# **Sleep Management Program Webinar**

For the listening benefit of webinar attendees, we have muted all lines and will be starting our presentation shortly.

- This helps prevent background noise (e.g., unmuted phones or phones put on hold) during the webinar.
- This also means we are unable to hear you during the webinar.
- Please submit your questions directly through the webinar platform only.

#### How to submit questions:

- Open the Q&A feature at the bottom of your screen, type your question related to today's training webinar and hit "enter."
- Once your question is answered, it will appear in the "Answered" tab.
- All questions will be answered by the end of the webinar.



# Sleep Management Program



December 2023

Blue Cross and Blue Shield of Louisiana is an independent licensee of the Blue Cross Blue Shield Association.

Carelon Medical Benefits Management (Carelon) is an independent company that serves as an authorization manager for Blue Cross and Blue Shield of Louisiana and HMO Louisiana, Inc.

#### Welcome!

Today's presentation will give an overview of the Sleep Management Program.

Topics will include:

- ✓ Included Services
- ✓ Services Requiring a Prior Authorization
- ✓ Key Dates for Requesting Prior Authorizations
- ✓ Accessing iLinkBlue
- ✓ Member Identification
- ✓ Carelon MBM (Medical Benefits Management) Provider Portal Demonstration



## **Sleep Management Program**





**Effective January 1, 2024**, Carelon will manage sleep reviews for Blue Cross and Blue Shield of Louisiana membership. Our objective today is to help you understand the review process and program overview.

We are committed to a comprehensive solution for sleep disorder management designed to:

- Improve the clinical appropriateness of sleep therapy testing and services.
- Help members find the highest value place of service for testing.
- Monitor and manage patient compliance of sleep therapy.

#### **Services Included in the Sleep Management Program Beginning Dates of Service January 1, 2024**

#### **Sleep Therapy Testing and Treatment Services Include:**

#### **Sleep Apnea Diagnostics and Titration**

- Home sleep test (HST)
- Polysomnograms (PSG)
- Multiple sleep latency testing (MSLT)
- Maintenance of wakefulness testing (MWT)
- Positive airway pressure titration studies

#### **Sleep Apnea Treatment**

- Automatic positive airway pressure (APAP) therapy
- Continuous positive airway pressure (CPAP) therapy
- Bilevel/Variable positive airway pressure (BPAP) therapy
- Oral appliance therapy
- Hypoglossal nerve stimulation therapy
- All supplies related to these devices

Services performed in conjunction with emergency room services, inpatient hospitalization or urgent-care facilities are excluded. Both ordering physicians (those referring the member for sleep testing) and servicing providers (those free-standing or hospital labs that perform sleep testing) may submit requests.

## **Setting Requiring Prior Authorization**





#### **Included setting:**

Outpatient services (e.g., office, home, outpatient hospital, freestanding sleep facility)



#### **Excluded setting:**

- Hospital inpatient
- Studies performed as part of ER/observation visit
- Urgent care facility

## **Key Dates for Requesting Prior Authorizations**





Please always verify that a prior authorization has been obtained before scheduling or performing sleep management services.

## **Accessing iLinkBlue**

Blue Cross requires that provider organizations have at least one administrative representative to manage our secure online services.



Administrative representative duties include:

- Identify users at your organization who will need access to our secure online services.
- Assign individual user access to the appropriate applications.
- Manage users and terminate user access when it is no longer needed.

Detailed instructions and the Administrative Representative Registration Packet can be found on our Provider Page at **www.bcbsla.com/providers** > Electronic Services > Admin Reps.

## **Need to Access iLinkBlue?**

If your organization has an administrative representative:

- Reach out to your organization's administrative representative to request access.
- The administrative representative will use the Delegated Access application in iLinkBlue to set up your appropriate level of security access.
- Deeper level access to secure authorization applications.

If your organization **does not** have an administrative representative:

- Self designate at least one administrative representative at your organization.
- Complete the Administrative Representative Registration Packet. It is available online at www.bcbsla.com/providers > Electronic Services > Admin Reps.
- Contact our Provider Identity Management (PIM) Team at **PIMteam@bcbsla.com** or 1-800-716-2299, option 5 with questions.

## **Accessing iLinkBlue**



#### Logging in for the first time:

- Password must be reset.
- Click on the "Forgot/Reset Password" button.
- Follow the prompts, enter your username and click the "Request Password" button.
- The system will send you an email to reset your password. Click on the link in the email. Follow the prompts.

## How to Request Prior Authorization from Carelon



Beginning **December 18, 2023**, providers may submit requests for dates of services on or after January 1, 2024, for review or verify order numbers using one of the following methods:

#### **Carelon MBM Provider Portal**

- Use iLinkBlue (www.bcbsla.com/ilinkblue) to access the Carelon MBM Provider Portal.
- Choose the "Authorizations" iLinkBlue menu option, then click on "Carelon Authorizations" application.
- The portal is available 24 hours a day, 7 days a week.
- If you do not have access to this application, please consult with your organization's administrative representative.

#### **Carelon Contact Center**

- Dedicated toll-free number: 1-866-455-8416
- Contact center hours: Monday-Friday 8a.m.- 5p.m. CT
- Voicemail messages received after business hours will be responded to the next business day.

\*Carelon call center is closed on the following holidays: Thanksgiving Day, the day after Thanksgiving, Christmas Day, New Year's Day, Memorial Day, Independence Day and Labor Day.

## **Member Identification**



#### **Included lines of business:**

#### \*Fully-Insured members

(Fully-insured members can be identified by the words "Fully Insured" on the top right corner of Blue Cross and Blue Shield of Louisiana member ID cards.)

#### **Small Business Funded (SBF) members**

(SBF members have "SBF" in the group number in the Group/Subgroup section of their ID card)

#### **Excluded lines of business:**

- Self-Funded groups
- Medicare Advantage
- Office of Group Benefits (OGB)
- Federal Employee Program (FEP)

Member Name		Crp/Subgroup	AAA00000/PPO	
BLUE SUBSC	CRIBER	RxMbr ID:	20000000	
Member ID		RxBIN:	000000 PCN-A	
XUP000000	000	RxGrp:	BSL	
MEDICAL	DEDUCTIBLE Individual	OUT OF POCKET		
In Network	\$5500	\$5500		
Out of Network	\$5500	\$5500		

#### Information validated during intake

#### **Member information**

- Member demographics and plan membership number
- Member health plan coverage
- Member participation in the Carelon program

Note: missing members can be manually added via Carelon contact center.

