evidenced by:
	Congestive heart failure with a history of ventricular fibrillation or sustained ventricular tachycardia in a patient who does not have an implanted defibrillator	Epworth Sleepiness Scale (ESS) > 10 or,
		Inappropriate daytime napping (during conversation, driving or
	Cognitive impairment (inability to follow simple instructions) resulting in inability to apply the home sleep testing equipment when another individual is not available to assist with	eating) or,
	this task	Sleepiness that interferes with daily activity
	Physical impairment resulting in inability to apply the home sleep testing equipment when another individual is not available to assist with this task	Comorbid Conditions Coronary Artery Disease (CAD)
	Oxygen dependent for any reason	
	Stroke (CVA) within the last 30 days	
	Chronic narcotic use	
	Body Mass Index (BMI) is > 33	
	The elevated serum bicarbonate level >28 mmol/L	
	Established diagnosis of obesity hypoventilation syndrome	
Continue	Restart	Delete this request

Based on the member's current clinical status, select all known contraindications for Home Sleep Testing.

#### **Review Results Feedback Based on Clinical Entry**

Results			
	ew criteria for an In-Lab Sleep Study (PSG) based on es). Further clinical review is required	the answers in the Contraindications for	
You have the following options:			
Switch to HST - Type III	Switch to Devices using Peripheral Arterial Tone (PAT)	Add More Information	Edit Clinical
Case Will Close	Case Will Close	1 Requires Further Review	Review and Edit the Clinical
Your request will be complete.	Your request will be complete.	If you have entered "other", "unknown", or "none of these apply" to any of the clinical questions, provide the additional clinical details supporting this request below or you can call us within 24 hours at (866) 666-0776. Our staff will review the information and complete your request. Enter up to 300 characters of additional information here	Review the information you have entered after you have gathered additional information.
Select	Select	Select	Select
			Delete this request

Depending on if the order request meets criteria or not, the clinical feedback screen will provide various options to select from including:

- Switch to a more appropriate test/study
- Supply additional information
- Edit the clinical information previously entered
- Close the case and an order number will be issued

### **Servicing Provider Selection**

Provider Search Results : Hor	ne Sleep Study Providers								
Provider		Туре	Address		City	State	Phone	Distance	Action
XYZ Sleep Center			1234 South	Rd	City	LA	555-555-5555	2.5	View Details
ZZZ Sleep Center of	America		1234 South	Rd	City	LA	555-555-5555	2.5	View Details
ABC Sleep Center			1234 South	Rd	City	LA	555-555-5555	2.5	View Details
Sleep Center Inc.			1234 South	Rd	City	LA	555-555-5555	2.5	View Details
A Sleep Center			1234 South	Rd	City	LA	555-555-5555	2.5	View Details
Advanced Sleep Cer	iter		1234 South	Rd	City	LA	555-555-5555	2.5	View Details
ZZZ Sleep Center Best Sleep Center Easy Sleep Center	Provider Search	Step 5: Please	Choose a Provider.	In Netwo	ork	Expanded Sear	ch		
ZZZ Sleep Center	Provider Name: NOVASOM City:			Provider Searce Provider	h Results	Туре	Address		City
ki ki 1 2 3 4 5 👪			_	XYZ Sleep	<u>Center</u>		1234 South Ro	k	City
	State			XYZ Sleep	<u>Center</u>		1234 South Ro	k	City
	Maryland Zip Code:		~	XYZ Sleep	Center		1234 South R	d	City
				XYZ Sleep	<u>Center</u>		1234 South Ro	ł	City
	<b>CR</b>	_		XYZ Sleep	<u>Center</u>		1234 South Ro	ł	City
	HN / NPI:			XYZ Sleep	<u>Center</u>		1234 South Ro	k	City
	Service Performed			XYZ Sleep	<u>Center</u>		1234 South Ro	k	City
	Home		~	XYZ Sleep	Center		1234 South R	d	City
	Search		Clear	XYZ Sleep	Center		1234 South R	d	City

Select the servicing provider where the test/study will be performed.

