



Louisiana

Continuing Medical Education

We are offering our network physicians continuing medical education (CME) credits directly through the Washington University CME portal. [Please be sure to take advantage of these free CME credits.](#) This opportunity ends **December 31, 2018.**

Accessing the Washington University CME Portal

1. Go to <https://cmeonline.wustl.edu/bcbsl/>
2. Click "New Account"
3. Enter registration information (* indicates required information)
4. Click "Sign Up"

Accessing and Completing Courses for CME Credit

1. Once logged in, click "Find Enduring Materials." Choose [ADSP Clinical Education](#) as the Category, and click "Search."
2. Select a course from the list; then click "Enroll."
3. Complete the four components in each course in the order listed below:
 - Pretest
 - Video/Document(s)
 - Posttest
 - Evaluation
4. Click each component name to launch that content.
 - For Pretest, enter "cme" as the Validation Code, and then click "Save and Complete."
 - For Video/Document(s), read through the content on each tab. Then exit the browser tab to close that window.
 - For Posttest, answer each question and click "Next Question" to advance. Then click "Save and Complete." [An 80 percent or higher is required.](#)
 - For Evaluation, answer each question and click "Submit."

Accessing/Printing Certificates

From [My Enduring Materials](#), click "Print Certificate" and "Submit."

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Blue Cross and Blue Shield of Louisiana is an independent licensee of the Blue Cross and Blue Shield Association and incorporated as Louisiana Health Service & Indemnity Company.

Available Courses (as of February 1, 2016)

- ABCD: Applying Basic Coding and Documentation Principles
- Adult Asthma
- Advance Care Planning
- Atrial Fibrillation
- BCD: Basic Coding and Documentation Principles
- Chronic Kidney Disease
- Chronic Obstructive Pulmonary Disease
- Common Pediatric Respiratory Tract Infections
- Community Acquired Pneumonia
- Diabetes Mellitus Type 1 Basic Care
- Diabetes Mellitus Type 2 Basic Care
- Diabetic Neuropathy
- Fall Risk Management in the Elderly
- Geriatric Prescribing and Management
- Heart Failure
- High-Risk Obstetrics
- Hypertension
- Lipid-Lowering Therapy to Reduce CVD Risk
- Lower Back Pain
- Major Depressive Disorder
- Management of Chronic Non-Cancer Pain
- Management of Post-Treatment Cancer Survivors in Primary Care
- Obesity in Adults
- Optimizing Prescribing
- Pediatric Asthma
- Pediatric Obesity
- Peripheral Vascular Disease
- Practical Implementation of the Accountable Care Model: The Nine C's
- Pre-Diabetes
- Rheumatoid Arthritis
- Stable Ischemic Heart Disease
- Stroke Prevention
- Tobacco Use Cessation
- Urinary Incontinence in Adults

Note: Course availability is subject to change at any time at Lumeris' sole discretion and without notice.