\*BLUE Value and BLUE Select member plans are not included as they do not have sleep study benefits. The provider will be directed to iLinkBlue to verify member benefits.

# **B** Carelon

## Carelon Medical Benefits Management

Note: Carelon maintains the confidentiality of all protected health information. All data displayed is fictional and any resemblance to real persons is purely coincidental.

### **Features of the Carelon Sleep Management Program**

#### **Appropriate Testing Site**

Directs patients to appropriate testing level or site.

#### Monitor and Manage Patient Treatment Compliance



## **Treatment Options**

Sleep study results are submitted to Carelon to confirm clinical appropriateness of treatment.

IS TREATMENT NECESSARY?

IF YES

#### IS APAP APPROPRIATE?

- Ordering provider will review test results to determine treatment eligibility.
  - Carelon clinical guidelines will confirm treatment and leverage information from pre-exam questions in member file.
- Test results must be submitted to Carelon.
- Treatment, if necessary, will be authorized for 90 days.

- If treatment is appropriate, Carelon recommends APAP when appropriate and supported by Carelon guidelines.
- APAP (when appropriate) eliminates the need for a titration study.
- There are certain scenarios where APAP is not appropriate due to patient comorbidities.

#### **Treatment Compliance Concerns**

#### Compliance concerns



**Over 50%** of patients stop using PAP treatments within the first year.



Poor compliance exposes patients to health risk that contribute to **higher cost of care** from chronic conditions.

### **Increasing Treatment Plan Compliance Leads to Better Outcomes**

#### Compliance monitoring





Smart track modems and wireless compliance monitoring systems track PAP usage.

Providers must enter tracking data to prove patient compliance prior to the authorization of treatment continuation of supplies. If a patient is compliant with treatment, supplies will automatically be authorized by Carelon.



#### We Leverage Technology to Access Member Compliance Data



#### **Sleep PAP Review Process – Rent-to-own (RTO)**

Three order paths in Carelon process triggered by user selection of request and dates:

- 1. Initial request with no prior treatment If approved, order request includes three months of equipment and supplies.
- 2. Ongoing treatment (one or more previous authorizations by Carelon or other UM) within the rent-to-own "RTO" period of 10 months If approved, order request incudes three months of equipment and supplies.
- 3. Ongoing treatment (one or more previous authorizations by Carelon or other UM) past the rent to own period of 10 months If approved, order request includes supplies <u>only</u>.

Carelon process for ongoing treatment uses questions to determine path and extract:





\*Home sleep testing providers, facility-based sleep testing providers and DME providers are allowed to initiate orders on behalf of the ordering physician.

## **Clinical Review Workflow**



#### **Post-claim Clinical Appropriateness (PCCA)**

Provider submits a claim to the health plan. Health plan is unable to locate matching order/ preauthorization record.



Health plan denies the claim and sends a letter to the provider notifying them to enter an order on Carelon MBM Provider Portal. Carelon will review the order request within 730 calendar days of treatment start date and make a final determination as to medical necessity.

## **How Long is a Preauthorization Valid?**

## Order numbers are valid for 90 or 365 calendar days.

The timeframe is dependent on the sleep study, titration study or equipment supplies selected within the case.

#### Valid Timeframe Example:

- Sleep study test is valid for 90 days.
- Authorization for treatment and supplies are valid for 90-days each for the first year and then 365 days starting in the second year.

#### **Rent-to-own Period:**

• Commercial rent-to-own period is 10 months.

## **Carelon closes most cases within 24 hours**



**Reconsiderations** – Carelon will accept additional clinical information not previously submitted for a denied case for a period of up to 10 days.

#### **Member Information**

1. If a member cannot be found in the Carelon system, please call the member's customer service number to verify preauthorization requirements. 2. If it is confirmed that the member is in the Carelon Sleep Program, you will be directed as to how to complete your request.

## **Sleep Provider Microsite**

#### **Providers can visit the microsite for:**

- Clinical guidelines
- Worksheets
- Frequent Asked Questions
- Connect directly to Carelon MBM Provider
   Portal

\$3 carelon.		
Status: Updated Effective Date: 02/11/2023		
Doc ID: SDM01-0223.1 Last Review Date: 01/24/2	Securelop Welcome Haw to participate Catting the approximation of a	Decourses News blog
Approval and implementation dates for specific health plans may vary. Please consult the applicable health plan for more details		Nesources News blog
	Welcome	
Clinical Appropriateness Guidelines		
Sleep Disorder Management	Carelon Medical Benefits Management recognizes the key role that you and other providers play in the delivery of care for patients needing sleep testing and therapy services. <b>Provider W</b>	ebinar
	Developed in collaboration with your patients' health plans, our Sleep Program supports providers in helping ensure The Sleep Care	lon provider portal experience
Appropriate Use Criteria:	patients receive sleep management services that are appropriate, safe, and affordable. The program leverages clinical appropriateness review (prior authorization) for certain sleep management services to promote a high Learn to enter y	our sleep services order request
Appropriate Ose Oriteria.	standard of care through the consistent use of evidence-based criteria.	
Diagnostic and Treatment	Our process Webinar tra	NING CALENDAR
Management	Carelon is here to assist in your efforts to deliver the best quality and affordable care for your patients. The clinical	
	information you submit is reviewed against Carelon clinical guidelines and health plan specific guidelines to ensure alignment with current best practices. Therapy providers and physicians benefit by having a central location to	
	obtain authorizations required by your patients' health plans. This decision can be made immediately if all relevant clinical information is provided.	ortai
	Carelon and	The second se
Barris de la contra de la	Diagnostic Sleep Study Worksheet: Adult	
Provider portal	☑ Impr (Initial testing)	
Proj	☑ Help	is your access point for
© 202	Moni Patient NameDOBAge	quests online.
1000 PDur +0	Contact Car nerformed i Health Plan Member Number	
Contratti - Signal - Sign	Requesting PhysicianSleep Study Provider	
D Different Partie Same - 20	Directions:	
• 12712	Collect patient information from the requesting physician. Submit online ( <u>www.ProviderPortal.com</u> ) for an instant response.	
	Diagnostic Sleep Study Type (check one) : _ Home Sleep Study _ In-Lab Sleep Study (PSG)	
	Has this patient previously has a full night PSG or HST? _Yes _X_No Primary Suspected Diagnosis_	
The provider portal is your acc	Cess DC Apnea Events	
	. The patient has observed apnea during sleep _ Yes _No _Unknown	
submitting order requests onl	INC. Clinical History (clease check all that apply)	
	Excessive daytime sleepiness (ESS) evidenced	
LEADNINGDE	Epworth Sleepiness Scale (ESS) >10, or	
LEARN MORE		
	Treatment resistant hypertension	
	sont ussue abnormalities or neuromuscular diseases involving the craniofacial area or upper airway Obesity	
	BMI* > 30: Calculated BMI:	
	Patient Height Patient Weight Neck circumference >17" for males and > 16" for females	