Choose a provider in the list or use "Find a Provider" button to search for additional providers.

#### **Order Request Summary**

				<b>Provider</b> Port
Order Request Summary	y	Order ID: <b>1102</b>	12691	Authorized
Health Plan:	Start Date: 02/25/2022	Approval Valid Thro	ugh:02/17/2022 - 04/17/2022	
This order is not a guarantee of payment except when require time of services provided.	ed by applicable law. When applicable law	w allows, payment is subject to the me	ember's active enrollment, benefit limitation and other	terms of the member's contract at th
time of services provided.	ed by applicable law. When applicable law		ember's active enrollment, benefit limitation and other Servicing Provider: H	
Member Information: Doe, Jane	Ordering Prov Smith, Richar	vider: rd	Servicing Provider: H ABC Sleep Inc.	
Member Information: Doe, Jane Member # 123456789	Ordering Prov Smith, Richar 1234 Main St	vider: rd	Servicing Provider: H ABC Sleep Inc. 100 Hwy 1	
time of services provided. Member Information: Doe, Jane Member # 123456789 PO Box 1234	Ordering Prov Smith, Richar	vider: rd t 7777	Servicing Provider: H ABC Sleep Inc. 100 Hwy 1 City, State 77777	łome
time of services provided. Member Information: Doe, Jane Member # 123456789 PO Box 1234 City, State 77777	Ordering Prov Smith, Richar 1234 Main St City, State 77	vider: rd t 7777 555-5555	Servicing Provider: H ABC Sleep Inc. 100 Hwy 1	łome
	Ordering Prov Smith, Richar 1234 Main St City, State 77 Phone: 555-5	vider: rd t 7777 555-5555 5-5555 7890	Servicing Provider: H ABC Sleep Inc. 100 Hwy 1 City, State 77777 Phone: 555-555-5555	łome

The order has now been submitted.

Requests that meet clinical criteria will be receive an immediate response with an **order ID** and **Authorization Valid Through** timeframe within the green box.

If the request does not meet criteria, your request will be sent for clinical review. Contact Carelon to discuss your request at any time.

You can "**Print**" or "**Save to a PDF**" to include this information in the patient's chart.

The information on the patient's diagnosis/symptoms/conditions provided below was obtained from the Ordering Provider and has not been independently verified by Carelon assumes no responsibility for the accuracy of this information or for its consistency with the patient's medical record.

Please call 866-666-0776 for all urgent requests.

## **Order Request Summary**

REQUESTED IT	EM(S)				
EXAM ID	ORDER TYPE	SUB-ORDER TYPE	REQUEST STATUS	REASON	ACTION
<u>G0399</u>	Diagnostic Sleep Study	Home Sleep Test (HST) Type III	Authorized	Criteria Met	Hide Details
<b>Clinical Informat</b>	tion				
Order Type:	Diagnostic Sleep Study				
Order Sub Type:	Home Sleep Test (HST) Type III G0399				
Primary Diagnos	is: Obstructive sleep apnea(adlt)(pe	d) G47.33			
Clinical Details	5				
Apnea Events					
The patient has	observed apnea during sleep				
Yes					
Signs and Sym	ptoms				
Excessive daytir	me sleepiness evidenced by:				
	epiness Scale (ESS) > 10 or,				
	te daytime napping (during conversat	ion, driving or eating) or,			
<ul> <li>Sleepiness t</li> </ul>	hat interferes with daily activity				
Comorbid Con	ditions				
Coronary Artery	y Disease (CAD)				
Contraindication	ons to Home Sleep Testing				
Change to Home Sle	eep Test (HST) Type III accepted.				

Within the Requested Item(s) section, you can toggle between "**Hide Details**" and "**View Details**" to display the clinical information entered within the order request.