Look for these items at https://providers.carelonmedicalbenefitsmanagement.com/sleep/.

## **Order Request Checklist**



# All order requests will require:

- Member's first and last name and date of birth
- Ordering provider's first and last name
- Servicing provider name
- Member's history and physical notes



- Signs and symptoms
- Sleep study history
- Member's comorbid conditions
- Follow-up diagnostic study information



Carelon Sleep Solution order request worksheets are available for download at **https://providers.carelonmedicalbenefitsmanagement.com/sleep/**.



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Login to iLinkBlue (**www.bcsbla.com/ilinkblue**), under the Authorizations menu, choose "Carelon Authorizations."



# Once the portal is accessed, the login page will be displayed.

- If new user, click "Register."
- If you have previously registered for the Carelon MBM Provider Portal, future use of the application through iLinkBlue will not require a separate login process.

Lises Lesis	
User Login	
USERNAME	
Username	
PASSWORD	_
Password	
C Remember Me	Don't have an account?
Login	Register
Can't access your account?	
ersion 23.06.17.15	System Requirements
The Provider Portal application will be unavailab for regularly scheduled maintenance.	le Sundays between 12:30 PM CST - 6:00 PM CST
If you have any questions regarding the new Me	dicare Appropriate Use Criteria Clinical Decision

#### **Section 1: User details**

- Enter user details including selecting user role.
- Enter a valid email address required to complete the registration.

	Reference Portal					
Regis	ster					
Contact We	b Customer Service	1. User Details				
(800) 252-2	021	FIRST NAME	LAST NAME	USI	ER ROLE	
				Sele	ect	•
		ORGANIZATION NAME		Sele	ect .	
				Sen	lering Provider vicing Provider	
		ADDRESS 1		Hea	alth Plan Representative	
				Ger	netic Counselor	
		ADDRESS 2 (optional)				
		(				

#### **Section 2: Login information**

- Create username
- Create password
- Answer security questions

USERNAME	
ABC12345	Username is available
PASSWORD	
•	🔀 Between 8 and 15 characters long
	At least one uppercase letter
CONFIRM PASSWORD	🔀 At least one lowercase letter
	🗙 At least one number (0-9)
	Cannot contain spaces, single quotes, or double quotes
	🕝 Cannot be the same as Username
SECURITY QUESTION	
Select	▼
ANSWER	

#### **Section 3: Application Selection**

- Enter your practice's Group identifier (e.g., TIN)
- Select the type of provider identifier you will be using to register
- Then type in the number in the following field





## Provider Portal Order Request Demonstration

Note: Carelon maintains the confidentiality of all protected health information. All data displayed is fictional and any resemblance to real persons is purely coincidental.

## **iLinkBlue**

# Access to iLinkBlue is available directly at **www.bcbsla.com/ilinkblue**.



## **iLinkBlue**

Access the Carelon MBM Provider Portal by selecting "Carelon Authorizations" under the Authorization menu.



#### **Start your Order Request**

ne PMPHYS RAYA 🤱 Provic Mana	ler Manage Your Reference gement User Profile Desk	
Start Your Order Request Here	Service Date * MM/DD/YYYY	Message Center
Check Order Status	Member Details: First Name *	Secure Message (0) Notifications The Provider Portal application will be unavailable Sunda
View Order History	Last Name *	between 12:30 PM CST - 6:00 PM CST for regularly sche maintenance. If you have any questions regarding the new Medicare Appropriate Use Criteria Clinical Decision Support Progra see the Provider Resource links below. DO NOT call the I
Check Member's Eligibility	Date of Birth * MM/DD/YYYY Hide Search Tips A	The Provider Portal application will be unavailable on Sat The Provider Portal Application will be unavailable on Sat November 6th 12:00 PM CST - 12:00 AM CST for special maintenance activities.
Access Your Optinet Registration	<ul> <li>For all Radiology requests use Date of Service. For Genetic Testing use the testing date. For all other requests, use Service Date.</li> <li>Do not include suffix/dependent code. For Federal Employee (FEP) members, please include the leading "R" in the search. If the member is not found, remove the leading "R" and search again. If there is an asterisk as part of the Member ID, do not enter it before searching.</li> </ul>	Provider Resources
	Member not found? Try entering only the first 2 characters of the patient's first and last name.      Find This Member	Radiology Tutonal Anthem Cancer Care Quality Program Genetic Testing Tutorial BCBS of IL, MT, NM, OK and TX Clinical Guidelines and C Codes

To start an order request, enter the "**Date of Service**" field on the Provider Portal homepage.

A member search is completed by providing the following:

- Member first name
- Member last name
- Member ID
- Member date of birth

#### Select "Find this member."

You may also:

- Check Order Status
- View Order History
- Check Member's Eligibility
- Provider Management
- Manage Your User Profile
- Reference Desk

## **Order Type Selection**

G Order Request			Logout
Back to Homepage			Print Preview
Member Details			
2190Doe, Jane PO BOX 888 [NULL] STITKA, K9835-7446	Date of Birth: 01/01/1959 Age: 63 Female	Member ID: 376699999	
Service Date: 2/25/2022			Edit Service Date -
Eligibility Details			
CEffective: 05/06/2016-12/31/9999	Product Code: C001   Employer Group ID: 1000033		
The following solutions for the service date entered require a Pre-Au To initiate a request, please select the solution and then click the Start Order Request	thorization: to riart your request.		
Vew Cole List Anglography, Bone Density CT, CTA, MRA, MRI, Nuclear Medicine, PPT	Sleep Management Diagnostic Sleep Study (home/lab), Titration Study, APAP/BPAP/CPAP, Crai Appliance, MSLT, MWT	Musculoskeletal Joint Surgery, Spine Surgery & Interventional Pain Management	View Code List 2D/3D, Brachytherapy, IGRT, IMRT, IORT, Proton, Stereotactic (SRS/SBRT), SIRT
Genetic Testing Laboratory testing for the inheritance or management of genetic conditions			
Urgent requests are not expected given the scope of Carelon . If you have	any questions about a possible urgent request, please contact 866-666-0776.		Start Order Request

Only solutions that are currently managed by Carelon for the member will appear on the order type selection screen.

Select "Sleep Management" and then click "Start Order Request."

#### **Member Order Request History**

		<b>190DOE, JAN</b> Member #: Date of Birth: Ordering Prov	NE ≥ Edit 376699999 1/1/1959 ider:	Date of Service: Health Plan:	2/22/2022		Hide Details		
Please verify the list of Order Requests below to ensure you are not entering a duplicate request.									
Order ID	Order Status	Start Date 🔹 🟚	Order Type	Order	ing Provider	Outcome	Reason	Summary	
110212691	Authorized	2/25/2022	Home Sleep Test (HST) Type	III HILLN	IAN, LYNDA	Authorized	Criteria Met	View	
KI KI 1 DISPLAYING 1-1 OF 1 RESULTS									

The Member History screen will allow the user to view historical order requests for the given member.

## **Ordering Provider Selection**

	G Order Rec	juest									Logout	
										Step: 123(	4)5)	
		<b>190DOE, JANE /</b> Edit Member #: Date of Birth: Ordering Provider:	376699999 1/1/1959	Date of Service: Health Plan:	2	/25/2022	Hide Details Show Detail	ls				
	On 6/14/2021, Philips device's serial number	Respironics issued a volunta r and initiate a claim if their u	ry recall on specific bra nit is affected.	ands of their CPAP/AF	PAP, BiPAP mach	hines. Philips h	as established a registration	n process that all	ws Patients, Users, or	Caregivers to look up	their	
	To view the recall info	mation and register your dev he Ordering Provider from th	ice use the following line list below or by using	nk: <u>https://www.usa.ph</u> the Ordering Provide	hilips.com/health er Search.	care/e/sleep/co	mmunications/src-update					
Ordering Provider Search		Recei	ıt	Favorites	Search	Results	Expanded Search					View: Local 🗸
Search Type:		Ordering	J Providers									
Name		Favorite	Name			Address		City	Specialty		Health Plan	
O TIN or NPI		☆	Doe, Jan	<u>e</u>	1	.234 So	uth Rd	City	Nurse			
O Address		*	Doe, Jose	eph	5	5555 M	ain St	City	Nurse			
		143 44 1	>> #I								DISPLAY	NG 1-2 OF 2 RESULTS
First Name:		_										Delete this request
Lact Name:												
State												
Алазка		•										
Search	Clear											

Select the ordering provider by clicking on the provider's name.

- Ordering providers that are associated with group identifier (e.g., TIN, NPI, etc.) in the user's registration will be available for selection.
- For practices with multiple providers, establishing "Favorites" will allow for increased intake efficiency.

## **Ordering Provider Fax Number**

order Re	quest							Logout	
							Step: (1)(2)		
	190DOE, JANE Z Edit				Show Details				
	Member #: Date of Birth; Ordering Provider:	376699999 1/1/1959	Date of Service: Health Plan;	2/25/2022					
3/14/2021, Philips ce's serial numbe	Respironics issued a volunt or and initiate a claim if their u	tary recall on specific b unit is affected.	prands of their CPAP/APAP, BiP	AP machines. Philips has establis	ned a registration proce	ess that allo	ws Patients, Users, or Caregivers to loo	k up their	
ew the recall info	ormation and register your de	evice use the following	link: https://www.usa.philips.co	m/healthcare/e/sleep/communicati	ons/src-update				
2: Please select	the Ordering Provider from the	he list below or by using	on the Ordering Provider Search Ordering Provider Fax numb	er					
	Rece	ent	Please enter or confirm	n the physician's fax number	below				View: Local 🗸
	Orderin	ig Providers	FAX Number						
	Favorite	Name	(206) 598-2813		Cit	ty	Specialty	Health Plan	
		<u>HILLMAN, L</u>	Why do you need this?		SEA	ATTLE	Family Practice		
	*	WYCKOFF,	Save   Fax Una	available	SEA	ATTLE	Nurse/ Nurse Practitioner		
	14 et 1	15 151						DISPLA	YING 1-2 OF 2 RESULTS
									Delete this request
	~								
Clear									

Enter the fax number to be used when communicating with the ordering provider the outcome of an adverse determination (denial) case.

#### OR

If a fax number was previously entered for the provider, confirm the number is correct.

Press the "Save" button.

## **Clinical Service Selection**



	Select Order From The Drop	p-Down Lists Below
0	Enter HCPCS/CPT Code	
Sleep Or	der Type	Repeat Study
Diagno	ostic Sleep Study	Has this member previously had a full night
Sleep Su	b Order Type	PSG or HST?
In-Lab	(PSG) / Split Night	Yes No

Select the **Order** from the dropdown list below or enter the HCPCS/CPT<sup>®</sup> code.

You may be prompted with additional questions based on the Sleep Order Type and Sleep Sub Order Type selected.

Once selected, you will proceed to the next question.

#### **Clinical Diagnosis Selection**

	Step 3: Clinical Review - Please enter the Clinical Details.		
Patier	it Primary Diagnosis		
_			E Printable Version
Please	select the member's Primary Suspected Diagnosis	Clinical Information Order Type:	Diagnostic Sleep Study
0	Obstructive Sleep Apnea		
0	Central Sleep Apnea	Order Sub Type:	In-Lab (PSG) / Split Night 95810
0	Narcolepsy		
0	Periodic limb movement disorder		
0	Other (Enter ICD10 Code)		
Contin	ue Restart		Delete this request

Identify the patient's primary suspected diagnosis.