### **Order Request Summary**

REQUESTED I	TEM(S)				
EXAM ID	ORDER TYPE	SUB-ORDER TYPE	REQUEST STATUS	REASON	ACTION
<u>G0399</u>	Diagnostic Sleep Study	Home Sleep Test (HST) Type III	Authorized	Criteria Met	View Details

When clicking on the Exam ID, the HCPCS and CPT codes, included within the group, will display for the order request.

HCPCS Grou	p Details
HCPCS 🛱 Code	HCPCS Description
95806	Sleep study, unattended, simultaneous recording of heart rate, oxygen saturation, respiratory airflow, and respiratory effort (e.g., thoracoabdominal movement)
G0399	Home sleep test (HST) with type III portable monitor, unattended; minimum of 4 channels: 2 respiratory movement/airflow, 1 ECG/heart rate and 1 oxygen saturation
KK 40 🗋 🙌	DISPLAYING 1-2 OF 2 RESULTS

# Additional Provider Portal Features

Note: Carelon maintains the confidentiality of all protected health information. All data displayed is fictional and any resemblance to real persons is purely coincidental.

#### **Check Order Status**



#### **Searching for Orders:**

Select the member's health plan (if not pre-populated or if different than the default).

Select the "**Order Type**" (e.g., Sleep Medicine).

Search for the record by either **Order ID** or **Member Information.** 

- Order ID + date of birth
- Order ID + member name
- Member ID + date of birth
- Member ID + date of birth

Select "**Find This Order**" to continue.

## **Viewing Order Requests**

Order Inquiry				Logout
Order Inquiry Health Plan:	Go to Homepage			Save as PDF P
				<b>Provider</b> Porta
Search By:				
Order ID 🗸	Order Request Summar	У	Order ID: 110212691	Authorized
SELECT SEARCH TYPE Order ID + DOB	Health Plan:	Start Date: 02/25/2022	Approval Valid Through: 02/17/2022 - 04/17/2022	
Order ID + Name ORDER ID 110212691	This order is not a guarantee of payment except when requir time of services provided.	red by applicable law. When applicable law	allows, payment is subject to the member's active enrollment, benefit limitation and o	ther terms of the member's contract at the
DATE OF BIRTH MM/DD/YYYY	Member Information: Doe, Jane Member # 123456789 PO Box 1234	Ordering Prov ABC Sleep Inc. 100 Hwy 1 City, State 77777	Smith, Richard 1234 Main St	: Home
Find Clear	City, State 77777 Date of Birth: 1/1/1959 Phone: 555-555-5555	Phone: 555-555- Fax: 111-111-11 NPI: 0123456789 TIN: 123456789	11 Fax: 555-555-5555	5
	The information on the patient's diagnosis/symp no responsibility for the accuracy of this informal Please call 866-666-0776 for all urgent requests	tion or for its consistency with the	as obtained from the Ordering Provider and has not been independer patient's medical record.	ntly verified by Carelon assumes

#### **Order Information**

Order Information displayed included on the order/prior authorization:

- Order ID
- Request Status
- Valid Dates
- Requested procedures shows a request status and reason for the requested item outcome

## **Viewing Order History**



View Order History screen provides access to orders that have been entered in the past 90 days.

Select the desired timeframe from the "Within the last" X days.

Select from "**With the Status**," the type of orders you wish to view (e.g., in progress or incomplete orders).

Press the "**Go**" button.

#### **Provider Management**

Order Request	er ernent Vour Vour Reference Desk	
Start Your Order Request Here	Service Date * MM/DD/YYYY	Message Center
Check Order Status	Member Details:     First Name *	Secure Message (0) 
View Order History	Last Name * Member ID * Date of Birth * MM/DD/YYYY	maintenance. If you have any questions regarding the new Medicare Appropriate Use Criteria Clinical Decision Support Program, see the Provider Resource links helow DO NOT call the bes
Check Member's Eligibility	Hide Search Tips  For all Radiology requests use Date of Service. For Genetic Testing use the testing date. For all other requests, use Service Date.	plans. The Provider Portal application will be unavailable on Saturd November 6th 12:00 PM CST - 12:00 AM CST for special maintenance activities.
Access Your Optimet Registration	<ul> <li>Do not include suffix/dependent code. For Federal Employee (FEP) members, please include the leading "R" in the search. If the member is not found, remove the leading "R" and search again. If there is an asterisk as part of the Member ID, do not enter it before searching.</li> <li>Member not found? Try entering only the first 2 characters of the patient's first and last name.</li> </ul>	Provider Resources Radiology Tutorial Anthem Cancer Care Quality Program Genetic Testing Tutorial BCBS of IL, MT, NM, OK and TX Clinical Guidelines and CPT Codes