Select the "**Continue**" button in the lower left corner to proceed.

## **Additional Clinical Detail Entry**

	Step 3: Clinical Review - Please enter the Clinical Details.		
Clinical Review Details: below. Please modify th	Information that AIM has on file for this member is presented e information to reflect the member's current clinical status.		🕒 Printable Version
Please document the	nember's Apnea Events	Clinical Information Order Type:	Diagnostic Sleep Study
The patient has obser	red apnea during sleep	Orden Sub Turner	
۲	Yes	Order Sub Type:	95810
0	No	Primary Diagnosis:	Obstructive Sleep Apnea
0	Unknown		
Continue			Delete this request

Answer the question regarding the member's **condition/events**.

Select "**Continue**" to go on to the next question.

## **Additional Clinical Detail Entry**

	Step 3: Clinical Review - Please enter the Clinical Details.	
Clinical R below. Ple	eview Details: Information that AIM has on file for this member is presented ease modify the information to reflect the member's current clinical status.	🖶 Printable Version
Pleas	e document all known Comorbid Conditions	Clinical Information Order Type: Diagnostic Sleep Study
	Stroke (CVA) within the last 30 days	Order Sub Type: In-Lab (PSG) / Split Night 95810
	Transient Ischemic Attack (TIA)	Primary Diagnosis: Obstructive Sleep Apnea
		Clinical Details
	Coronary Artery Disease (CAD)	Apnea Events The patient has observed apnea during sleep
		Yes
	Sustained supraventricular tachycardic armythmias	Signs and Symptoms Excessive daytime sleepiness evidenced by:
	Sustained supraventricular bradycardic arrhythmias	Epworth Sleepiness Scale (ESS) > 10 or,
		Inappropriate daytime napping (during conversation, driving or
		eating) or,
		Sleepiness that interferes with daily activity
Continue	Restart	Delete this request

When the clinical information entered does not meet clinical guidelines for the exam requested, you will receive the **Feedback** screen.

## **Additional Clinical Detail Entry**

	Step 3: Clinical Review - Please enter the Clinical Details.	
Clinical Re below. Ple	eview Details: Information that AIM has on file for this member is presented ase modify the information to reflect the member's current clinical status.	
Please	e document all known Contraindications for Home Sleep Testing	Clinical Information Order Type: Diagnostic Sleep Study
	The patient is 18 years old or younger	Order Sub Type: In-Lab (PSG) / Split Night 95810
	Moderate or severe chronic obstructive pulmonary disease - Forced expiratory volume in 1 second/ Forced vital capacity (FEV1/FVC) less than or equal to 0.7 and FEV1 less than 80% of predicted	Primary Diagnosis:       Obstructive Sleep Apnea         Clinical Details       Apnea Events         The patient has observed apnea during sleep
	Moderate or severe congestive heart failure - New York Heart Association (NYHA) class III or IV	Yes Signs and Symptoms
	Congestive heart failure with a history of ventricular fibrillation or sustained ventricular tachycardia in a patient who does not have an implanted defibrillator	Excessive daytime sleepiness evidenced by: Epworth Sleepiness Scale (ESS) > 10 or,
	Cognitive impairment (inability to follow simple instructions) resulting in inability to apply the home sleep testing equipment when another individual is not available to assist with this task	eating) or, Sleepiness that interferes with daily activity
	Physical impairment resulting in inability to apply the home sleep testing equipment when another individual is not available to assist with this task	Comorbid Conditions Coronary Artery Disease (CAD)
	Oxygen dependent for any reason	
	Stroke (CVA) within the last 30 days	
	Chronic narcotic use	
	Body Mass Index (BMI) is > 33	
	The elevated serum bicarbonate level >28 mmol/L	
	Established diagnosis of obesity hypoventilation syndrome	
Continue	Restart	Delete this request

Based on the member's current clinical status, select all known contraindications for Home Sleep Testing.

#### **Review Results Feedback Based on Clinical Entry**

Results						
This request does not meet review criteria for an In-Lab Sleep Study (PSG) based on the answers in the Contraindications for Home Sleep Testing category(ies). Further clinical review is required						
You have the following options:						
Switch to HST - Type III	Switch to Devices using Peripheral Arterial Tone (PAT)	Add More Information	Edit Clinical			
Case Will Close	Case Will Close	0 Requires Further Review	Review and Edit the Clinical			
Your request will be complete.	Your request will be complete.	If you have entered "other", "unknown", or "none of these apply" to any of the clinical questions, provide the additional clinical details supporting this request below or you can call us within 24 hours at (866) 666-0776. Our staff will review the information and complete your request.	Review the information you have entered after you have gathered additional information.			
Select	Select	Select	Select			
			Delete this request			

Depending on if the order request meets criteria or not, the clinical feedback screen will provide various options to select from including:

- Switch to a more appropriate test/study
- Supply additional information
- Edit the clinical information previously entered
- Close the case and an order number will be issued

## **Servicing Provider Selection**

Provider Search Results : Hor	me Sleep Study Providers								
Provider		Туре	Address		City	State	Phone	Distance	Action
XYZ Sleep Center			1234 South	Rd	City	LA	555-555-5555	2.5	View Details
ZZZ Sleep Center of	America		1234 South	Rd	City	LA	555-555-5555	2.5	View Details
ABC Sleep Center			1234 South	Rd	City	LA	555-555-5555	2.5	View Details
Sleep Center Inc.			1234 South	Rd	City	LA	555-555-5555	2.5	View Details
A Sleep Center			1234 South	Rd	City	LA	555-555-5555	2.5	View Details
Advanced Sleep Cer	nter		1234 South	Rd	City	LA	555-555-5555	2.5	View Details
ZZZ Sleep Center		n C. Dinner C	Name a Descriptor						
Best Sleep Center	Provider Search	ep 5: Please C	noose a Provider.						
Easy Sleep Center	Provider Name:			In Network Provider Search	Results	Expanded Searc	h		
ZZZ Sleep Center	NOVASOM			Provider		Туре	Address		City
KK KK 1 2 3 4 5 🕨	City:		_	XYZ Sleep C	<u>enter</u>		1234 South Rd		City
	State			XYZ Sleep C	<u>enter</u>		1234 South Rd		City
	Maryland		~	XYZ Sleep C	enter		1234 South Ro	ł	City
	Zip Code:			XYZ Sleep C	<u>enter</u>		1234 South Rd		City
	©			XYZ Sleep C	enter		1234 South Rd		City
	HN / NPI:			XYZ Sleep C	<u>enter</u>		1234 South Rd		City
	Service Performed			XYZ Sleep C	<u>enter</u>		1234 South Rd		City
	Home		~	XYZ Sleep C	enter		1234 South Ro	ł	City
	Search		Clear	XYZ Sleep C	enter		1234 South Ro	1	City

Select the servicing provider where the test/study will be performed.