To create a more customized and easier experience, the Carelon MBM Provider Portal has integrated a service called "**Provider Management**."

This will allow you to add your provider groups as favorites and make the provider selection process much easier.

From the "Main Home page," select "Provider Management."

## **Provider Management**

Revealed Portal.			Home   Log Out
Provider Management			
ne following provider identifiers/health plans have b e the "Add Provider Identifier" button.	peen associated with your account	. To add additional provider identifiers/health p	an Add Provider Identifier
Iter Providers 🕨		RESU	LTS PER PAGE 10
Providers Attached to Account			Total Records: 60
PROVIDER IDENTIFIER 👻	TYPE 👻	HEALTH PLAN 👻	ACTION
0K0211740	CLID	Health Plan One	Delete
0K0271710	CLID	Health Plan One	Delete
00000001	TIN	Health Plan Two	Delete
007645870	TIN	Health Plan Three	Delete
020223332	TIN	Health Plan Three	Delete
0K02117401	CLID	Health Plan One	Delete
0K02717101	CLID	Health Plan One	Delete
0K14770401	CLID	Health Plan One	Delete
1063499291	TIN	Health Plan Three	Delete
123456789	TIN	Health Plan Two	Delete

44 4

Within Provider Management screen you can associate providers to your account.

To add providers, select "Add Provider Identifier."

#### Adding a Health Plan to an Existing User Account

	<b>Provider</b> Portal	Home   Log Out
Provi	der Management	
	an Utilization Review Program	
	ter at least one valid Provider Identifier to associate your account with the available Health Plans. You may enter multiple Provider Identifier please contact Web Customer Service at 1-800-252-2021.	rs. If your Health Plan is not
PROVID	Der identifier 🚯	
Tax ID (T	TIN) T123456789	
Amer	nem BCBS KY rigroup - Tennessee rigroup - Texas	
Amer	rigroup - Tennessee rigroup - Texas em BCBS WI	
Amer Amer Anthe Simp	rigroup - Tennessee rigroup - Texas em BCBS WI Jy Healthcare Plans	
Amer Amer Anthe Simp	rigroup - Tennessee rigroup - Texas em BCBS WI	
Amer Amer Antho Simp	rigroup - Tennessee rigroup - Texas em BCBS WI Jy Healthcare Plans	
Amer Amer Anthe Simp Amer	rigroup - Tennessee rigroup - Texas em BCBS WI bly Healthcare Plans rigroup Louisiana	

To add providers to your account, select the appropriate provider identifier from the drop-down list and enter the identifier value into the text box (e.g., input the Tax ID value if you selected Tax ID as the provider identifier).

Select which health plans this provider recorded is associated to and click "**Save**."

## **Provider Portal Help Center**



The Help Center contains helpful information such as:

- Tutorials
- Clinical Guidelines

## **Viewing CPT Codes Included in the Program**



- 1. Select "**Reference Desk**" from the home page.
- 2. Select "Sleep Management HCPCS Codes."
- Within the view CPT Codes, select the "Health Plan" name, and "year."
- 4. Click "Find."
- 5. Use the arrows to view the multiple pages of included HCPCS codes.
- 6. Select "**Print Preview**" to view and print the HCPCS code list.



Records Per Page 10 💙	HCPCS Details				
	Category	Description	Code		
	APAP (Automatic Positive Airway Pressure)	Tubing with heating element	4604		
	APAP (Automatic Positive Airway Pressure)	Combination Oral/Nasal Mask used with positive airway pressure device, each	7027		
	APAP (Automatic Positive Airway Pressure)	Oral Cushion, Replacement for Combination Oral/Nasal Mask, each	7028		
	APAP (Automatic Positive Airway Pressure)	Nasal Pillows, Replacement for Combination Oral/Nasal Mask, pair	7029		
	APAP (Automatic Positive Airway Pressure)	Full Face Mask used with positive airway pressure device, each	7030		
	APAP (Automatic Positive Airway Pressure)	Face Mask Cushion, Replacement for Full Face Mask	7031		
	APAP (Automatic Positive Airway Pressure)	Replacement Cushion for Nasal Application Device	7032		
	APAP (Automatic Positive Airway Pressure)	Replacement Pillows for Nasal Application Device, pair	7033		
	APAP (Automatic Positive Airway Pressure)	Nasal Interface (mask or cannula type), used with positive airway pressure device, with/without head strap	7034		
	APAP (Automatic Positive Airway Pressure)	Headgear	7035		
Total Number of Records Found: 25		> >>	✓ of 28		

#### Manage you User Profile

Order Request		Medicare AUC
	ovider Manage Your Help Center	
Start Your Order Request Here	Service Date * MM/DD/YYYY	Message Center
		Secure Message (0)
Check Order Status	Member Details:     First Name *	Notifications The Provider Portal
View Order History	Last Name *	application will be unavailable Sundays between 12:30 PM CST - 6:00 PM CST for regularly
	Member ID *	scheduled maintenance. If you have any questions
Check Member's Eligibility	Date of Birth * MM/DD/YYYY	regarding the new Medicare Appropriate Use
	Hide Search Tips 🔨	Criteria Clinical Decision Support Program, see the
Access Your Optinet Registration	<ul> <li>For all Radiology requests use Date of Service. For Genetic Testing use the testing date. For all other requests, use Service Date.</li> </ul>	Provider Resource links below. DO NOT call the health plans.
	In the member's id number entry, do not include the dependent code.	
	<ul> <li>For Federal Employee (FEP) members, please include the leading "R" in the search. If there is an asterisk as part of the Member ID, do not enter it before searching.</li> </ul>	Provider Resources
	Member not found? Try entering only one character of the patient's     first same and two observations of the last same. If you are still having	
	first name and two characters of the last name. If you are still having issues, try removing the prefix from the member's id number (first three characters of the member's ID number) and search again.	Radiology Tutorial Genetic Testing Tutorial

Within **Manage Your User Profile**, you have access to:

- 1. Provider management
- 2. Update your user information such as address, phone, fax and email information
- 3. Security account questions and answers
- 4. Notification preferences
- 5. Change your password



Carelon conducts a provider satisfaction survey annually in December.

## **Please be sure to participate!**





Sleep Management Program provider website: https://providers.carelonmedicalbenefitsmanagement.com/sleep/

#### **Contact us**



 Customer Care Center
 1-800-922-8866

 FEP Dedicated Unit
 1-800-272-3029

 OGB Dedicated Unit
 1-800-392-4089

 Blue Advantage
 1-866-508-7145

For questions that can **NOT** be answered using iLinkBlue.

#### **Other Provider Phone Lines**

**BlueCard Eligibility Line**<sup>®</sup> – **1-800-676-BLUE (1-800-676-2583)** for out-of-state member eligibility and benefits information.

#### Fraud & Abuse Hotline – 1-800-392-9249

Call 24/7 and you can remain anonymous as all reports are confidential.

Health Services Division - 1-800-716-2299

- **option 1** for questions regarding provider contracts
- option 2 for questions regarding credentialing and provider record information
- option 3 for questions regarding iLinkBlue and clearinghouse information
- **option 4** for questions regarding provider relations
- **option 5** for questions regarding security access to online services

Request provider training by emailing provider.relations@bcbsla.com.