Choose a provider in the list or use "Find a Provider" button to search for additional providers.

## **Order Request Summary**

				<b>Provider</b> Port
Order Request Summar	У	Order ID: <b>1102</b>	212691	Z Authorized
Health Plan:	Start Date: 02/25/2022	Approval Valid Th	rough:02/17/2022 - 04/17/2022	
This order is not a guarantee of payment except when requir time of services provided.	red by applicable law. When applicable law	v allows, payment is subject to the	member's active enrollment, benefit limitation and othe	r terms of the member's contract at th
This order is not a guarantee of payment except when requitime of services provided.	red by applicable law. When applicable law	v allows, payment is subject to the	member's active enrollment, benefit limitation and other	r terms of the member's contract at th
This order is not a guarantee of payment except when requitime of services provided. Member Information: Doe, Jane	red by applicable law. When applicable law Ordering Prov Smith, Richar	v allows, payment is subject to the vider: d	member's active enrollment, benefit limitation and other Servicing Provider: H ABC Sleep Inc.	r terms of the member's contract at the
This order is not a guarantee of payment except when requi time of services provided. Member Information: Doe, Jane Member # 123456789	red by applicable law. When applicable law Ordering Prov Smith, Richar 1234 Main St City: Chate 777	v allows, payment is subject to the vider: d	Member's active enrollment, benefit limitation and other Servicing Provider: H ABC Sleep Inc. 100 Hwy 1	r terms of the member's contract at th
This order is not a guarantee of payment except when requi time of services provided. Member Information: Doe, Jane Member # 123456789 PO Box 1234 City. State 77777	red by applicable law. When applicable law Ordering Prov Smith, Richar 1234 Main St City, State 77 Phone: 555-5	v allows, payment is subject to the vider: d 777 55-5555	Member's active enrollment, benefit limitation and other Servicing Provider: H ABC Sleep Inc. 100 Hwy 1 City, State 77777 Phone: 555,555,555	r terms of the member's contract at the
This order is not a guarantee of payment except when requi time of services provided. Member Information: Doe, Jane Member # 123456789 PO Box 1234 City, State 77777 Date of Birth: 1/1/1959	red by applicable law. When applicable law Ordering Prov Smith, Richar 1234 Main St City, State 77 Phone: 555-5 Fax: 555-555-	v allows, payment is subject to the vider: d 777 55-5555 -5555	member's active enrollment, benefit limitation and other Servicing Provider: H ABC Sleep Inc. 100 Hwy 1 City, State 77777 Phone: 555-555-5555 Fax: 111-111-1111	r terms of the member's contract at the
This order is not a guarantee of payment except when requi time of services provided. Member Information: Doe, Jane Member # 123456789 PO Box 1234 City, State 77777 Date of Birth: 1/1/1959 Phone: 555-555-5555	red by applicable law. When applicable law Ordering Prov Smith, Richan 1234 Main St City, State 77 Phone: 555-5 Fax: 555-555- NPI: 1234567	v allows, payment is subject to the <b>/ider:</b> d 777 55-5555 -5555 -890	Member's active enrollment, benefit limitation and other Servicing Provider: H ABC Sleep Inc. 100 Hwy 1 City, State 77777 Phone: 555-555-5555 Fax: 111-111-1111 NPI: 0987654321	r terms of the member's contract at the

The order has now been submitted.

Requests that meet clinical criteria will be receive an immediate response with an **order ID** and **Authorization Valid Through** timeframe within the green box.

If the request does not meet criteria, your request will be sent for clinical review. Contact Carelon to discuss your request at any time.

You can "**Print**" or "**Save to a PDF**" to include this information in the patient's chart.

The information on the patient's diagnosis/symptoms/conditions provided below was obtained from the Ordering Provider and has not been independently verified by Carelon assumes no responsibility for the accuracy of this information or for its consistency with the patient's medical record.

Please call 866-666-0776 for all urgent requests.

## **Order Request Summary**

REQUESTED ITEI	M(S)				
EXAM ID	ORDER TYPE	SUB-ORDER TYPE	REQUEST STATUS	REASON	ACTION
<u>G0399</u>	Diagnostic Sleep Study	Home Sleep Test (HST) Type III	Authorized	Criteria Met	<u>Hide Details</u>
Clinical Informatio Order Type:	Diagnostic Sleep Study				
Order Sub Type:	Home Sleep Test (HST) Type III G0399				
Primary Diagnosis	Constructive sleep apnea(adlt)(ped	) G47.33			
Clinical Details					
Apnea Events					
The patient has o	bserved apnea during sleep				
Yes					
Signs and Symp	toms				
Excessive daytim • Epworth Slee • Inappropriate • Sleepiness th	e sleepiness evidenced by: piness Scale (ESS) > 10 or, e daytime napping (during conversation at interferes with daily activity	on, driving or eating) or,			
Comorbid Cond	itions				
Coronary Artery	Disease (CAD)				
Contraindicatio	ns to Home Sleep Testing				
Change to Home Slee	p Test (HST) Type III accepted.				

Within the Requested Item(s) section, you can toggle between "**Hide Details**" and "**View Details**" to display the clinical information entered within the order request.

## **Order Request Summary**

REQUE	STED IT	EM(S)				
EXAM I	D	ORDER TYPE	SUB-ORDER TYPE	<b>REQUEST STATUS</b>	REASON	ACTION
<u>G0399</u>		Diagnostic Sleep Study	Home Sleep Test (HST) Type III	Authorized	Criteria Met	<u>View Details</u>

When clicking on the Exam ID, the HCPCS and CPT codes, included within the group, will display for the order request.

HCPCS Group	Details
HCPCS 🛱 Code	HCPCS Description
95806	Sleep study, unattended, simultaneous recording of heart rate, oxygen saturation, respiratory airflow, and respiratory effort (e.g., thoracoabdominal movement)
G0399	Home sleep test (HST) with type III portable monitor, unattended; minimum of 4 channels: 2 respiratory movement/airflow, 1 ECG/heart rate and 1 oxygen saturation
ke ee 🗎 bb	DISPLAYING 1-2 OF 2 RESULTS

# Additional Provider Portal Features

Note: Carelon maintains the confidentiality of all protected health information. All data displayed is fictional and any resemblance to real persons is purely coincidental.

#### **Check Order Status**



#### **Searching for Orders:**

Select the member's health plan (if not pre-populated or if different than the default).

Select the "**Order Type**" (e.g., Sleep Medicine).

Search for the record by either **Order ID** or **Member Information.** 

- Order ID + date of birth
- Order ID + member name
- Member ID + date of birth
- Member ID + date of birth

Select "**Find This Order**" to continue.

## **Viewing Order Requests**

Grder Inquiry				Logout
Order Inquiry Health Plan	Go to Homepage			Save as PDF Pr
				<b>Provider</b> Portal
Search By:				
Order ID 🗸	Order Request Summa	ry	Order ID: <b>110212691</b>	Authorized
SELECT SEARCH TYPE     Order ID + DOB	Health Plan:	Start Date: 02/25/2022	Approval Valid Through: 02/17/2022 - 04/17/2022	
Order ID + Name ORDER ID 110212691	This order is not a guarantee of payment except when req time of services provided.	uired by applicable law. When applicable law	allows, payment is subject to the member's active enrollment, benefit limitation and	other terms of the member's contract at the
DATE OF BIRTH	Member Information: Doe, Jane Member # 123456789 PO Box 1234 City. State 77777	Ordering Provi ABC Sleep Inc. 100 Hwy 1 City, State 77777 Phone: 555-555-5	ider: Servicing Provide Smith, Richard 1234 Main St City, State 77777 Phone: 555-555	r: Home
Find Clear	Date of Birth: 1/1/1959 Phone: 555-555-5555	Fax: 111-111-111 NPI: 0123456789 TIN: 123456789	11 Fax: 555-555-5555 NPI: 1234567890 TIN: 987654321	•
	The information on the patient's diagnosis/sym no responsibility for the accuracy of this inform Please call 866-666-0776 for all urgent reques	ptoms/conditions provided below wa alion or for its consistency with the p ts.	as obtained from the Ordering Provider and has not been independe batient's medical record.	ently verified by Carelon assumes

#### **Order Information**

Order Information displayed included on the order/prior authorization:

- Order ID
- Request Status
- Valid Dates
- Requested procedures shows a request status and reason for the requested item outcome

## **Viewing Order History**



View Order History screen provides access to orders that have been entered in the past 90 days.

Select the desired timeframe from the "Within the last" X days.

Select from "**With the Status**," the type of orders you wish to view (e.g., in progress or incomplete orders).

Press the "**Go**" button.

## **Provider Management**

Order Request		
e PMPHYS RAYA 🧕 Provic Mana	ider agement I User Profile Verk Desk	
Start Your Order Request Here	Service Date * MM/DD/YYYY	Message Center
Check Order Status	Member Details:	Secure Message (0) Notifications The Provider Portal application will be unavailable Sundays
View Order History	Last Name * Member ID *	between 12:30 PM CST - 6:00 PM CST for regularly schedu maintenance. If you have any questions regarding the new Medicare Appropriate Use Criteria Clinical Decision Support Program, see the Provider Resource Tikes helow DO NOT call the hel
Check Member's Eligibility	Date of Birth * MM/DD/YYYY Hide Search Tips	plans The Provider Portal application will be unavailable on Saturd November 6th 12:00 PM CST - 12:00 AM CST for special maintenance activities.
Access Your Optinet Registration	<ul> <li>For all Radiology requests use Date of Service. For Genetic Testing use the testing date. For all other requests, use Service Date.</li> <li>Do not include suffix/dependent code. For Federal Employee (FEP) members, please include the leading "R" in the search. If the member is not found, remove the leading "R" and search again. If there is an asterisk as part of the Member ID, do not enter it before searching.</li> </ul>	Provider Resources
	Member not found? Try entering only the first 2 characters of the patient's first and last name.  Find This Member	Radiology Tutonal Anthem Cancer Care Quality Program Genetic Testing Tutorial BCBS of IL, MT, NM, OK and TX Clinical Guidelines and CPT Codes
	Member not found? Try entering only the first 2 characters of the patient's first and last name.      Find This Member	Radiology Tutorial Anthem Cancer Care Quality Program Genetic Testing Tutorial BCBS of IL, MT, NM, OK and TX Clinical Guide Codes

To create a more customized and easier experience, the Carelon MBM Provider Portal has integrated a service called "**Provider Management**."

This will allow you to add your provider groups as favorites and make the provider selection process much easier.

From the "Main Home page," select "Provider Management."

## **Provider Management**

Reveal Provider Portal.			Home   Log Out
Provider Management			
The following provider identifiers/health plans have been as use the "Add Provider Identifier" button.	sociated with your accou	unt. To add additional provider identifiers/health plan	Add Provider Identifier
Filter Providers ►		RESULTS PE	R PAGE 10
Providers Attached to Account			Total Records: 60
PROVIDER IDENTIFIER -	TYPE 👻	HEALTH PLAN 👻	ACTION
0K0211740	CLID	Health Plan One	Delete
0K0271710	CLID	Health Plan One	Delete
00000001	TIN	Health Plan Two	Delete
007645870	TIN	Health Plan Three	Delete
020223332	TIN	Health Plan Three	Delete
0K02117401	CLID	Health Plan One	Delete
0K02717101	CLID	Health Plan One	Delete
0K14770401	CLID	Health Plan One	Delete
1063499291	TIN	Health Plan Three	Delete
123456789	TIN	Health Plan Two	Delete

44 4

Within Provider Management screen you can associate providers to your account.

To add providers, select "Add Provider Identifier."

#### Adding a Health Plan to an Existing User Account

	<b>Provider</b> Portal.	Home   Log Out
Provid	der Management	
Health Pla	an Utilization Review Program	
Please ente displayed p	er at least one valid Provider Identifier to associate your account with the available Health Plans. You may enter multiple Provider Identifi please contact Web Customer Service at 1-800-252-2021.	ers. If your Health Plan is not
PROVID	ER IDENTIFIER (	
Tax ID (TI		
If a Health	n Plan is not displayed, enter another type of Provider Identifier.	
If a Health Antho Ameri Ameri	em BCBS KY igroup - Tennessee igroup - Texas	
If a Health Anthe Ameri Ameri Ameri Ameri	em BCBS WI	
If a Health Anthe Amer Amer Amer Simpl	em BCBS KY igroup - Tennessee igroup - Texas em BCBS WI ly Healthcare Plans	
If a Health Anthe Amer Amer Amer Simpl Amer	em BCBS KY igroup - Tennessee igroup - Texas em BCBS WI ly Healthcare Plans igroup Louisiana	
If a Health Anthe Amer Amer Amer Simpl Amer Amer	em BCBS KY igroup - Tennessee igroup - Texas em BCBS WI ly Healthcare Plans igroup Louisiana igroup New Mexico	
If a Health Anthe Amer Amer Anthe Simpl Amer Amer Amer Amer	igroup - Texas em BCBS KY igroup - Texas em BCBS WI ly Healthcare Plans igroup Louisiana igroup New Mexico igroup Washington	

To add providers to your account, select the appropriate provider identifier from the drop-down list and enter the identifier value into the text box (e.g., input the Tax ID value if you selected Tax ID as the provider identifier).

Select which health plans this provider recorded is associated to and click "**Save**."

## **Provider Portal Help Center**



The Help Center contains helpful information such as:

- Tutorials
- Clinical Guidelines

## **Viewing CPT Codes Included in the Program**



- 1. Select "**Reference Desk**" from the home page.
- 2. Select "Sleep Management HCPCS Codes."
- Within the view CPT Codes, select the "Health Plan" name, and "year."
- 4. Click "Find."
- 5. Use the arrows to view the multiple pages of included HCPCS codes.
- 6. Select "**Print Preview**" to view and print the HCPCS code list.



	HCPCS Details	Records Per Page 10 🛩	
se in the second se	Description	Category	
i04	Tubing with heating element	APAP (Automatic Positive Airway Pressure)	
127	Combination Oral/Nasal Mask used with positive airway pressure device, each	APAP (Automatic Positive Airway Pressure)	
28	Oral Cushion, Replacement for Combination Oral/Nasal Mask, each	APAP (Automatic Positive Airway Pressure)	
29	Nasal Pillows, Replacement for Combination Oral/Nasal Mask, pair	APAP (Automatic Positive Airway Pressure)	
30	Full Face Mask used with positive airway pressure device, each	APAP (Automatic Positive Airway Pressure)	
31	Face Mask Cushion, Replacement for Full Face Mask	APAP (Automatic Positive Airway Pressure)	
32	Replacement Cushion for Nasal Application Device	APAP (Automatic Positive Airway Pressure)	
33	Replacement Pillows for Nasal Application Device, pair	APAP (Automatic Positive Airway Pressure)	
34	Nasal Interface (mask or cannula type), used with positive airway pressure device, with/without head strap	APAP (Automatic Positive Airway Pressure)	
35	Headgear	APAP (Automatic Positive Airway Pressure)	
of 28			Total Number of Records Found: 251

## Manage you User Profile

Grder Request		Medicare AUC   I
me DEMO TRAINING	ovider anagement Iser Profile Help Center	
Start Your Order Request Here	Service Date * MM/DD/YYYY	Message Center
	Marchae Deduller	Secure Message (0)
Check Order Status	First Name *	Notifications The Provider Portal
Nieus Onders Ulinteres	Last Name *	unavailable Sundays between 12:30 PM CST -
	Member ID *	6:00 PM CST for regularly scheduled maintenance.
Check Member's Eligibility	Date of Birth * MM/DD/YYYY	If you have any questions regarding the new Medicare Appropriate Use
	Hide Search Tips 🔨	Criteria Clinical Decision Support Program, see the
Access Your Optinet Registration	<ul> <li>For all Radiology requests use Date of Service. For Genetic Testing use the testing date. For all other requests, use Service Date.</li> </ul>	Provider Resource links below. DO NOT call the health plans.
	<ul> <li>In the member's id number entry, do not include the dependent code.</li> </ul>	
	<ul> <li>For Federal Employee (FEP) members, please include the leading "R" in the search. If there is an asterisk as part of the Member ID, do not enter it before searching.</li> </ul>	Provider Resources
	<ul> <li>Member not found? Try entering only one character of the patient's first name and two characters of the last name. If you are still having</li> </ul>	Radiology Tutorial
	issues, try removing the prefix from the member's id number (first three characters of the member's ID number) and search again.	Genetic Testing Tutorial
l	Find This Member	

Within **Manage Your User Profile**, you have access to:

- 1. Provider management
- 2. Update your user information such as address, phone, fax and email information
- 3. Security account questions and answers
- 4. Notification preferences
- 5. Change your password



Carelon conducts a provider satisfaction survey annually in December.

# **Please be sure to participate!**





Sleep Management Program provider website: https://providers.carelonmedicalbenefitsmanagement.com/sleep/

#### **Contact us**



 Customer Care Center
 1-800-922-8866

 FEP Dedicated Unit
 1-800-272-3029

 OGB Dedicated Unit
 1-800-392-4089

 Blue Advantage
 1-866-508-7145

For questions that can **NOT** be answered using iLinkBlue.

#### **Other Provider Phone Lines**

**BlueCard Eligibility Line**<sup>®</sup> – **1-800-676-BLUE (1-800-676-2583)** for out-of-state member eligibility and benefits information.

#### Fraud & Abuse Hotline – 1-800-392-9249

Call 24/7 and you can remain anonymous as all reports are confidential.

Health Services Division – 1-800-716-2299

- **option 1** for questions regarding provider contracts
- option 2 for questions regarding credentialing and provider record information
- option 3 for questions regarding iLinkBlue and clearinghouse information
- **option 4** for questions regarding provider relations
- **option 5** for questions regarding security access to online services

Request provider training by emailing provider.relations@bcbsla.com.